

MOHAWK

NEWSLETTER

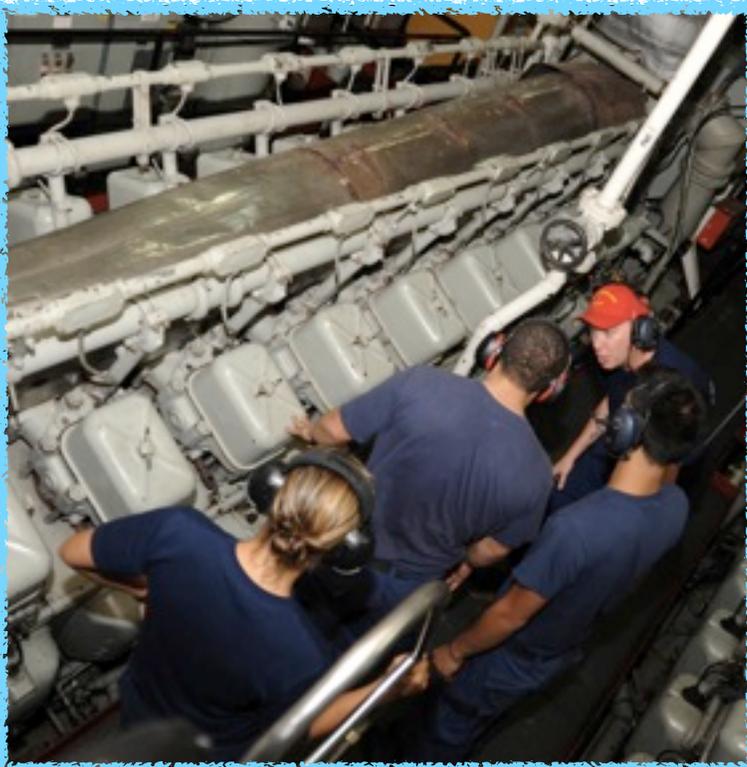
AFRICOM 2010

Photos by PA3 Victoria Bonk

From training and maintenance projects to workout programs and Wednesday Night BINGO the crew is back in the swing of watch rotations and the rocking ship. Although our journey has just begun we have accomplished a lot and are prepared for our missions that are to come.

Left: Damage Control Training Team (DCTT) members, CWO Green and MK3 Hargroove, teaching DC3 Jones techniques to fighting a main space fire.

Right: BM2 Segarst demonstrating proper control tactics on BM2 Castro during Law Enforcement (LE) training.



FAMILY RECEPTION

On the afternoon of June 11th 2010 MOHAWK's fine Food Service division displayed their culinary abilities to the crew and the families. They served Prime Rib as the main dish with numerous other Hors D'oeuvres and desserts. While the food was the highlight of the day the reception also served as a platform for the Commanding Officer, the ombudsman, a representative from the Navy Fleet and Family Service Center and the

Chaplin to speak to the crew and families. The topics covered were preparation for hurricane season, services the Fleet and Family Service Center offers and ways to deal with some of the stressors of an extended deployment. The reception held on the flight deck allowed families to get together and relax and gain information that will be helpful during our AFRICOM deployment.

MOHAWK'S NEWEST ADDITION

Emma Jane Moore

Newborn Daughter of DC1 Richard Moore

Emma Jane was born on April 26th in Key West, Florida. She was born 8 lbs 2 oz and 19 inches. Her four year old brother, Patrick James, is helping his mom take care of her while dad is at sea.



MOHAWK'S FAVORITE WEAPONS DIVISION IS AT IT AGAIN!

This past inport the Weapons Division was kept extremely busy with a major caliber weapon system change-out. Mohawk's aging MK75, 76MM 62Caliber Gun Mount was removed and replaced with a freshly overhauled gun from our friends at the Coast Guard Yard Weapons Shop. After a few minor hiccups, minor pier modifications, and an eager audience, the ten year old MK75 was removed from the focsle and the new mount was firmly seated in its place. The fun doesn't stop there! Unfortunately sometimes Bob's not your uncle and after a couple of weeks of rigorous troubleshooting, one tiny loose pin in a cable was enough to cause more than a few headaches. Finally after all the gremlins were found and rounded up, the Combat Systems Alignment was completed and the new MK75 finally settled in for the long haul onboard Mohawk.



