

Examination Protocol for Exposure to: ASBESTOS

This form is subject to the Privacy Act Statement of 1974

Date	Patient Name	SSN	Unit
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IF EXAM TYPE IS	DO or COMPLETE THESE ITEMS
Initial/Baseline or Separation	CG-5447 History and Report of OMSEP Examination DD-2802/DD-2807-1 DD Form 2493-1 or OSHA Respiratory Disease Questionnaire (Part 1) optional
Periodic	DD Form 2493-1 or OSHA Respiratory Disease Questionnaire (Part 2) optional CG-5447A Periodic History and Report of OSEP Examination
Acute Exposure	Acute Exposure Form
All Types (except acute exposure)	Complete blood count (CBC); multichemistry panel (includes liver function tests, BUN, creatinine); urinalysis with microscopic (U/A) Pulmonary function tests (FVC & FEV ₁)
All Types	Physician's notification regarding examination results. (Final action) Chest x-ray (PA) with "B-reader" or board certified radiologist evaluation at initial exam then per table:

YEARS SINCE FIRST EXPOSURE – X-rays

	Age 15-35	Age 36-45	Age ≥ 45
0-10	Every 5 years	Every 5 years	Every 5 years
Over 10	Every 5 years	Every 2 years	Every year

To the examining medical officer:

- ◆ You must follow-up any significant abnormality through to a physical diagnosis. Provide ICD codes.
- ◆ Ensure that the patient is questioned about the following history or symptoms: smoking history, dyspnea on exertion, cough, pleuritic pain, heartburn or epigastric pain. (See OSHA Respiratory Disease Questionnaire.)
- ◆ Ensure that the patient is examined for the following possible signs: clubbing, basilar rales.
- ◆ You must address the following four items in writing: 1) whether the employee has any detected medical conditions placing him/her at increased risk of health impairment from further asbestos exposure; 2) any recommended limitations on use of personal protective equipment; 3) that the employee has been informed by you of the results of the examination and any medical conditions resulting from asbestos exposure that require follow-up; 4) that the employee has been informed of the increased risk of lung cancer attributable to the synergistic effects of asbestos and smoking.
- ◆ Asbestos exposure can cause asbestosis, bronchogenic carcinomas, mesothelioma, and gastric carcinoma. It may also be associated with multiple myeloma and renal carcinoma. Disease risk is dose dependent.
- ◆ Asbestos was used in shipbuilding until the 1970s. Exposure among OSEP participants is mostly associated with repair and overhaul of vessel built prior to that time.
- ◆ If the patient is on multiple monitoring protocols, ensure each unique item is completed. However, it is not necessary to duplicate tests and forms.

Reviewing Authority Signature	Date
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