

CGHR: On the Radar Screen May 6, 2014



Welcome to CGHR: On the Radar Screen, the monthly newsletter of CG-1, the Coast Guard Human Resources Directorate.

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NOTE: Links on this page will open in a new browser window

ON THE HORIZON

Prosci Change Management Webinars - May



- How to Drive Adoption with Five Strategic Change Plans
- How to Write a Business Case for CM
- How to Calculate CMROI - ROI of Change Management

For information on dates and times or to register, visit

<http://www.change-management.com/webinars.htm>

EMyth webinar (registration required)

Managing Change and Unlocking Your Growth Potential

You're in the hot seat every day. As a leader, whether you're a project manager or team lead, you're tasked with taking dreams and turning them into reality – to turn ideas into plans, goals into results.



Wednesday, May 14 • 2:00 PM - 3:00 PM EDT

To register, go to <http://quickbase.intuit.com/blog/2014/04/25/free-webinar-managing-change-and-unlocking-your-growth-potential/>

Ken Blanchard webinar (registration required)

Leadership: Past, Present, and Future

Where is leadership headed as we move into the next decade and beyond? That's one of the questions that best selling business author Ken Blanchard will answer in this webinar on Leadership: Past, Present, and Future.



Thursday, May 22 • 12:00 PM EDT

[Click here](#) to register.

American Management Association webinar (registration required)

Creating a Culture of Excellence in Your Organization *Understanding What Stops Us from Being Our Best*



This webcast gives you a concise starting point to understand the specific attitudes and practices needed to develop and maintain a culture of excellence. Drawing on years of study and decades of experience, this program examines the five core qualities of excellence and offers advice on achieving it within your organization.

Wednesday, June 4 • 12:00 PM - 1:00 PM EDT

To register, go to <http://www.amanet.org/training/webcasts/Creating-a-Culture-of-Excellence-in-Your-Organization.aspx>

CG SUPRT Financial Wellness Webinar (registration required)

Dreaming of Retirement

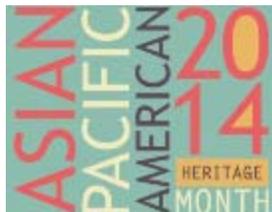
Are you dreaming of retirement or staying awake worrying? Get tips on a solid plan for a carefree retirement.



Tuesday, June 10 • 12:00 PM - 1:00 PM EDT

To register, go to <https://www1.gotomeeting.com/register/927183728>

ARTICLES AND RESOURCES



May is Asian Pacific American Heritage Month

- [2014 Theme "I Am Beyond": Evoking the American Spirit](#)
- [#IAmBeyond Events](#)
- [Facts for Features: Asian Pacific American Heritage Month](#)
- [ASIAN AMERICAN AND PACIFIC ISLANDER HERITAGE MONTH - \(ALCOAST 187/14\)](#)

Why You Hate Feedback and How to Learn to Love It

<http://quickbase.intuit.com/blog/2014/04/03/why-you-hate-feedback-and-how-to-learn-to-love-it/>

How to Give the Gift of Feedback

<http://www.deirdrebreakenridge.com/2014/03/whether-youre-giving-or-receiving-feedback-its-a-gift/>

8 traits of top employees

<http://theyec.org/8-traits-top-employees-share/>

Managing Sideways – Getting Things Done Without Authority

<http://quickbase.intuit.com/blog/2014/04/08/managing-sideways-getting-things-done-without-authority/>

Don't Take a Break, Take a Walk

We're taught to believe that "serious" work happens at our desks -- but getting out of the office can spur productivity. Research shows that walking isn't just a way to exercise or relax; it boosts creativity, lifts your mood, and helps spark new ideas. If you're constantly getting distracted at your desk, by email or coworkers, a walk can help you focus. When walking alone, rehearse a presentation, mentally prep for a difficult conversation, or mull over a tough problem. Walking is also great for professional heart-to-heart talks, since moving together makes conversation less stiff and more authentic. You may also find the change of scenery to be far more effective than a whiteboard for collaboration. So when you really need to get something done, try stepping out for a stroll.

Adapted from "Take a Walk, Sure, but Don't Call It a Break" by Dan Pallotta.

<http://blogs.hbr.org/2014/02/take-a-walk-sure-but-dont-call-it-a-break/>

Coast Guard dresses up to stand up to sexual assault

<http://www.uscgnews.com/go/doc/4007/2141658/Coast-Guard-dresses-up-to-stand-up-to-sexual-assault>

2014 Personal Benefits Statement available on the NFC website

<https://www.nfc.usda.gov/epps/epmain.aspx>

TIPS AND TRICKS

Hyphenation - worth a second look

<http://impertinentremarks.com/2014/04/hyphenation-worth-a-second-look/>

One simple trick for writing clear sentences
<http://www.ragan.com/Main/Articles/48237.aspx>

Affect, Effect and 5 Other Troublesome Word Pairs
<http://www.vocus.com/blog/affect-effect-and-5-other-troublesome-word-pairs/>

How to stop using your email inbox as a to-do list in 3 easy steps
<http://wtop.com/256/3599974/Stop-using-email-as-a-to-do-list-in-3-steps>

Nine Tips to Help You Better Understand Your Credit
<http://blog.usa.gov/post/81690512279/nine-tips-to-help-you-better-understand-your-credit>

149 Military Discounts
<http://www.giftcardgranny.com/blog/military-discounts/>

RECENT FLAG VOICES

Flag Voice 419: 2014 Coast Guard Organizational Assessment Survey (CG-OAS) Administration
<http://www.uscg.mil/hq/cg1/flagvoice/fv419.asp>