Out with the old and in with the new. MOHAWK's Gunnery Division along with WAT Key West and government contractors work to install new 76mm weapon to ensure MOHAWK is ready for AFRICOM deployment.



LE CASE



The day after the Coast Guard Cutter Mohawk left the port and started on its way to Africa it was approached by a small white boat full of Haitians just off the coast of Florida near Miami. They came right up to the boat and with the assistance of Lt. j.g. Timm Kroll Crdr. Robert Henderickson and the boarding were able to communicate with the Haitians. The small boat was deployed to board the vessel and provide them with life jackets, food and water. The boarding team stayed on the vessel and followed the Mohawk till the Coast Guard Cutter Gannet, a 87-foot patrol boat homeported in Miami, met up and took over responsibility for the Haitians and the vessel.

-PA3 Victoria Bonk

MOHAWK's boarding team safely boards vessel and provides personnel flotation devices to each Haitian. MOHAWK provides water and food to Haitians and waits to be relieved by Cutter Gannet.



MOHAWKS WORKOUT PLAN

Working out is one of the most beneficial and important things a sailor can do underway. It helps manage stress, relieve tension, and improve oneself. Many sailors use it as a way to pass the time, forget about the stress of the day, or add a sense of normalcy to their months away from family life. MOHAWK understands the benefits of a healthy underway lifestyle and is dedicated to providing her crew members with the best equipment and programs available to help them reach their athletic goals. Since late April, MOHAWK has acquired over \$10,000.00 in brand new, state of the art, gym equipment. Additionally, the UHPC, has stood up a number of

programs, led by crew members, to encourage the MOHAWK crew to achieve a greater level of fitness. These programs are wide ranging and designed to appeal to different groups aboard MOHAWK, no matter what their fitness level. These programs include: P90X work out, TRX Strength Training System, bi-weekly Spin Bike Class, a bi-daily 15 minute ABS work out, a bi-weekly shadow boxing cardio class, and a Women's fitness class. As an added incentive, UHPC and Morale have teamed up to run "MOHAWK's Biggest Loser Challenge" in which crew members are competing against each other to lose the great percentage of fat during the AFRICOM patrol. The programs are arranged on a schedule that is released to the crew at the beginning of the week, reminders on the POD and through the LMC make sure that the busy crew members don't miss their favorite work out. Those at home can help MOHAWK crew member achieve their fitness goals as much as any program on the ship. I encourage children, husbands, wives, and parents to write your Coastie encouraging letters help to motivate them to achieve their goals and stay on top of their fitness plans! - ENS Colin Fogarty

Below: SN Jamison, IS3 Alder, SN Tuten, ENS Fogarty, ENS Ohle, and ME1 Orlowicz at afternoon Abs on the flight deck.



COMMAND CHIEF

Hello from Africa! I hope everybody is enjoying their summer.

Things here on the mighty MOHAWK are going pretty well. A lot of hard work and dedication by your loved ones was put into preparing the ship for this interesting, once in a lifetime trip. I know it is a bit longer than what everyone is used to but just like those we will be home before you know it, heck we are already a month into it!

Everybody seems to have picked up the workout bug and every night the MOHAWK gym is full with the crew using all of the new exercise equipment that was purchased before we left. The health and wellness coordinators are even offering classes during the day to accommodate people's schedules.

Funchal was our first stop on this African tour we are taking, even though it is part of Portugal. Man, it was probably one of the nicer places we have been to. It was neat to see the culture of the island and experience the many different activities that they had. Also, Portugal was playing Spain for a spot in the World Cup of Soccer while we were there. It was like a huge Super Bowl party in the middle of town. To bad Portugal lost but it was still a neat experience.

