

U.S. Coast Guard FLOAT/FLIGHT PLAN 6.0 Permanent Change of Station

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Last, First, Mi:
Emplid:
Rate/Rank:
Departing Unit, City, State:
Reporting Unit, City, State:
Departing unit POC/Phone #:

Member's Email Address:	Phone #:	
Emergency Contact Name:	Phone #:	
New Command Supervisor:	Phone #:	
New Command Sponsor Name:	Phone #:	
New Command Ombudsman:	Phone #:	
PCS Assist Team:	DOL PCS Assist Team PCSAssist@uscg.mil	Phone #: (844) 727-2022
Members must have and follow a basic plan to communicate with their departing unit and new unit during PCS travel.		
New unit POC:	Phone#:	

HHG/Transportation Office POCName:	Phone #:	
HHG/Moving Company Name:	POC:	Phone #:
HHGPickupDate(unlessPPM):	Secondary HHG Pickup Date:	

PCS Departure Date:	PCS Arrival Date:	
Leave En Route Days:	Travel Days:	Proceed Days:
New Unit Temporary Lodging:	Phone #:	

Member's Signature:	Date:	
Departing Command Signature: E-7 or Above	Date:	
Send a copy of this Float/Flight Plan to your new unit sponsor and/or POC. *Consider submitting a New Shipmate Form to your new unit as well!		



Travel Itinerary: Describe in as much detail as is available, your travel plan/schedule, including leave (e.g. where you plan to stay overnight, how are you traveling (car, airplane, ferry), etc...).

State or Country (If not U.S.):	Information (how are you traveling, where do you plan to stay)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	

INSTRUCTIONS

Requirements	<p>All members completing their first PCS move must complete this Float/Flight Plan. Both the departing and receiving commands must review and approve the member's plan. Once complete, members shall ensure signed copies are provided to both command and sent to PCSAassist@uscg.mil for upload to Move Central no more than 10 days prior to departure. Members shall bring a printed copy of their PCS Orders and PCS Float/Flight Plan while en route to their new duty station.</p> <p>Completion of this form is not required before PCS Orders or HHG are initiated-only prior to departure.</p> <p>Member conducting local PCS (within 50 miles) or PCS requiring no move, do not need to complete this form.</p>
Approval Authority	All Float Plans must be reviewed and approved by an E-6 OIC/XPO or E-7 or above.

AMPLIFYING INFORMATION

Work-Life	For Work-Life resources to assist with PCS, such as family support, housing, and attorneys, please visit the Work-Life website at: https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Health-Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG-111/ or download the USCG HSWL app. The PDS TRICARE Nurse Advice Line can be reached by calling (800) TRICARE (874-2273) (option 1) or via the website at: https://mhsnurseadvice.com/ for online chat or video for any members or dependents experiencing COVID-19 symptoms.
Emergency Numbers and Resource Contacts	<p>The PCS Assist Team provides coverage via (844) 727-2022 and PCSAassist@uscg.mil. Members are encouraged to contact them if they are unable to resolve their PCS or HHGs issue during this year's PCS season. An important function of the team is to report to senior leadership any PCS moves that did not go as planned once the transit began.</p> <p>The PCS Assist Team's operating dates/hours are 04APR22-30SEP22; Monday-Friday 0700-1900</p>
	<p><u>Roadside and Emergency Assistance:</u> Emergency Fire, Medical, Policy: 911 National Travel and Traffic Conditions info line: 511 ADTRAV: CONUS: (800) 790-7206 or OCONUS: (904) 954-7850 CITI Card Services (GTCC): (800) 790-7206 AAA Roadside Assist National Number: (800) 222-4357 National Motor Club: (800) 523-4582 Good Sam Roadside Assistance: (800) 842-5351 Allstate: (877) 597-3393 Progressive: (800) 776-2778 Better World Club: (866) 238-1137 USAA: (800) 531-8555 Geico: (800) 424-3426 State Farm: (877) 627-5757</p>
	<p><u>Medical:</u> American Red Cross: (800) 733-2767 TRICARE West (Health Net): (844) 866-9378 TRICARE East (Humana): (800) 444-5445</p> <p>TRICARE "Find a Doctor" Website: https://www.tricare.mil/ContactUs/CallUs Military Health System (MHS) Nurse Advice Line: (800) TRICARE (874-2273)</p>
	<p><u>Mental and Spiritual Health</u> CG SUPPORT: 1(855) CG SUPRT (247-8778) CG Work-Life Local Office Directory: (202) 475-5100 CG Chaplain: (855) 872-4242 National Suicide Prevention Lifeline: (800) 273-TALK (8255) Transitional Mental Health Services between providers: (800) 424-4685 Sexual Assault Safe Helpline 24/7: (877) 995-5247</p> <p>USCG COVID-19 Website: https://www.uscg.mil/coronavirus/ CDC COVID-19 Guidance: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html</p> <p>*If at any time you or your dependents feel you may have come in contact with COVID-19, please contact your primary care manager and follow the CDC guidelines listed at the above link.</p>