



Be Ready Tip of the Month

May Tip: Start Your Journey to Preparedness Today

You may be familiar with the Chinese Proverb, “A journey of a thousand miles begins with a single step.” While preparing for emergencies is not quite as daunting as traveling a thousand miles, here is a tip for just one simple action you can take right now to start the process.

Tip #1: **Install the free USCG HSWL app on your mobile device**—When preparing for a disaster, many people will likely use a mobile device to get information. The USCG app from the Office of Health, Safety, and Work-Life puts important information in your hands no matter where you are. Under “Emergency Response,” you will find a list for what to include in your “Emergency Kit.” Under “Emergency Preparedness,” a link will take you directly to all the information available online at <http://www.uscg.mil/worklife/ready.asp>.

Be/stay informed, make a plan, build a kit and pass it on, so all are prepared.

Semper Paratus!