Our next stop was Casablanca Morocco, yep the place where Humphrey Bogart uttered the famous phrase "Play it again Sam". We were there about a week but believe it or not everybody was ready to get back underway and continue the mission we were sent here to do, onward to Dakar and the rest of what Africa has to offer.

With the ending of the transfer season, we have lots of new faces on board. I want to give out a welcome to all of the new families out there that have become part of the MOHAWK family. Please let me know if there is anything I can do for you anthony.j.edwards@uscg.mil and please contact our ombudsmen, Dawn Hoffpauir, if you have any questions that I can't take care of.

I know this is a longer trip than usual but like I said before, we are already a month into it. Take care of each other and I promise we will take care of your loved ones out here. We will be making that turn around Mallory Square in no time!

WELCOME ABOARD

NEWLY REPORTED MOHICANS

SN Paul Breeden



I'm Paul Breeden and I am from Clney, IL. I'm 19 years old and enjoy a lot of sports especially fishing, hunting and golf. In the past, during the summer I have worked for farmers. We bail a lot of hay to get ready for the winters!

MK1 Walt Callenius



My name is MK1 Walt Callenius from Clinton Louisiana. I joined the Coast Guard in November 1992. My travels with the USCG have taken me to all 7 Continents. I am very happy to be making this trip on the good ship Mohawk due to the fact that when we Cross the "X" for Emerald Shellback, I will be joining a list of very few Coasties that have Crossed both "X's" and the journey into the South Atlantic will make me a Square Knot Sailor which has an even smaller list Coasties. That's a Seven Seas sailor for the Land loving types. I look forward to all the crazy adventures that this crew and I will share on this patrol and future ones as well.

SK2 Tim Eckert



Hello, my name is Tim Eckery, I am the new SK2 onboard MOHAWK. I was born in Lincoln Nebraska on July 27, 1978 which makes me almost 32 years old. I have been in the Coast Guard almost 7 years and I just re-enlisted again. After boot camp, I was stationed onboard USCGC Valiant (621) out of Miami Beach, I then went to SK "A" school and received orders to BSU Boston where I was there for 4 years, and now I am here! I am married to my beautiful wife Liz, I don't have any kids. In my spare time, I like to watch sports, I am a civil war buff, and I like to hang out with my wife. I am excited to be on the Mohawk, because it will prepare me to Make SK1.

WELCOME ABOARD

NEWLY REPORTED MOHICANS



SN Hall

I am Roland Hall and I am from San Pedro, California. Some of my hobbies before joining the U.S. Coast Guard were to study Brazilian jiu-jitsu and Los Angeles based art. I like all kinds of music and hope to become a health service technician while serving in the Coast Guard.

LCDR Fair Kim



Hello my name is Fair Kim and I am your new Executive Officer. I am originally from Chicago, IL and started my career in the military at the Naval Academy Prep School (NAPS). I then attended the Coast Guard Academy in New London, CT graduating in 1996 with a degree in Government. My first tour was in CGC COURAGEOUS (WMEC 622), homeported in Panama City, Florida as a Deck Watch Officer and Boarding Officer. There, I had the pleasure of serving with Chief Edwards (at the time, MK3 Edwards). I then served as XO of CGC Chincotague (WPB 1320), a patrol boat homeported of Key West, FL. I then served as the Coast Guard Liaison Officer to Destroyer Squadron 6 in Pascagoula, MS where I served as a Deck Watch Officer and Staff TAO for deployments throughout South America. I was then assigned as CO of CGC VASHON (WPB 1308) homeported in San Juan, Puerto Rico. I then attended Law School at the University of Florida. My first ashore tour was at District 7, serving as the Operational Law Branch Chief and later as the Deputy Staff Judge Advocate. I now live in Little Torch Key and I am very excited to be once again underway. I enjoy fishing, diving, recreational boating, and reading. I cannot express how happy I am to serve with you: the men and women who do the most difficult, yet most important work in the entire Coast Guard!

LT Chris Lavin



I am LT Chris Lavin, your new Engineer Officer. I am coming to MOHAWK from the headquarters Fast Response Cutter/Sentinel Class Patrol Boat Project Office. I am from Centennial, CO and am married to Kara Lavin. We are expecting a son in late August. I like running, engineering-type things, the Boston Red Sox and the Denver Broncos. I am very excited to be here and work with everyone.

