

HEAT STRESS MONITORING WORKSHEET

Date/Time Started _____

LOCATION	TIME	DB	WB	GT	WBGT	PHEL	STAY TIME
MMR							
AMR							
AFT STEERING							
SCULLERY							
LAUNDRY							

TIME FINISHED: _____

WB MUST BE <= DB AND DB MUST BE <= GT
DB x .1 + GT x .2 + WB x .7 = WBGT

DB _____ x .1 = _____ *(USE HIGHEST READING)*
 WB _____ x .7 = _____
 GT _____ x .2 = _____

WBGT = _____ *MUST BE WITHIN 0.2 DEGREES OF RECORDED WBGT*

STAY TIME: _____
 RECOVERY TIME: _____ *(TWICE THE STAY TIME OR FOUR HOURS WHICH EVER IS LESS)*

DRINKING WATER AVAILABLE: YES NO
 FOLLOW UP REQUIRED IN TEMP. > 100 @ NEXT: _____

DONE BY	HS1	EO
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IF STAY TIME IS LESS THAN WATCH ROTATION TIME: CO: _____