



## **BUY YOUR ADULT HOLIDAY PARTY TICKETS**

Tickets Sold  
MWR Ticket Office – GYM  
Monday – Friday 1000-1330 | 1400-1600

**SATURDAY, DECEMBER 1<sup>st</sup>  
5PM - Midnight**

- SOCIAL HOUR 5 – 6 PM (raffle ticket sales)
- DINNER SERVED AT 6 PM
- ENTERTAINMENT BEGINS AT 7 PM

WILLIAMSBURG HOTEL AND CONFERENCE CENTER  
50 KINGSMILL RD, WILLIAMSBURG, VA (757)-220-2500  
(THE HOTEL FORMERLY KNOWN AS WILLIAMSBURG MARRIOTT)

**DINNER \* DANCING \* PRIZES  
CELEBRITY ENTERTAINER  
BUY TICKETS NOW**

BUY WITH A CHANCE TO WIN A 1-NIGHT STAY (1 DEC)  
WILLIAMSBURG HOTEL  
AND CONFERENCE CENTER  
BREAKFAST INCLUDED

Room Draws: 9, 16, 23 November  
Results posted on TCY e-Bulletin Board

<b>E-6 &amp; BELOW/ GS-8 AND BELOW/ &amp; NAF</b>	<b><u>\$15</u></b>
<b>E-7 – 03/ GS-9 AND UP</b>	<b><u>\$20</u></b>
<b>O4 &amp; UP, TRACEN PERMANENT CONTRACTORS</b>	<b><u>\$25</u></b>
<b>NON-TraCen Yorktown Personnel FULL PRICE/AT COST TICKET</b>	<b><u>\$40</u></b>

# Breakfast with Santa

SATURDAY,  
DECEMBER 8th

CG Dining Facility

Food  
Fun  
Games  
Gifts  
and more...

Sign up  
757.856.2128



# Group Exercise Class Schedule

## LUNCHTIME

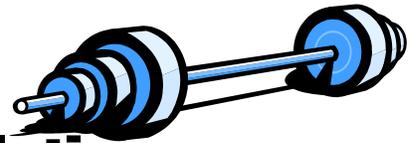
**1145 - 1245**

**Monday /Wednesday - Spinning**



**Tuesday /Thursday -**

**Barbell Weight Lifting/Sculpting**



## EVENINGS

**1900-2000**

**Monday/Wednesday - ZUMBA**



**Spinning**

November spinning schedule:

Thurs.	Nov. 8
Tues.	Nov. 20
Tues.	Nov. 27

December spinning schedule:

Tues.	Dec. 4
Tues.	Dec. 11
Tues.	Dec. 18



# Open Mic Night!!!

*Hosted by: MKC Kovacevich*



## @the Liberty Lounge II

- Musicians, Songwriter, Poets & Comedians bring your talents (or lack thereof).
- Audience bring your requests...maybe we will play them.
- Nightly slots will be first come first serve.
- This is not Karaoke. The equipment and instruments are limited.

**Every Tuesday 1900-2300**

Any questions, contact Mr. Antonio Jones (2325)





# TEXAS HOLD-EM TOURNAMENT



**\$50 Value  
Prize  
For  
1st Place!!!**

**Every Thursday Night  
1900-2200**



**@the Liberty Lounge II**

Any questions, you can contact Mr. Antonio Jones (2325)



# 8-BALL POOL TOURNAMENT



**\$50 Value  
Prize  
For  
1st Place!!!**

## Every Friday Night 1900-2200

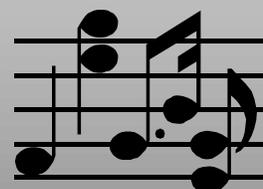
### RULES OF PLAY

- **Double Elimination Tournament.**
- **All shots must be called.**
- **8 Ball pocketed off break results in instant victory.**
- **Cue ball pocketed off break results in regular scratch.**
- **No "Ball in Hand" rule. Following a scratch, the cue ball will be placed behind the foul line.**
- **Pocketing of the 8 ball prematurely or in other than object pocket results in immediate loss.**
- **Pocketing of the cue ball while shooting on the 8 ball results in immediate loss.**