WELCOME ABOARD

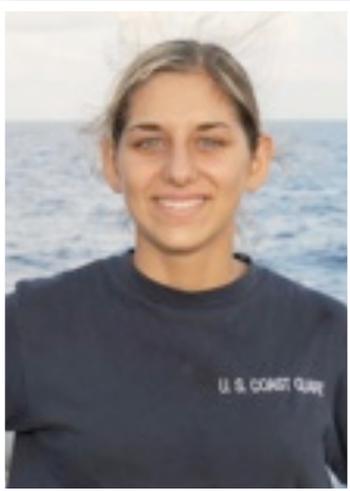
NEWLY REPORTED MOHICANS

ME1 Brandon Orlowicz



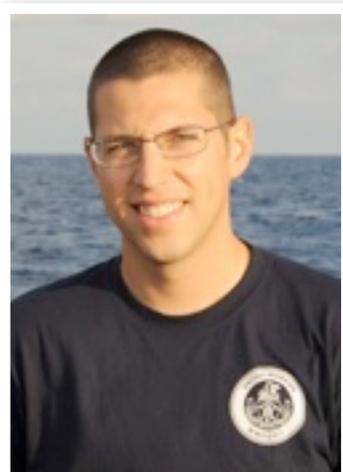
Well were do I start. I was born and raised on the south side of Chicago. I'm married with two kids and one on the way. My wife's name is Jessica, and our twin daughters Gwen & Bella. So far in my career I have been stationed on CGC Washington, CGC Walnut, MSST Honolulu, Sta Calumet Harbor, and ANT Cape May. I have many interests and hobbies in my life some of which are, I've apprenticed as a tattoo artist, started a motorcycle club in Chicago building and customizing café' race bikes and hot rods. I am currently working toward my BA in security specializing in intelligence collection. Some day I hope to work for another federal law enforcement agency.

ENS Ariana Pourmonir



Ariana Pourmonir My name is Ariana Pourmonir. I was born in North Eastern Pennsylvania, and moved to Iran for 5 years with my family. I went to high school at Pittston Area, and just graduated from the USCG Academy. I love the water. I love traveling, and I hope that this patrol will combine both.

ET3 Brandon Rodgers



Hi, I am ET3 Brandon Rodgers. I'm from Atlanta, GA. My beautiful wife's name is Michelle. I spend the majority of my time with her, when not on duty, hiking and watching movies. I really enjoy being a tech and am looking forward to my tour onboard MOHAWK.

WELCOME ABOARD

NEWLY REPORTED MOHICANS



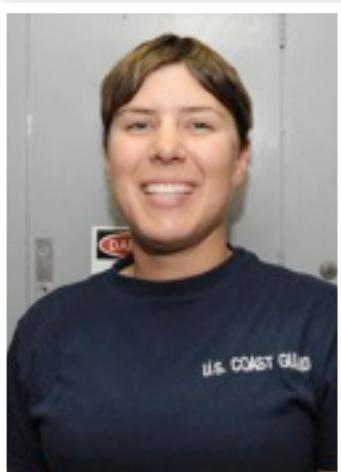
BM2 Sigarst

I started my Coast Guard career onboard CGC Mellon out of Seattle, WA as a non-rate. After I went to BM A School I was stationed at CG Station Vallejo and have recently joined the MOHAWK. My hobbies are hair cutting, football, basketball, golf, pool, snowboarding and listening to music in the clofice. I am originally from Aurora, Colorado where I met my high school sweet heart, and now wife, Aubrey. I have three kids Dorean (13), Micah, and Tavion (4). Each one of my kids motivates me to earn a crow and when I make chief that will be for my wife!



