

MWR EVENTS

USCG TRACEN CAPE MAY

Upcoming Events

28 November Swim Lessons
2 December Teen Holiday Mall Shopping Trip
8 December Children's Party
Adult Party
15 December NYC Bus Trip

What's New at the Harborview?

Harborview All Hands Club:
Free WiFi, Great Food, open for lunch on Wednesdays!
Free WiFi AND a low cost lunch with a "MILLION DOLLAR"
View? NO WAY! Not here at least.....wait.....WHAT?!?!?!?!?! The
Harborview All Hands Club has all 3?
LET'S ALL GO GET SOME OF THOSE FISH TACOS AND
LOADED FRIES WE'VE HEARD SO MUCH ABOUT!

November Harborview \$4.00 Lunch Specials.

Wednesday Lunch at the Harborview
Soup, Salad & Bread Sticks /Nov Specials

[November Food Special](#)

NFL Ticket

NFL Ticket at the Harborview Club
Come watch your favorite teams
Multiple games on multiple TVs
Every Sunday 1200 to 2000
[NFL Ticket Flyer](#)

Nov Movie Schedule

Friday movie time: 1900
Saturday movie time: 1830
Movies are shown at the Ida Lewis Auditorium
Movies are subject to change

Fri 23 Nov	Fantastic Four	PG
Sat 24 Nov	Batman: Dark Knight Rises	PG-13
Fri 30 Nov	Journey 2: Mysterious Island	PG

Track Club

TRACEN CM has a newly formed Track Club (ages 6 and up)
which is open to runners of any ability. Master Chief Berry is
the point of contact. For more information please view the flyer
listed below.

[Cape May Track Club Flyer](#)

Wally Ball

Attention Wally Ball Players! MWR now has the equipment for
this activity and is available for use by signing it out the Seamen
Apprentices Office which is located next to the racquetball court.
If needed, they can show you how to set it up.

28 November – Swim Lessons

Please sign up at MWR prior to 1st class

Class times: 4:15 – 4:45, 4:50 – 5:20

Levels: American Red Cross 1 - 6

Cost: \$20/4 week session

Sign up & payment required by 21 November

[Swim Lessons Party Flyer](#)

2 December - Teen Holiday Mall Shopping Trip

Open to Active Duty & Civilian Employees' Dependents
Grades 9,10,11 & 12.

Also open to UPH Residents

Bus Leaves Ida Lewis at 1100 & returns at 1600

Limited space

Sign up MWR Office

[Teen Holiday Mall Shopping Trip Flyer](#)

8 Dec – Children's Holiday Party

Visit with Santa, magician show at 1000, and more holiday
fun.

8 Dec – Adult Holiday Party

Grand Hotel of Cape May – 1830 to 2300

1830 to 1930 Cocktail hour

1945 to 2100 Dinner

Tickets on Sale: \$15

Must be purchased by 30 November!

Baby sitting available from 1800 to 2330 at the CDC for
children ages 2 to 12. Signup is required by 26 November.

Cost is \$5 per child

[Holiday Party Flyer](#)

15 December - NYC Bus Trip

0900 departure from Ida Lewis Auditorium Parking Lot

1900 departure from NYC

Cost: \$15 ID holders and their dependents and \$25 guest

[New York City Flyer](#)

Power Vinyasa Flow Yoga

There will be a makeup yoga class Monday 19 November.

The next session will start 26 November with class days & times
on Monday & Wednesday from 0900 to 1000

Dates: 26 & 28 Nov, 3, 5, 10, 12, 17, & 19 Dec

Cost: \$5 Drop in fee – pay instructor with exact change

Classes are held at Ida Lewis Auditorium

Please note that unused classes expire the last day of the session

[Yoga Flyer](#)