## @the Liberty Lounge II

Any questions, you can contact Mr. Antonio Jones (2325)

# KARAOKE!!!



**Every Saturday & Sunday  
1900-2200**

**@the Liberty Lounge II**

Any questions, contact Mr. Antonio Jones (2325)

# NFL SUNDAY TICKET

A photograph of NFL players in a huddle on a field. The players are wearing blue jerseys with orange and white accents. One player in the foreground is wearing a blue jersey with the number 5. The background is slightly blurred, showing other players and the field.

Come and watch your favorite team  
on 6 BIG flat screen TVs!!!

Starting September 2nd  
Lounge Opens At 1230 !!!

PreSeason starts August 5th

Regular Season starts September 5th !!!

@the Liberty Lounge II

# Walt Disney World Armed Forces Salute

## Promotion 2012-2013

Request and Prepay through Coast Guard Training Center Yorktown (TCY) – MWR  
Allow up to 14 days for Tickets

**Walt Disney World Armed Forces Salute Program, 2012-2013.** This promotion will run during the period of **1 October 2012 thru 28 September 2013**. This promotion entitles “Eligible Service Members” to receive, up to a maximum of 6 promotional products.

**“Eligible Service Members” defined: Active or Retired members of the U.S. Military, including activated members of the National Guard and Reservists as well as active and retired members of the United States Coast Guard. ONLY!**

During the offer period, **4-Day Disney’s Armed Forces Salute tickets** with or without options may be purchased only by “Eligible Service Members” (or their spouse, but not both), for their family and friends. **4-Day Disney’s Armed Forces Salute tickets** are limited to (6) per (check special provisions sheet for clarification) **“Eligible Service Members”**.

All **Walt Disney World Armed Forces Salute** tickets are exchange certificates and will need to be exchanged/activated at the Main Entrance theme park ticket windows (no later than 25 September 2013) in order to be used fully. **Disney’s 4-Day Military Promotional Tickets (including any options) expire and may not be used after September 28, 2013. In addition, these Tickets (including any options) may not be used on the following blackout dates: December 24, 2012 to December 31, 2012 and March 2013 to April 4, 2013 at all Walt Disney World® Theme Parks and other gated attractions; and July 4, 2013 at Magic Kingdom® Park only.**

**Walt Disney World Armed Forces Salute** Tickets may be ordered as follows:

	TCY – MWR Customer
<b>E866</b> 4D Salute PH	\$151
<b>E867</b> 4D Salute Base/WTR	\$151
<b>E868</b> 4D Salute PH/WTR	\$179

**PH = Park Hopper    WTR = Water Parks**

**Please read and understand all of the Special Provisions attached.**

Ticket not listed? Check attached CG TCY MWR-AF CTP sheet, if listed, call for prices

- Price Match any MWR; bring sheet for consideration; price cannot fall below Net Cost to MWR.

