

Sector Columbia River MWR Equipment Rental Agreement

Bicycles

- (1) Head Protection. All personnel, including dependents, that operate a bicycle onboard a Coast Guard facility, shall wear an approved bicycle helmet properly fastened under the chin. There are two nationally recognized safety standards for bicycle helmets sold in the United States: the Snell Memorial Foundation and the American National Standards Institute (ANSI).
- (2) Clothing. During periods of reduced visibility (e.g., nighttime, fog or rain), bicycle riders should wear retro-reflective clothing. Vests, jackets, tape, wristbands and other items are available that make a rider visible to motorists.
- (3) Reflectors. Bicycles must be equipped with reflectors and lights for use at night and in low visibility weather.
- (4) Personal Protective Equipment. The following requirements must be complied with when carrying a child as a passenger on an adult's bike onboard Coast Guard facilities, and are strongly recommended when bicycling off base:
 - a. All personnel shall wear approved bicycle helmets.
 - b. Only competent adult cyclists shall carry young passengers.
 - c. Bicycle riding is restricted to parks, bicycle paths or quiet streets.
 - d. Infants too young to sit in a rear bike seat shall not be carried on a bicycle. Front or backpack child carriers are prohibited.
 - e. Only children who are old enough to sit well unsupported and whose necks are strong enough to support a lightweight helmet may be carried in a rear-mounted seat.
 - f. A rear-mounted seat shall be securely attached over the rear wheel, have spoke guards to prevent feet and hands from being caught in the wheels and have a high back and a sturdy shoulder harness and lap belt that will support a sleeping child.
- (5) Coast Guard military personnel who operate a bicycle off facility shall wear an approved helmet and shall comply with the host state and local traffic laws, including use of front and rear lights during hours from dusk to dawn and reduced visibility. Bicyclists shall follow local rules of the road when riding on or off facility.

Canoes, Inflatable Boats, Kayaks, Paddleboards

- (1) Any personnel using kayaks must wear a PFD and appropriate clothing depending on weather conditions.
- (2) No alcohol will be consumed while using MWR issued boating equipment
- (3) Filing a float plan is highly recommended
- (4) Proof of successful completion of course and exam found at www.boaterexam.com/paddling/ must be provided. A printed copy of the exam course will suffice.

I (we) _____ agree to reimburse, indemnify, and hold harmless the Coast Guard, the Coast Guard MWR program, its agents and employees from any and all claims and causes of action that arise or may arise from my (our) use of the Coast Guard MWR equipment or facilities. Include names of all individuals who will be using the equipment.

Signature(s): _____

Date _____