All Flag Voices are online at <http://www.uscg.mil/hq/cg1/flagvoice/default.asp>

COAST GUARD ALL HANDS

Spring into Motorcycle Safety
<http://allhands.coastguard.dodlive.mil/2014/05/02/spring-into-motorcycle-safety/>

From the Homefront: The courage to try
<http://allhands.coastguard.dodlive.mil/2014/05/01/from-the-homefront-the-courage-to-try/>

Voting & You: Guidelines for participation during the 2014 election season
<http://allhands.coastguard.dodlive.mil/2014/04/23/voting-you-guidelines-for-participation-during-the-2014-election-season/>

OCS classes learn to honor our service by the manners of their profession
<http://allhands.coastguard.dodlive.mil/2014/04/22/ocs-classes-learn-to-honor-our-service-by-the-manners-of-their-profession/>

From the Homefront: Following in a parent's footsteps
<http://allhands.coastguard.dodlive.mil/2014/04/17/from-the-homefront-following-in-a-parents-footsteps/>

It's moving season: Keeping your relationship strong and finances in check during this hectic time

<http://allhands.coastguard.dodlive.mil/2014/04/17/its-moving-season-keeping-your-relationship-strong-and-finances-in-check-during-this-hectic-time/>

Retiree services for Coast Guardsmen and their dependents

<http://allhands.coastguard.dodlive.mil/2014/04/11/retiree-services-for-coast-guardsmen-and-their-dependents/>

TSA offers expedited screening for military with new criteria

<http://allhands.coastguard.dodlive.mil/2014/04/08/tsa-offers-expedited-screening-for-military-with-new-criteria/>

Save the **Coast Guard All Hands** blog to your favorites or sign up to subscribe at:

<http://allhands.coastguard.dodlive.mil/>

RECENT MESSAGES

ALCOAST 190/14: DEPARTMENT OF HOMELAND SECURITY (DHS) SECRETARYS ANNUAL AWARDS CEREMONY REQUEST FOR NOMINATIONS -

http://www.uscg.mil/announcements/alcoast/190-14_ALCOAST.txt

ALCOAST 189/14: FEDERAL CIVILIAN EMPLOYEE EMERGENCY PREPAREDNESS

MANDATED TRAINING - http://www.uscg.mil/announcements/alcoast/189-14_ALCOAST.txt

ALCOAST 188/14: 2014 COAST GUARD ORGANIZATIONAL ASSESSMENT SURVEY (CG-OAS) -

http://www.uscg.mil/announcements/alcoast/188-14_ALCOAST.txt

ALCOAST 185/14: AY15 ADVANCED EDUCATION OPPORTUNITIES SPONSORED BY THE DEPUTY COMMANDANT FOR OPERATIONS -

http://www.uscg.mil/announcements/alcoast/185-14_ALCOAST.txt

ALCOAST 182/14: MILITARY SPOUSE APPRECIATION DAY -

http://www.uscg.mil/announcements/alcoast/182-14_ALCOAST.txt

ALCGCIV 136/14: OFFICE OF PERSONNEL MANAGEMENT (OPM) 2014 FEDERAL

EMPLOYEE VIEWPOINT SURVEY - http://www.uscg.mil/announcements/alcgiciv/136-14_ALCGCIV.txt

Messages authorized for internet release are available on the WWW at

www.uscg.mil/announcements/. The internal message archive is located on CG Portal at <https://cgportal2.uscg.mil/library/generalmessages/SitePages/Home.aspx> (CG personnel only)

CG SUPRT

“Ask the Expert” Web Chat (registration required)

The next web chat on May 27th at noon will feature the expertise of Psychotherapist, Alyson Schafer, discussing, “Raising Great Kids and the Parenting Issues Involved.”



Sign up at <http://ondemand.lifespeak.com/asktheexpert/>

Please note: users may ask questions in either French or English and choose to view the web chat in any one of a dozen languages.

Relocation: Easing the Emotional Impact

It's important for you and your family to become acquainted with your new community and seek out a local network of support.

<https://www.achievesolutions.net/achievesolutions/en/cgsuprt/Content.do?contentId=4222>

FROM THE SETA NEWSLETTER, APRIL 2014

Spring Scams: Taxes, Tech and Phish

ABC News and Softpedia.com report an increase in scams involving bogus tech support websites. Emails purporting to be from real companies offering tech support can lead back to websites that seem real but are actually phishing sites. The phishing sites can be very convincing, including detailed images for Netflix, Pogo and Comcast. Most companies being used by the scam have issued public announcements stating that they do not call or email the customer regarding tech support, but are called for service by the customer.

With the disastrous weather in many areas of the country, charities are distributing funds to those who may have lost everything. Many people are also receiving a tax return at this time of the year, which is very enticing both for legitimate charities and scam artists. It takes a cold heart to profit from a flood or tornado, but it is certainly happening.

Check with the [Better Business Bureau](#), [Charity Navigator](#) or [Charity Watch](#) before you give. You have a right to know how your money is spent, and a legitimate charity will answer your questions. Don't let the scam artists stop you from supporting the real charities that are on the ground, supporting disaster victims.

INFOGRAPHIC

Hartman's Law of Prescriptivist Retaliation

(Look Smart: Don't Make These Dumb Grammar Mistakes)

http://www.socialystacked.com/wp-content/uploads/2014/03/original_LookSmartGrammar.png

Image is Everything: The Secrets of Body Language

<http://www.topcounselingschools.org/body-language/>

In an Office Far, Far Away ...

A Look at the Workplace of the Future

<http://www.topmanagementdegrees.com/futureoffice/>

The next issue of CGHR: On the Radar Screen will be issued on June 3.

CGHR: On the Radar Screen archives (2006-2012) are located on CG Portal, keyword "CGHR".