



U.S. Coast Guard PCS Float Plan 4.0

Member Information

Last, First, Mi:	
Emplid:	
Rate/Rank:	
Departing Unit, City, State:	
Reporting Unit, City, State:	
Main Phone or OOD:	

All members effecting a PCS move in AY2020 must complete this Permanent Change of Station (PCS) Float Plan. Both departing and receiving commands must review and approve the members' plan. Once complete, members should ensure signed copies are provided to their departing and receiving commands. Members should bring a printed copy of their PCS Orders and PCS Float Plan while enroute to their new duty station. This form and its contents are protected from disclosure by the Privacy Act of 1974, 5 U.S.C. 552a.

Member's Email Address:		Phone #:	
Emergency Contact Name:		Phone #:	
New Command Supervisor:		Phone #:	
New Command Sponsor Name:		Phone #:	
New Command Ombudsman:		Phone #:	
Local PCS Assist Team:		Phone #:	

Members and receiving commands must ensure a specific communication plan is established and followed throughout the travel period. Receiving Command POC: _____ Phone#: _____

HHG/Transportation Office POC Name:		Phone #:	
HHG/Moving Company Name:		POC:	
HHG Pickup Date (unless PPM):		Secondary HHG Pickup Date:	

As per PCS SITREP 4, members are required to call the PCS Assist Team and schedule a mandatory Safety Briefing once their HHG shipment date is confirmed.

PCS Departure Date:		PCS Arrival Date:	
Leave En Route Days:		Travel Days:	
		Proceed Days:	

- Note: If commercial lodging is unavailable, check for available DoD lodging: www.DODLodging.net

New PDS Lodging Name, Address:		Phone #:	
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If you have dependents and they are NOT relocating:

- Where & with whom are they remaining?
- What is the long term plan?

Childcare plans at new PDS:		Phone #:	
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- If member or dependents have medical or special needs, have they spoken to their new XO and confirmed availability of resources/providers?

Housing Plan at New PDS:

- Plan for housing (rent, own, government):
- House hunting date range (if applicable): _____ to: _____
- Has the member or any cohabitant been exposed to someone with COVID-19 in the last two weeks?
- New PDS quarantine requirements (if applicable):

Please note: For work-life resources to assist with PCS such as family support, housing and lawyers, please visit the [Work-Life website](#) or download the USCG HSWL app. The new [PDS Tricare Nurse Advice Line](#) is available at the website or call (800) TRICARE (874-2273) (option 1) for online chat or video for any members or dependents experiencing COVID-19 symptoms.

Member's Signature:		Date:	
Departing Command Signature:		Date:	
Receiving Command Signature:		Date:	

Travel Itinerary

*Travel days are based on 350 miles of driving per day if driving Provide date/
city/state/hotel/phone# for each night en route new PDS including leave en route.

1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.

Comments:

Local and State Concerns

What is the recent trend of local hospitals concerning elective care?

What is the recent trend of local and state governments concerning reopening?

Emergency Numbers and Resource Contacts

The main **PCS Assist Team** provides 24/7 coverage via **833-551-0887** and PCSassist@uscg.mil. Members are encouraged to contact them at any time if they are unable to resolve their PCS or HHGs issue during this year's PCS season. An important function of the team is to report to senior leadership, any PCS moves that did not go as planned once the transit began. Per PCS SITREP3, these instances must be reported by the receiving command to the PCS Assist Team. As per PCS SITREP 4, the main PCS Assist Team must also be contacted once HHG shipment dates are confirmed to schedule a mandatory Safety Briefing.

Working hand-in-hand with the main PCS Assist Team are two to five person local PCS Assist teams at 14 CG Bases and three Training Centers (TRACENs) covering Puerto Rico to Guam and everything in between. Members are encouraged to contact the local team in the vicinity of their new PDS for information concerning local conditions and area-specific guidance.

Roadside and Emergency Assistance:

Emergency Fire, Medical, Police: 911

National Travel and Traffic Conditions info line: 511

ADTRAV: (CONUS) (800) 790-7206 (OCONUS) (904) 954-7850

Citi Card Services (GTCC): (800) 790-7206

AAA Roadside Assist National Number: (800) 222-4357

National Motor Club: (800) 523-4582

GoodSam Roadside Assistance: (800) 842-5351

Allstate: (877) 597-3393

Progressive: (800) 776-2778

Better World Club: (866) 238-1137

USAA: (800) 531-8555

Geico: (800) 424-3426

State Farm: (877) 627-5757



Medical:

American Red Cross: (800) 733-2767

Tricare West (Health Net): (844) 866-9378

Tricare East (Humana): (800) 444-5445

Tricare "Find a Doctor" Website: <https://www.tricare.mil/ContactUs/CallUs>

Military Health System (MHS) Nurse Advice Line: (800) TRICARE (874-2273)

Mental and Spiritual Health

CG SUPPORT: 1(855) CG SUPRT (247-8778)

Ombudsman Registry: <https://cgombudsmanregistry.org/?m=login>

CG Work-Life Local Office Directory: (202) 475-5100

CG Chaplain: (855) 872-4242

National Suicide Prevention Lifeline: (800) 273-TALK (8255)

Transitional Mental Health Services between providers: (800) 424-4685

Sexual Assault Safe Helpline 24/7: (877) 995-5247

USCG COVID-19 Website: <https://www.uscg.mil/coronavirus/>

CDC COVID-19 Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>



*If at any time you or your dependents feel you may have come in contact with COVID-19, please contact your primary care manager and follow the CDC guidelines listed at the above link.