## **Walt Disney World Special Provisions**

- During the period from August 17, 2012 to September 25, 2013 (the "Offer Period"), Disney's 4-Day Military Promotional Tickets may be purchased at participating U.S. military sales outlets ONLY by Eligible Service Members (defined below) or their spouses (but not both), for themselves and other family members and friends, in accordance with these "Special Provisions." These Tickets may not be otherwise transferred, distributed or resold.
- **"Eligible Service Members"** are active or retired members of the U.S. military, including active members of the National Guard or Reservists and active or retired members of the U.S. Coast Guard.
- Participating military sales outlets must require that Eligible Service Members (or their spouses) present valid military identification to purchase Disney's 4-Day Military Promotional Tickets.
- Eligible Service Members (or their spouses) who purchase Disney's 4-Day Military Promotional Tickets for themselves and their family members and friends will be required to activate those Tickets at *Walt Disney World*® theme park ticket windows, no later than September 25, 2013, in order for those Tickets to be used. Valid military identification will be required.
- **No more than six (6) Disney's 4-Day Military Promotional Tickets may be purchased and activated by any Eligible Service Member and/or spouse (regardless of the place of purchase and whether purchased by that person or that person's spouse), and all six (6) must be purchased at the same time.** Accordingly, no Eligible Service Member (or spouse) may purchase Disney's 4-Day Military Promotional Tickets at any military sales outlet if that person (or that person's spouse) previously purchased Disney's 4-Day Military Promotional Tickets (whether at that same military sales outlet or at any other military sales outlet or at any other place). In addition, one of the six (6) Tickets purchased must be for use by the Eligible Service Member or his/her spouse.
- Disney's 4-Day Military Promotional Tickets will not be valid unless and until activated (no later than September 25, 2013).
- Each Disney's 4-Day Military Promotional Ticket must be used by the same person on any and all days. Disney's 4-Day Military Promotional Tickets may be used ONLY by the Eligible Service Members, spouses, other family members or friends for whom they are purchased. In addition, a valid military ID may be required for admission.
- **Disney's 4-Day Military Promotional Tickets (including any options) expire and may not be used after September 28, 2013. In addition, these Tickets (including any options) may not be used on the following blackout dates: December 24, 2012 to December 31, 2012 and March 24, 2013 to April 4, 2013 at all Walt Disney World® Theme Parks and other gated attractions; and July 4, 2013 at Magic Kingdom® Park only.**
- The above limitations must be disclosed to each Eligible Service Member (or spouse) before that Eligible Service Member (or spouse) is permitted to purchase any Disney's 4-Day Military Promotional Tickets.
- Each Eligible Service Member (or spouse) will be asked to confirm, before purchasing Disney's 4-Day Military Promotional Tickets, that neither that person or that person's spouse has purchased any other Disney's 4-Day Military Promotional Tickets at any other military sales outlet or place.
- Any Eligible Service Member (or spouse) who purchases Disney's 4-Day Military Promotional Tickets from any military sales outlet in excess of the six (6) per Eligible Service Member (spouse) limit (e.g., any Eligible Service Member or spouse who purchases those Tickets at one military sales outlet after having previously purchased those Tickets at any other place) will be permitted to return the excess (unused) Tickets to that outlet for a full refund, and we will not be entitled to payment from you for any such excess (unused) Disney's 4-Day Military Promotional Tickets returned to us.

# UNIVERSAL *Orlando's*

## ★ MILITARY SALUTE ★

### Take Advantage of these Special Limited Time Offers

# FREE 3-DAY

## Park-to-Park Ticket\* For Active Duty and Retired Service Members

### PLUS For ALL Base Personnel—BUY a 2-Day Park-to-Park ticket & Get a 3rd Day Free!†

#### ASK ABOUT GREAT UNIVERSAL ORLANDO® VACATION PACKAGES!

## VISIT PARTICIPATING BASE ITT/LTS OFFICES FOR TICKETS

**ONE (1) FREE 3 DAY PARK-TO-PARK MILITARY SALUTE TICKET\* OFFER** – Valid for Active Duty (includes Army, Navy, Air Force, Marines, Coast Guard, National Guard or Reservists) or Retired Military service members with valid military photo ID. *To receive this offer, please:*

- Visit a participating military base ticket office (ITT/LTS) by March 31, 2013, to obtain your free ticket.
- Complete an Acknowledgement Form and sign your name on the free ticket.
- Once at Universal Orlando® Resort, present your free ticket and valid military photo ID to ACTIVATE your free ticket, and proceed to turnstile for admission to either of the theme parks: Universal Studios Florida® and/or Universal's Islands of Adventure®. Ticket must be used on the same day of activation.

