

CG SUPRT FINANCIAL LIFE-CYCLE SERIES

PERSONAL FINANCIAL WELLNESS EDUCATION: CLASS SCHEDULE

The CG SUPRT Financial Life-Cycle Series is designed to address each phase of the careers of active duty, reserve members, civilian employees and their families. It provides both short and long term financial guidance, resulting in healthy, sustainable financial wellness.

STAGE I: Introduction to Life-Long Personal Financial Habits

The three classes in this first stage introduce ten personal financial habits of financially successful people. They address challenges typically encountered in the first five years of an individual's career:



Class 1: Understanding Your Income, Managing Your Spending, & Avoiding Big Mistakes

Date: October 1, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/1d4e8ebc0d859a27d246fa60a06b8997>



Class 2: Managing Debt & Keeping Good Credit

Date: October 8, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/5fda4d7deaaa63691a7022022ba14f28>



Class 3: Building a Foundation for Your Financial Future

Date: October 15, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/9dadbd8fbfb323568179b2f78883726>

STAGE II: Planning, Prioritizing, & Protecting Your Finances

This stage has two classes that address financial challenges typically encountered in the middle of one's career. These challenges may include circumstances like growing families, debt obligations, and career responsibilities.



Class 1: Balancing Life & Finances in the Middle of Your Career

Date: October 21, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/08222fe771d9b3d41fe4dfd61f670b14a>



Class 2: Building a Foundation for Career Advancement & Retirement

Date: October 28, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/6bc4d35eeffb6540c8172351983b7b2f>

STAGE III: How to Plan for Career Transitions & Retirement

The two classes in this stage address planning for retirement and/or transitioning into civilian life. Even if you got a late start planning your retirement or career transition, these classes will help you get on track.



Class 1: Assessing Your Financial Wellness & Preparing for Career Transitions

Date: November 3, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/4f2bbd6ee42716fe655ef9047c56a1b2>



Class 2: Defining & Sustaining Your Retirement Lifestyle

Date: November 10, 2015 at 1200 and 1500 EST

Link: <https://conference.apps.mil/webconf/25226c9fc1cf110cdf7d58e9d9c9148b>



Incentives & Rewards

Webinar Attendance: One \$25 gift card raffled off per webinar.