



Caring for our Families

Family Readiness in Juneau

Coast Guard Response

In the event of a local emergency that impacts the entire community, the Coast Guard has:

- Designated a location that will offer limited family support. That location is the Coast Guard Regional Exam Center at the Mendenhall Mall.
- Arranged for family services, including legal and administrative support, the Chaplain, and WorkLife staff, to be available at the designated family support center.

How will a disaster affect Coast Guard families?

- **It is possible that the active duty member will be gone from the household, possibly for the length of the response.**

Disaster Planning for Juneau Coast Guard Families

- Work with your family to create a disaster plan. **Most important:** Update Direct Access with current contact information to ensure the Coast Guard can reach the family. Decide how you will react, where family members should meet, and what items you might need (including necessary financial records).
- Designate an out-of-state family member who can act as "command center" in the event of local cell phone service being out. **Texting is recommended.**
- Assemble a home disaster kit with flashlights, batteries, canned food, a radio, blankets, and other items you might need.
- Keep your vehicle fueled at more than a half tank — power outages could mean no gas.
- Have alternative ways to charge your cell phone if the power is out.
- Learn to shut off power, gas, and water to your home.
- Ensure that pets will be cared for in a disaster. Keep food and supplies for your pet in your home disaster kit.
- Know your neighbors so you can work together to shovel snow, keep warm, or care for children and pets.
- Consider home repair supplies and a home generator.
- **Centennial Hall, the National Guard/UAS Rec Center and schools are emergency shelters; others are designated as needed.**

How Coast Guard Members Should Respond

Following an emergency or disaster event, all D17 Staff members (military, civilian, reserve, & auxiliary) are to:

1. **Stabilize** your personal/family/home situation.
2. **Listen** to local TV, radio, etc., for news & public announcements.
3. **Report in.** Whether you receive an alert message or not, call your immediate supervisor to report your status and dependent family status or needs (if any). Wait for instructions & possible work assignment. Continue to report in daily or as instructed. If the supervisor is not available, contact the acting supervisor.

Fill out the following list, and call in this order:

1) **Supervisor Work :** _____

Supervisor's Personal Phone: _____

Supervisor's E-Mail: _____

If can't reach, then:

2) **Admin Office:** _____

If can't reach, then:

3) **Command Center: 907-463-2000**

If can't reach, then:

4) **CG PACAREA Command Center: 510-437-3701**

If can't reach, then:

5) **CG HQ Command Center: 202-372-2100 or 800-323-7233**

Family Emergency Plan

The Federal Emergency Management Agency (FEMA) has an excellent Family Emergency Plan to complete and keep with your emergency supplies.

It can be found at: http://www.ready.gov/sites/default/files/documents/files/Family_Emergency_Plan.pdf

Resources for Families

City of Juneau

Juneau has an emergency management office that has identified likely disasters in Juneau and offers plans of action. It also tracks avalanche danger in Juneau. Find out more at <http://www.juneau.org/emergency/index.php>

Emergency announcements: Several radio stations (KINY 800 AM, TAKU 105, and KTOO 104.3 FM) in Juneau have emergency generators to allow them to broadcast, even without city power. *A battery-powered or hand-cranked radio* is an essential part of your emergency kit. It's helpful if it includes a weather alert function. NOAA Weather Service offers information at <http://pajk.arh.noaa.gov/>.

American Red Cross: The Juneau Office can be reached at 463-5713; toll-free is 888-345-HERO (4376). <http://www.redcross.org/ak/anchorage>

Juneau officials recommend local families have enough emergency supplies to care for themselves for seven days – the Coast Guard recommends 30 days.

Experts recommend packing your emergency supplies in one location. Here's an example of a garbage can with emergency supplies – but remember that you may need to transport it.