**PROMOTIONAL OFFER: 2-DAY PARK-TO-PARK WITH 3RD DAY FREE TICKET†** – Valid for purchase by ALL Military personnel, Installation employees, family & friends or anyone with Military Installation photo ID access. *To purchase this promotional ticket offer:*

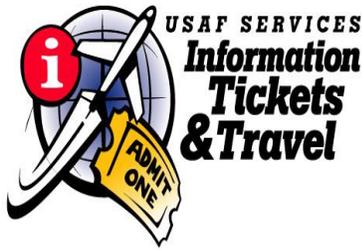
- Visit a participating military base ticket office (ITT/LTS) by March 31, 2013, to purchase this promotional offer.
- Once at Universal Orlando® Resort, present your 2-Day Park-to-Park with 3rd Day Free admission ticket at any turnstile for theme park entry.

#### MILITARY OFFER DETAILS

\*Universal Orlando's Military Salute Free ticket can ONLY be obtained by ACTIVE DUTY (includes ARMY, NAVY, AIR FORCE, MARINES, COAST GUARD, NATIONAL GUARD or RESERVISTS) or RETIRED MILITARY SERVICES MEMBERS WITH VALID MILITARY PHOTO ID (a maximum of one (1) Free ticket per service member, regardless of where the ticket is obtained). †Promotional ticket offer can be purchased by ALL Military personnel, Installation employees, family & friends or anyone with Military Installation photo ID access. Limit six (6) promotional tickets per purchase. The Free ticket and Promotional ticket offer are only available through March 31, 2013. Visit a participating U.S. military base ticket office or the Shades of Green Resort in Orlando to receive an unactivated Military Salute Free Ticket and/or the promotional ticket offer.

Offers expire March 31, 2013 and must be used by June 30, 2013; any unused days will be forfeited. Offers cannot be combined with any other offers, promotions or discounts. Offers exclude separately ticketed events or venues within theme parks and Universal CityWalk; parking; and, discounts on food or merchandise. Some venues require 21 or older for admission. The Military Salute Free Ticket has no cash value. The Military Salute Free Ticket and 2-Day Park-to-Park Ticket with 3rd Day Free each entitles one (1) guest admission to both Universal Orlando theme parks on the same day for any three (3) calendar days during a fourteen (14) consecutive calendar day period beginning with the first day of use. Ticket also includes fourteen (14) consecutive calendar days of admission to entertainment venues of Universal CityWalk® beginning with the first day of use. Tickets are non-transferable and void if altered. Additional restriction may apply to all offers which are subject to change and/or availability without notice.





## **Universal Orlando Military Salute**

**Purchase by Dates: October 22,2012 through March 31,2013**

**Redemption Dates: October 22,2012 through June 30,2013**

October 19, 2012

As part of the Universal Orlando Military Salute program, Universal is offering one Complimentary ticket to all US Military members to include Active Duty, Retirees, National Guard , Reservists and USCG with a valid military ID.

- Complimentary tickets require a completed Acknowledgement Form (provided by Universal) at the ITT Office. Completed forms to be returned from ITT to Universal monthly.
- 3<sup>rd</sup> Day Free Tickets must be purchased by June 16, 2013 and fully used by June 30, 2013.

*The 3-Day Park Military Salute Adult Ticket entitles one guest admission to both to theme parks on the same day for the duration of the ticket. Ticket is valid for any 3 calendar days during a 14 consecutive calendar day of admission to the paid entertainment venues of Universal CityWalk which commences and includes the first day any portion of the ticket used. Guest must present a valid Military ID at time of purchase, exchange at either UOR pass sales windows, and upon each redemption at the UOR theme parks. Ticket expires in full on June 30, 2013 regardless of the first date of use. Unused days will be forfeited.*

### **SPECIAL OFFER FOR ALL MILITARY MEMBERS**

**3<sup>RD</sup> DAY FREE WITH 2 DAY, LISTED BELOW:**

#### **2-Day with 3<sup>rd</sup> Day Free**

The 2-Day Base with 3<sup>rd</sup> Day Free Ticket entitles 1 guest admission to one theme park per day. Ticket is valid for any 3 calendar days during a 14 consecutive calendar day period which includes the first day any portion of the ticket is used. This ticket also includes 14 consecutive calendar days of admission to the paid entertainment venues of Universal CityWalk which commences and includes the first day any portion of the ticket is used. First use of the ticket must be on or before June 17, 2013, to receive full tickets entitlements .Tickets expires if full on June 30,2013. Unused days will be forfeited. Guest must present valid US Military ID at time of product purchase and redemption.

