December Tip: Be a Hero to Your Family and Prepare for Emergencies.

Ready Coast Guard has released three briefs full of information to walk you through the essential steps to preparedness. You can’t prevent all bad things from happening, but by taking a few actions to prepare, you will reduce the impact on your family and the time it takes to get back to normal.

The three briefs include the following tips:

**Tip #1:** Know the types of hazards you might encounter and how to be informed before, during, and after an emergency.

**Tip #2:** Write an emergency plan that includes how you will communicate with your loved ones throughout an emergency.

**Tip #3:** Build a kit with enough food, water, and other supplies to last your family at least three days.

To watch the briefs at any time, go to the Ready Coast Guard website [http://www.uscg.mil/worklife/ready.asp](http://www.uscg.mil/worklife/ready.asp) and select:
- Be Informed Video Brief
- Make a Plan Video Brief
- Build a Kit Video Brief

Be/stay informed, make a plan, build a kit and pass it on, so all are prepared.

Semper Paratus!