SN Kathryn Tuten

SN Kathryn Tuten: I am from Jacksonville, FL. I just graduated from boot camp June 4th and am very excited to be in Key West and apart of the Mohawk. I am married, my husbands name is Greg and I have a beautiful 3 year old step daughter, her name is Ana'Lysea. I joined the Coast Guard to serve my country and get some purpose and direction in my life. I have a brother in the Coast Guard, currently serving at Bristol Bay, Detroit, MI. I enjoy going to the beach, watching movies, and spending time with my family.



ENS Alana Timulak

I'm Ensign Alana Timulak. I'm from Boswell, Pennsylvania. I reported to CGC MOHAWK on May 26, 2010. Prior to reporting, I attended Officer Candidate School in New London, CT. Before joining the Coast Guard, I taught elementary physical education in Prince George's County, Maryland. While in the Washington DC metropolitan area, I played for the DC Divas professional women's football team. My hobbies include, whitewater kayaking, snowboarding, riding my motorcycle, and watching Steelers football. I feel fortunate to have been assigned to CGC Mohawk, as my first unit, and I'm very happy to be here.

WELCOME ABOARD

TAD PERSONNEL



IS3 Mary Alder

IS3 Mary Alder Im currently attached to Coast Guard Crypto Unit Colorado, in Denver. I have been in the Coast Guard since 2005, and completed Intelligence Specialist "A" school in December.



PA3 Victoria Bonk

Hello I'm PA3 Victoria Bonk; I'm TAD from Coast Guard Headquarters in Washington DC. I'm originally from the small town of Fountain, Colo. I'm super excited to be on this trip. This is my first time really being underway. Before I was at HQ, I was at "A" school in Fort Meade, Md. and before that I was stationed at ISC Honolulu. I'm a huge zombie and scary movie fan.



LT Andrew Cheney

Husband and father of three children (Laura 24, Marcus age 19, Jean-Marie age 17). Also, the "proud" owner of one dog and five cats. Currently a Physician Assistant permanently assigned to Coast Guard Boot Camp in Cape May, NJ. He has been assigned to Portsmouth (VA), Las Vegas (NV), San Antonio (TX), Cheboygan (MI), Milwaukee (WI), Petaluma (CA), Southwest Harbor (ME), and Coast Guard Boot Camp as a new recruit way back in 1991.

WELCOME ABOARD

TAD PERSONNEL



ME2 Jonathan Douglas

My name is Jonathan Douglass, I came from Station Vallejo to temporarily fulfill CGC Mohawk's request for an Over The Horizon Pursuit Coxswain. The AMLEP mission was very enticing to me. I look forward to operating in this anomalous environment, conducting Law Enforcement, and training foreign militaries.



LTJG Timm Kroll

My name is LTJG Timm Kroll. I am a reservist presently stationed at MIFC PAC Alameda, CA. I speak several languages, including French and Portuguese, which specifically are needed for MOHAWK's tour of Africa, but my entire lingual repertoire shall likely be utilised. My regular civilian jobs are with the Superior Court of California, and on non-drilling weekends as a Senior Park Ranger for the City of Anaheim, CA. My apartment is furnished almost exclusively with IKÉA products. I travel regularly around N. America and in Europe as time permits. This shall be my second tour in Africa, the first was in 2008 aboard the USN Fort McHenry as a French Interpreter. Upon completion of this tour, I intend to volunteer for TAD for Operation Deepwater Horizon. I am excited to be a part of this mission and lucky to be part of this great crew!



IS1 Ryan

I was named after my Mother's favorite song and my Father's second favorite lady. Born and raised in Charleston, SC with many a Brooklyn summers sprinkled in. I joined the COast Guard in 1998 in search of a higher purpose on and around the sea. It's been a fantastic journey so far that makes for 50,000 nm sailed, 34 countries visited, and 6 Coast Guard Units. MOHAWK is the fourth crew I've been graciously accepted by, and I couldn't be happier.

LENDING A HAND IN AFRICA

CASABLANCA, Morocco— Crewmembers from the Coast Guard Cutter Mohawk pose in one of the three classrooms they helped fix up at Fatima Fihriyya Primary School in Casablanca, Morocco, Thursday, July 8, 2010. The crew refurbished or rebuilt 55 two-seater desks, repainted two classrooms, replaced inoperative lighting fixtures and rebuilt the basketball hoops and backboards in the courtyard. U.S. Coast Guard photo by Petty Officer 3rd Class Victoria Bonk.