#### **2-Day Park to Park with 3<sup>rd</sup> Free**

The 2-Day Park to Park with 3<sup>rd</sup> Day Free ticket entitles 1 guest admission to both UOR theme parks in the same day for the duration of the ticket. Tickets is valid for any 3 calendar days during a 14 consecutive calendar day period which includes the first day any portion of the ticket is used. The ticket also includes 14 consecutive calendar days of admission to the paid entertainment venues of Universal CityWalk which commences and includes the first day any portion of the ticket is used. First used of this ticket must be on or before June 17, 2013, to receive full ticket entitlements. Ticket expires in full on June 30, 2013. Unused day will be forfeited. Guest must present valid US Military ID at time of product purchase and redemption.

## **2-Day Base with 3<sup>rd</sup> Day Free with Wet'n Wild**

The 2-Day Base with 3<sup>rd</sup> Day Free with Wet'n Wild Ticket entitles 1 guest admission to 1 UOR theme park per day. Ticket is valid for any 3 calendar days during a 14 consecutive calendar day period which includes the first day any portion of the ticket is used. This ticket also includes 14 consecutive calendar days of admission to the paid entertainment venues of Universal City Walk which commences and includes the first day any portion of the ticket is used. This ticket also includes one guest admission to Wet'n Wild Orlando during the same 14 consecutive calendar day period described above. Guest utilizing self- parking pay a parking fee only once per day with the presentation of that day's paid parking receipt and valid ticket, regardless of how many parks are visited in one day. First use of this ticket must be on or before June 17, 2013, to receive full ticket entitlements. Ticket expires in full on June 30, 2013, to receive full ticket entitlements. Ticket expires in on June 30, 2013. Unused days will be forfeited. Guests must present valid US Military ID at time of product purchase and redemption.

## **2-Day Park to Park with 3<sup>rd</sup> Day Free with Wet'n Wild**

The 2-Day Park to Park with 3<sup>rd</sup> day Free with Wet'n Wild Ticket entitles 1 guest admission to Both UOR theme parks on the same day for the duration of the ticket. Ticket is valid for any 3 calendar days during a 14 consecutive calendar day period which includes the first day any portion of the ticket is used. This ticket also includes 14 consecutive calendar days of admission to the paid entertainment venues of Universal CityWalk which commences and includes the first day any portion of the ticket is used. This ticket also includes one guest admission to Wet'n Wild Orlando during the same 14 consecutive calendar day period described above. Guests utilizing self-parking pay a parking fee only once per day with the presentation of that day's paid parking receipt and valid ticket, regardless of how many parks are visited in one day. First use of this ticket must be on or before June 17, 2013, to receive full tickets entitlements. Ticket expires in full on June 30, 2013. Unused days will forfeited. Guest must present valid US Military ID at time of product purchase and redemption.

## **Universal Orlando Military Salute**

Tickets may be order as follows:

	MWR Customer
<b>E869</b> 3-Day Park to Park Mil.Salute Comp.	0.00
<b>E870</b> 2-Day Base with 3 <sup>rd</sup> Day <i>Free</i> Adult	\$118
<b>E871</b> 2-Day Base with 3 <sup>rd</sup> Day Free Child	\$108
<b>E872</b> 2-Day PK. To PK. with 3 <sup>rd</sup> Day Free Ad.	\$138
<b>E873</b> 2-Day PK. To PK. with 3 <sup>rd</sup> Day Free Ch.	\$128
<b>E874</b> 2-Day Base with 3 <sup>rd</sup> Day Free with Wet'n Wild Ad.	\$150
<b>E875</b> 2-Day Base with 3 <sup>rd</sup> Day Free with Wet'n Wild Ch.	\$140
<b>E876</b> 2-Day PK.to PK. with 3 <sup>rd</sup> Day Free with Wet'n Wild Ad.	\$170
<b>E877</b> 2-Day PK. to PK. with 3 <sup>rd</sup> Day Free with Wet'n Wild Ch.	\$160

