

DIABETES:

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| #193 | Diabetes Mellitus requiring Insulin or history of DKA | Due to your history of insulin-requiring diabetes mellitus (NVIC 04-08 condition #193), please submit internal medicine consultation completed within the last 12 months to include current evaluation of the condition, documentation of date of diagnosis and history of diabetic control since diagnosis, current treatment plan with all medications taken with side effects, evaluation of fasting plasma glucose, recent Hemoglobin A1c less than 8.0 and no more than 90 days old, documentation from your provider addressing any history of hypoglycemic episodes with frequency of these episodes and treatment plan, recorded blood sugar log or glucometer reading printout over the past 3 months, recent ophthalmology consultation with dilated fundus examination to assess for any diabetic retinopathy, and a recent graded exercise stress test with perfusion scan. All information requested should be within the past twelve months unless otherwise noted. |
| #194 | Diabetes requiring Oral Medication | Due to your history of non-insulin dependent diabetes mellitus (NVIC 04-08 condition #194), please submit internal medicine consultation completed within the last 12 months to include current evaluation of the condition, evaluation of fasting plasma glucose, recent Hemoglobin A1c less than 8.0 and no more than 90 days old, and recent ophthalmology consultation with dilated fundus examination to assess for any diabetic retinopathy. All information requested should be within the past twelve months unless otherwise noted. |
| #195 | Addison's disease | Due to your history of Addison's disease (NVIC 04-08 condition #195), please submit endocrinology consultation completed within the last 12 months to include current evaluation of the condition, date of diagnosis and history of control since diagnosis, current symptoms experienced, summary of all pertinent diagnostic studies to date, current treatment plan with side effects, and prognosis for work as a merchant mariner. All information requested should be within the past twelve months unless otherwise noted. |
| #196 | Cushing's disease/syndrome | Due to your history of _____ (NVIC 04-08 condition #196), please submit endocrinology consultation completed within the last 12 months to include current evaluation of the condition, date of diagnosis and history of control since diagnosis, current symptoms experienced, summary of all pertinent diagnostic studies to date, current treatment plan with side effects, and prognosis for work as a merchant mariner. All information requested should be within the past twelve months unless otherwise noted. |
| #197 | Hypoglycemia | Due to your history of hypoglycemia (NVIC 04-08 condition #197), please submit internal medicine consultation completed within the last 12 months to include current evaluation of the condition, date of diagnosis and history of control since diagnosis, frequency and severity of episodes, and glucose tolerance test to document response to glucose load (blood glucose and symptoms). All information requested |

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| | | should be within the past twelve months unless otherwise noted. |
| #198 | Hyperthyroidism | Due to your history of hyperthyroidism (NVIC 04-08 condition #198), please submit endocrinology or internal medicine consultation from within the last 12 months to include current evaluation of the condition, date of diagnosis and stability of condition since diagnosis, current treatment plan with side effects, recent thyroid panel, and recent ophthalmology consultation. All information requested should be within the past twelve months unless otherwise noted. |
| #198a | Hypothyroidism | Due to your history of hypothyroidism, please submit endocrinology or internal medicine consultation from within the last 12 months to include current evaluation of the condition, date of diagnosis and stability of condition since diagnosis, current treatment plan with side effects, and recent thyroid panel. All information requested should be within the past twelve months unless otherwise noted. |