



USCG Health Safety and Work Life Service Center



## Important Notice for TRICARE® Beneficiaries Taking Select Maintenance Medications\*

Beginning **October 1, 2015**, a change in federal law requires you to refill prescriptions for select maintenance drugs\* through TRICARE Pharmacy Home Delivery or at a Department of Defense (DoD) military pharmacy.

**\*\*This change does NOT apply to active duty service members.** Please call Express Scripts at 1-877-882-3335 if you are unsure if your prescriptions are affected by this important change, or check the affected drug list at: <http://www.health.mil/SelectDrugList>.

### \*What are Maintenance Drugs?

Maintenance drugs are those you take on a regular, ongoing basis for chronic, long-term conditions such as those used to control blood pressure. This does not include drugs your doctor prescribes for a short-term condition, such as antibiotics. For more information, please contact your local Coast Guard Clinic or see the TRICARE website: <https://www.express-scripts.com/TRICARE/benefits/emmp.shtml>

### What Are My Options?

We encourage you to consider your options carefully:

**Option 1:** Switch your prescription from a network pharmacy (i.e. CVS Pharmacy) to Home Delivery.

- Create an Express Scripts account: <https://www.express-scripts.com/index.html>.
- If you already have an account, look for the “Switch to Home delivery” section
- If you have prescriptions affected by this change, they’ll be noted as “Home Delivery Rx Plan Rules”

**\*\*You can also call the Member Choice Center at 1-877-882-3335.**

**Option 2:** Switch your prescription from a network pharmacy to a military pharmacy.

- Search for a DoD military pharmacy near you.
- Call to see if they can fill your prescription(s).

**Option 3:** Talk with your doctor about using a generic drug instead of a brand-name drug.

- You may still get most generic drugs at network pharmacies. You can get up to a 90-day supply of formulary generic drugs through Home Delivery for free.

### What If I Do Nothing?

- If you continue to get your select maintenance drugs(s) at a network pharmacy after October 1, 2015, you'll receive a letter from Express Scripts reminding you of the new policy. If you chose to make no changes, you'll pay the full cost for the prescription(s).
- You can request a waiver due to personal need, hardship, emergency or other special circumstances, such as living in a nursing home. Waiver requests are reviewed on a case-by-case basis.

**The change doesn't apply to active duty service members, beneficiaries who live overseas, and beneficiaries who have other health insurance (OHI) with a prescription benefit.**