

SEEKING ADMISSION TO THE PHYSICIAN ASSISTANT TRAINING PROGRAM

My career goal is to become a Coast Guard Medical Officer. With my combined experience, leadership, commitment to excellence and genuine passion for medicine makes me an outstanding candidate for the Physician Assistant Training Program.

COAST GUARD EXPERIENCE

**Base National Capital Region, Health Safety and Work-Life**  
*Washington, DC*

07/2009-Present

- **Primary Duties:**
- Leading Petty Officer, Front Desk, Outpatient and Laboratory Supervisor
- Quality Assurance Coordinator Assistant
- Provide medical and administrative support for over 2300 enlisted members.
- **Accomplishments:**
- Enlisted Person of the Quarter
- Successfully run daily floor operations for medical and dental with an average of 70 patients a day.
- Mentored and held study groups for 5 HS3's that have all advanced to the next higher pay grade.
- Spearheaded and formed the first CG Enlisted Association for the National Capital Area serving as Vice President

**Group Astoria**  
*Astoria, OR*

2/2006-6/2009

- **Primary Duties:**
- Served as the Pharmacy, Laboratory, Physical Exams and Outpatient Petty Officer
- Training Petty Officer
- Aviation Mission Specialist
- **Accomplishments:**
- Served as the sole Aviation Mission Specialist for AIRSTA Astoria
- Quickly improved the Physical Exams readiness from 80-90% shortly after taking over the department as a junior HS3.
- Participated in the naval humanitarian mission, Continuing Promise, to provide medical services to over 25,000 civilian personnel in Guatemala, El Salvador and Peru.
- Advanced from HS3 to HS1 in three years.

**Group Cape Hatteras**  
*Buxton, NC*

05/2001-03/2003

- **Primary Duties:**
- Outpatient, Laboratory and Physical Exam Petty Officer for approx 80 Active Duty members
- Health Benefits Advisor for Active Duty, Dependents and Retirees
- Watch Coordinator
- **Accomplishments**
- Enlisted Person of the Quarter
- Corrected thousands of dollars in dental and medical bills for Active Duty members and dependents
- Successfully served independently as an HS2 for three months at the Group Cape Hatteras Sickbay prior to the new Clinic Supervisor reporting aboard.

**Group Galveston**

8/1/2000 — 5/1/2001

**Galveston, TX**

- **Primary Duties:**
- Outpatient, Laboratory, Physical Exams Petty Officer
- Emergency Medical Technician
- Training Coordinator
- **Accomplishments:**
- Served over 300 active duty members
- Ran an efficient outpatient department as a junior HS3

**EDUCATION AND TRAINING**

- Anne Arundel Community College, Associates in Applied Science. GPA 3.5. Currently registered for Fundamentals of Organic and Biochemistry Fall 2012. Projected degree completion is Spring 2013.
- USCG Independent Duty Health Services School, Honor Graduate
- Health Service Technician "A" School, Honor Graduate

**AWARDS**

- CG Commendation Medal
- Navy and Marine Corps Achievement Medal
- Unit Commendation
- Meritorious Team Commendation
- Good Conduct Medal(3)