



# WHEN YOU LOSE, YOU GAIN:

energy  
better health  
self-confidence

**What's stopping you?**

The CG SUPRT counselors and coaches can help you overcome barriers to achieve your weight-loss goals.

**Give CG SUPRT a call today!**

**855-CG SUPRT (247-8778)**

*Remember this call is free and confidential within the limits of the law!*



**CG SUPRT**

[www.cgsuprt.com](http://www.cgsuprt.com)