

---

---

# SAPT Bulletin

---

---

SUBSTANCE ABUSE PREVENTION TEAM (SAPT) PUBLICATION

Volume 01 Issue 4

September 2001

---

---

## Inside This Issue

- 1 Defining Success
- 2 Taliban Profits from Drugs
- 3 On the Road Again
- 4 SKC Dillard Joins SAPTA
- 5 Crazy Alcohol Laws
- 6 Links



## Defining Success

September is the National Alcohol and Drug Addiction Recovery Month. Research has shown that treatment of drug and alcohol disorders works! Findings from a Congressionally mandated, five-year study on the impact of treatment nationwide found that treatment significantly reduces drug and alcohol use, increases employment/income, improves overall health, decreases criminal activity and homelessness, and decreases risky sexual practices.

Despite all the social and economic gains derived from treatment, there is a tendency to define success by whether or not an individual ever returned to drinking, and that's the wrong way to define it. While it's true

that treatment for dependency should be based in abstinence, the ultimate goal is to help the person become a productive member of society again. Successful substance abuse treatment is not necessarily absolute, but rather a matter of perspective. Consider that someone who drank to intoxication every day, may only drink once or twice in a ten year period after receiving treatment, wouldn't you agree that's a success?

## Taliban Profits from Drugs



*Editor's note: When the terrorist struck on 9/11, SAPTA was scattered throughout the Atlantic area conducting training. I was in the D7 Federal Building, Chief Watkins and Chief Dillard was in D9, Chief Seybold was in New*

*York and witnessed the collapse of the twin towers! I spent many years on Governors Island, and grew to love New York. Both my children were born in Manhattan, in fact, my son was born just a few blocks from where the World Trade Center once stood. Discovering the following article just added insult to injury.*



Administrator Hutchinson cites strong evidence that the Taliban party in Afghanistan profits greatly from opium production. Opium-generated funds are a significant source of income for the Taliban as well as part of their strategy to exact havoc against the West. [full text>>](#)



## On the Road Again

SAPTA has been beating a path all over LANT Area. Despite being short one and two Addiction Prevention Specialists, we managed to surpass one of training goals by providing Substance Abuse Free Environment (S.A.F.E.) training to nearly 9,500 members in FY01 (our goal is 8,000/year). In our travels we have seen and heard a lot of interesting and sometimes alarming things.

I'm considering a "Lessons Learned" or "Stupid Human Tricks" section for the bulletin. It's just amazing what people do when intoxicated. Two recent cases included a member who stepped off the back of a moving pick up truck to "use the head", and another member who set a shot of liquor and fire and drank it, two times! He received second-degree burns. If you know of any stories of "poor choices" related to substance abuse, that'll serve as "Lessons Learned", please send an e-mail to [rgrigg@tcyorktown.uscg.mil](mailto:rgrigg@tcyorktown.uscg.mil)

Our last issue (June 2001) had an article about GHB. GHB (aka liquid ecstasy and grievous bodily harm) is known as a date rape drug, although it's used recreationally as

well. We've been talking about GHB during SAFE trainings because anyone can fall victim to it. When I was TDY in Florida I was told of another female member who was slipped GHB, apparently her soft drink was "spiked" with it. She was lucky, in that, she was able to get help before the predator(s) got to her. I'd like to encourage CDAR's to educate members about GHB and some of the other club drugs, especially ecstasy. For further information about club drugs I recommend this created by the Department of Justice.

<http://www.usdoj.gov/dea/pubs/intel/20005intellbrief.pdf>

## SKC Dillard Joins SAPTA

Actually, SK1 1/2 Al Dillard joined our team in August and his AOR is the D9. Before long he will call and/or write the CDAR's in D9 to introduce himself (his bio will be on our website soon) and reestablish the D9 CDAR network. D9 CDAR's should contact him directly ([adillard@tcyorktown.uscg.mil](mailto:adillard@tcyorktown.uscg.mil)) regarding drug and alcohol questions or issues, but of course, any SAPTA member will be glad to help you when he's not available.

## Crazy Alcohol Laws

Ohio state law prohibits getting a fish drunk.

In Fairbanks, Alaska, it's illegal to feed a moose any alcohol beverage.

It's illegal to sit on any street curb in St. Louis, Missouri, and drink beer from a bucket.

Drunk drivers in San Salvador can be punished by death before a firing squad.

In Saskatchewan, Canada, it's illegal to drink alcohol while watching exotic dancers.

## Contest for the Best Slogan

After we (the Addictions Programs personnel) jump through some hoops and cut some red tape, we are going to launch a drug and alcohol awareness campaign. Awareness is an essential part of prevention. It's often quite a challenge to move a person from one belief system to another. Of the many "Stages of Change" (developed in the late 1970's and early 1980's by **James Prochaska and Carlo DiClemente at the University of Rhode Island**), reaching the pre-contemplation and contemplation stages are major steps toward changing one's belief or attitude. An effective drug and alcohol awareness campaign can move people in that direction. With this in mind, we'd like to ask for your help coming up with a catchy campaign slogan, one that "makes you think". SAPTA's somewhat limited imagination has come up with a few ideas; for example, "SAFE Guard" (keying on SAFE training), the "Save a Life Campaign", and the aforementioned "Think Out of

the Box”, but we haven’t found a clear winner yet. Do you have an idea for a campaign slogan? Please let us know. The best slogan will be adopted for the Programs awareness campaign that we hope to have for FY

2002. Sorry no great prizes, but we will recognize the winner in our Bulletin. Please send your ideas to me, HSC Grigg, at [rgrigg@tcyorktown.uscg.mil](mailto:rgrigg@tcyorktown.uscg.mil) preferably by 1 JAN 02. Thanks ahead.

## Cool Links

1. **Alcohol Alerts:** Print and post a new one each month! Find them here...  
<http://silk.nih.gov/silk/niaaa1/publication/alalerts.htm>
2. **On-Line Diagnosis-Substance Related Disorders:** An interactive test where one can answer some questions and get an “unofficial” diagnosis online instantly. A good eye opener for the “fence sitter” and those who are simply curious about their own relationship with substances with potential for addiction.  
<http://www.mentalhealth.com/fr71.html>
3. **Prevention Plans:** This is a CSAP and SAMSHA site with a “tool” that takes one step by step through considerations in prevention planning. Assess your needs and resources here:  
<http://www.preventiondss.org/>
4. **Facts on Binge Drinking:**  
<http://www.nasulgc.org/bingedrink/bingefacts.pdf>
5. **Another Empty Bottle:** A support site for the friends, family, and alcoholics. Lots of great links!  
<http://www.alcoholismhelp.com/help/>

SAPTA Bulletin is a quarterly electronic publication produced for Collateral Duty Addictions Representatives and their commands. Editorial content is unofficial and not authority for action. Views and opinions expressed do not necessarily reflect those of the Coast Guard.

Future editions may include letters to the editor. Letters to the editor allow readers to comment on alcohol and drug related issues facing the Coast Guard. Please limit remarks to 100 words or less. No names will be withheld. Provide rank, first and last names, phone number and unit. Send comments/letters to [rgrigg@tcyorktown.uscg.mil](mailto:rgrigg@tcyorktown.uscg.mil) or fax to (757) 856-2077.

### Substance Abuse Prevention Team Atlantic

US Coast Guard Tracen  
Room 333 Hamilton Hall  
Yorktown, VA 23690-5000  
[www.uscg.mil/tcyorktown/SAPTA/](http://www.uscg.mil/tcyorktown/SAPTA/)  
PH: 757-856-2087 or 2205  
Fax: X 2077