**Price Match: Find a lower MWR price;  
Bring the price sheet - Challenge.**

**Saving You More  
on the  
TraCen Yorktown Shore!**

Coast Guard  
MWR Recreational Lodging  
Facilities Guide [www.uscg.mil/mwr/](http://www.uscg.mil/mwr/)  
(Recreational Lodging & Travel Link)



USE CODE: 240



### Resort Condominiums

MWR authorized patrons

[www.afvclub.com](http://www.afvclub.com)

USE CODE: 240

### Leisure and Travel Services

MWR authorized patrons

at [www.GovArm.com](http://www.GovArm.com)



### Breezes Inclusive Resorts and Spas

Coast Guard Discount

# S1016228

Call 1-800-467-8737

[www.armymwr.com/portal/travel/traveldeals](http://www.armymwr.com/portal/travel/traveldeals)

Armed Forces  
Recreation Center  
Shades of Green  
[www.shadesofgreen.org](http://www.shadesofgreen.org)



## Golf Packages of the Carolinas

All Eligible Coast Guard MWR Patrons

May Receive 5% Off Regular Golf Packages

[www.golfvacationpackages.com/uscg.htm](http://www.golfvacationpackages.com/uscg.htm)

Call: 1-877-732-6999



## Coast Guard TraCen Yorktown and Air Force Central Ticket Program

### **Ticket Availability** **Valid as of 13 April 2012**

#### **Attractions**

Aquarium of the Pacific  
 Disneyland  
 Legoland  
 Sea Life (Legoland)  
 Universal Studios California  
 World Famous San Diego Zoo  
 Safari Park  
 Sea World California  
 San Diego Harbor Excursion  
 6<sup>th</sup> Flags Discovery Kingdom  
 Battle of the Dance

#### **Location**

Long Beach CA  
 Anaheim CA  
 Carlsbad CA (near San Diego)  
 Carlsbad CA (near San Diego)  
 Hollywood CA  
 San Diego CA  
 Vallejo CA  
 Anaheim, CA.

Sea Life Arizona Aquarium

Tempe AZ

Georgia Aquarium

Atlanta GA

Six Flags Over Georgia

Austell GA

National Museum Crime & Punishment Washington DC

Walt Disney World

Orlando FL

Universal Studios Florida

Orlando FL

Sea World Florida

Orlando FL

Ripley's Believe It or Not

Orlando FL

Pirate's Dinner Adventure

Orlando FL

Busch Gardens Tampa

Tampa Bay FL

Gatorland

Orlando FL

Kennedy Space Center

Orlando FL

WonderWorks

Orlando FL

Titanic the Experience

Orlando FL

Arabian Nights

Orlando FL

Legoland

Winter Haven FL (near Orlando)

Cedar Point Amusement Park

Sandusky OH

Sesame Place

Langhorne PA

SilverWood Theme Park

Athol ID

Six Flags Over Texas

Arlington TX

Special Order Tickets are non-refundable; please allow 14 business days; payment in full when ordered

