

**E-PME**  *Enlisted*  
**PROFESSIONAL MILITARY EDUCATION**

Threat Level 4.G.02

**Learning Objective(s): COMPLETE** an emergency action plan for you and your family.

**Why You Need to Know This**

It is important to be always ready for an emergency. The Coast Guard is routinely involved in natural disaster response efforts. In many cases Coast Guard personnel affected by the disaster must continue to perform their unit's mission; therefore, it is important that your family and loved ones be prepared to endure the emergency without you. Additionally, your family must be prepared should an emergency arise while you and your unit are deployed.

The **Coast Guard Ready** campaign strongly encourages all Coast Guard personnel to establish an emergency preparedness kit and emergency plan for themselves and their family, and stay informed about what to do during an emergency.

This lesson will provide you with the information you will need to know in regards to the Homeland Security Advisory System, the Maritime Security Levels and the Coast Guard Ready campaign.

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**Topics Covered**

This section will cover the following topics:

- Coast Guard Ready Campaign

At the end of this lesson you will be required to participate in a learning activity. You are encouraged to first review the learning activity and the sign off requirements located in the “**You and Your Supervisor**” section of this lesson. Reviewing this information before you begin the lesson will allow you to take proper notes and focus on key learning points.

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## Ready Coast Guard



**Ready Coast Guard** is a Coast Guard–wide campaign sponsored by the Headquarters Health, Safety, and Work-Life Directorate’s Office of Work-Life.

This program is designed to inform Coast Guard members and their families how to prepare and cope with natural disasters, fast-spreading diseases such as pandemic influenza, and other emergencies. More information about the Ready Coast Guard campaign can be found at the following link:

[http://www.uscg.mil/worklife/emergency\\_plan.asp](http://www.uscg.mil/worklife/emergency_plan.asp)

Considerations for all Personnel and Families:

- **Get A Kit:**  
Assemble a collection of first aid supplies, food, water, medicines, and important papers that can sustain you and your family until a crisis passes. Consider the unique needs of your family and pets, then assemble emergency supply kits in your home, car, and workplace.
- **Make A Plan:**  
You and your family members may not be together when an emergency strikes. Planning ahead for various emergencies will improve your chances of keeping in touch, staying safe, and quickly reuniting.
- **Be Informed:**  
Emergencies can arise from weather and other natural hazards, industrial and transportation accidents, influenza pandemics, and terrorist acts. Anticipate the emergencies most likely to affect you and your family. Knowing what to do can make all the difference when seconds count.

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## Learning Activity



To successfully complete this requirement you will need to explain the purpose Homeland Security Advisory System, the Maritime Security Levels with your supervisor **AND** develop an emergency response plan for you and your family and discuss it with your supervisor and your family.

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**For You and Your Supervisor**

In order to meet the sign-off requirement for this lesson **YOU** must perform the following:

1. Prior to meeting with your supervisor review the contents of this lesson and organize your thoughts.
2. Explain the purpose Homeland Security Advisory System, the Maritime Security Levels to your supervisor. Develop an emergency response plan for you and your family and discuss it with your supervisor and your family.

Before signing off on this requirement your **SUPERVISOR** must:

1. Make sure the member understands the purpose of the Homeland Security Advisory System and Maritime Security Levels **AND** has developed an emergency response plan for their family.
2. Provide the member with corrective feedback and answer any questions they may have related to this topic
3. Sign-off the check-off sheet on the Record of Enlisted Professional Military Education (E-PME) Performance Requirements

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**References**

The following references were used to develop this lesson:

- Family Readiness Program  
<http://www.uscg.mil/worklife/ready.asp>
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