Coast Guard Cutter Mohawk Visits Casablanca

Sunday, July 2, 2010 the Coast Guard Cutter Mohawk, homeported in Key West, FL moored in Casablanca, Morocco. With this stop in Morocco, Mohawk has commenced its mission in West Africa, helping partner nations build their capacities and capabilities to increase their maritime domain awareness and strengthen their borders against the flow of drugs and other illicit maritime activity. Instead of fireworks, hot dogs and baseball games on the Fourth of July, Mohawk celebrated Independence Day by hosting a flight deck reception with the U.S. Consul General in Casablanca.

The guest list included distinguished visitors from the diplomatic corps as well as the Moroccan and foreign military. The reception featured beautifully prepared dishes highlighting the cutter's food service technicians' culinary skills. The event was a resounding success. Later in the week the Mohawk crew eagerly dove into a community relations project at the Fatima Fihriyya Primary School inside the old walled city section of Casablanca. With an attendance of over 1,000 students, the classrooms showed years of wear and tear. The crew refurbished or rebuilt 55 two-seater desks, repainted two classrooms, replaced inoperative lighting fixtures and rebuilt the basketball hoops and backboards on the playground.

"When I first visited the school, I was disheartened by what I saw and knew right then and there that I would do everything I could to help improve the condition of the local school," said Petty Officer 1st Class Richard Moore, a damage controlman onboard the

Mohawk. "I was very happy that I was given the opportunity to apply by carpentry skills."

A few crewmembers left their mark on a teacher's desk by adding a little bit of Moroccan flair. They crafted a custom made "Hand of Fatima," a Moroccan good luck symbol, out of scrap wood pieces, painted and mounted it, creating a centerpiece for the completely refurbished, brightly-colored classroom. The crew was treated to a coffee break that featured Moroccan mint tea and fresh-baked pastries and a sumptuous lunch of local foods like couscous and chicken tagine prepared by the school staff.

After a working inport with some breaks for visits to the medina (open market), the infamous Rick's Café, the Corniche beach area, and the Hussan II Mosque - the second largest mosque in the world - Mohawk teamed up with the Royal Moroccan Naval ship Mohammed V to conduct two days of at-sea exercises including formation steaming, visual communications and small boat operations.

The highlight of the at-sea exercises was conducting mock boardings; Mohawk's boarding team "boarding" the Royal Moroccan Navy and the Royal Moroccan Navy team "boarding" Mohawk. Each vessel created scenarios that walked the other country through Right of Approach questions on the radio, getting the boarding team safely transferred aboard the suspect vessel, initial safety sweep and inspection of the vessel and finally procedures for seizure of people and property. Teams encountered everything from simulated illegal drugs and migrants, to weapons and even a simulated bomb.

"During our boarding exercises with the Moroccan Navy I was able to learn many things from their lead boarding

officer. I was able to see how they react to stressful situations and what their policies were pertaining to use of force interactions," said Petty Officer 1st Class Timothy Tolliver, law enforcement officer aboard the Mohawk. "I was able to share my knowledge from boarding officer to boarding officer standpoint and assist them as much as possible. Ultimately, I feel it was a great experience for the Moroccan Navy and us. It gave Mohawk's law enforcement teams a chance to showcase their talents and skill-based knowledge. They were able to show the Moroccan Navy a different way to do work."

Now that the Mohawk has officially wrapped up its engagement with Morocco the ship is back at sea heading toward the next Host Nation and more exciting adventures. -ENS Kate Murray



CASABLANCA, Morocco— Crewmembers from the Coast Guard Cutter Mohawk tape off the windows in one of the three classrooms the crew helped fix up at Fatima Fihriyya Primary School in Casablanca, Morocco, Thursday, July 8, 2010. U.S. Coast Guard photo by Petty Officer 3rd Class Victoria Bonk.