No Implied Endorsement

# Coast Guard TraCen Yorktown and Air Force Central Ticket Program

## **Ticket Availability** **Valid as of 13 April 2012**

Sixth Floor Museum	Dallas TX (Arlington area)
Legoland Discovery Center	Grapevine TX (Dallas area)
Sea Life Aquarium	Grapevine TX (Dallas area)
Fort Worth Zoo	Fort Worth TX (Arlington area)
Ripley's Believe It or Not	Grand Prairie TX (Arlington TX area)
SpeedZone	Dallas TX
Sea World San Antonio	San Antonio TX
Fiesta Texas	San Antonio TX
Ripley's Believe It or Not	San Antonio TX
Ripley's Haunted Adventure	San Antonio TX
Guinness World Record Museum	San Antonio TX
Tomb Rider	San Antonio TX
Mirror Maze	San Antonio TX
Natural Bridge Wildlife Ranch	San Antonio TX
Buckhorn Saloon & Museum	San Antonio TX
Natural Bridge Caverns	San Antonio TX

Six Flags St. Louis	St. Louis MO
Titanic Museum	Branson MO
Ride the Ducks	Branson MO
Silver Dollar City	Branson MO
White Water	Branson MO
Dixie Stampede	Branson MO

Busch Gardens	Williamsburg VA
Colonial Williamsburg	Williamsburg VA
Jamestown/Yorktown	Williamsburg VA

### **Water Parks**

Wild Rivers Water Park	Irvine, CA
Adventure Island	Tampa Bay FL
Wet'N' Wild	Orlando FL
Aquatica	Orlando FL
Wet 'N Wild Emerald Point	Greensboro NC
Wet'N'Wild Phoenix	Phoenix AZ
Six Flags Hurricane Harbor	Arlington TX
SplashTown	San Antonio TX
Water Country USA	Williamsburg VA
Six Flags White Water	Austell GA
Legoland Water Park	Carlsbad CA (near San Diego)

### **Location**

### **Sports & Entertainment Location**

Sleuth Mystery Dinner	Orlando FL
Disney Quest	Orlando FL
Medieval Times Dinner Theater	Buena Park CA
Medieval Times Dinner Theater	Myrtle Beach SC
Medieval Times Dinner Theater	Schaumburg IL
Medieval Times Dinner Theater	Lyndhurst NJ
Medieval Times Dinner Theater	Hanover MD
Medieval Times Dinner Theater	Kissimmee FL
Medieval Times Dinner Theater	Dallas TX (Arlington area)

Special Order Tickets are non-refundable; please allow 14 business days; payment in full when ordered

No Implied Endorsement



# TRACEN Yorktown Spouse's Network

## “Sharing the Experience”

The TRACEN Yorktown Spouse's Network (TSN) believes that just because we're a large base doesn't mean we shouldn't have a way to reach out and meet each other. Our members are comprised of Coast Guard spouses and active duty personnel. Our goal is to provide an avenue of communication to share information and friendship through our Coast Guard experience.

We know just how hard it is to move to a new area, especially one as densely populated and geographically spread out as the Hampton Roads area. We are not a social “club” but rather an organization that facilitates a way for spouses to meet each other and share information about the area and things happening on base.

So, do you want to...

- Learn more about all the resources available at TRACEN?
- Get inside info on good places to live, schools, fun activities, etc?
- Have access to a wealth of Coast Guard knowledge and experience?
- Be provided opportunities to grow and learn about the USCG and its benefits?
- Nurture professional and personal relationships within a group?

If you answered yes to any of those then TSN is for you!

The best part is it's open to all spouses regardless of rank or title, there's no joining fee, dues, obligated service hours or anything other than sharing your experience, knowledge, talent and friendship. We are here for you!

If you're interested or have any questions please feel free to contact us at [coastguardtsn@yahoo.com](mailto:coastguardtsn@yahoo.com)

Facebook Search: TSN (TRACEN-Yorktown Spouse Network)

Congratulations on your orders and we hope you're excited to be stationed here; it truly is a wonderful place to live, work and play. Hope to see 'ya soon!

Newsletter available now!



# MWR

## MOBILE

- 1. See This:** Scan for MWR, menu, video, etc.



- 2. Do This:** Download a QR code (app), if not installed.

- 3. Snap it:** Open app, take snapshot of code. Enjoy content.

**More on the Shore**

