



# Msst Galveston TIMES

## *Quarterly News Letter*

### Commanding officer's corner

Hello! It's time for our second installment of the Galveston Times. The past 3 month's have gone by relatively uneventful until September. We won the Coast Guard Day Softball championship in August, I can't sit and watch any type of sport, but I've got to tell you I was riveted on the side of the dugout cheering fanatically. I'm the number one fan now. The Force Protection det traveled to Miami and promptly set two more firsts, first to have all members pass the PT on the first try, and first to graduate all members.

Yes, back to September, September proved to be a challenging month and the team successfully rose to the challenge. We were called into New Orleans to assist MSST New Orleans and to assist with relief efforts. Our primary mission was to provide security for supplies going in and security for rescue teams. I was fortunate enough to slip out of the command post a few hours away and get down into the city to visit the guys at Station New Orleans. Lots of activity down there. A pro golfer had volunteered to set up a field kitchen to feed the crew. It was great food, too! Not only that, the President stopped in and shook hands with everyone. The Vice President also made an appearance with other VIP's, and the Commandant came too. The latest buzzword is "MSST" throughout the Coast Guard, and its because these Coast Guardsmen are doing an exceptional job with a great attitude in not so good conditions. Thanks for the support on the home front!

With the holidays approaching, I encourage everyone to plan ahead. It's often a wonderful time but also a very stressful time with lots of demands placed on everyone. This year won't be any different so start early and take some of the stress off in November and December!



Boat Det meets with President Bush

### Executive officer's corner

Greetings! I was really happy to see our first newsletter get some positive feedback. Even though we were pretty darn pleased with the finished product, we can always make it better. That's where we need your help, starting with the newsletter's name. We've called it the "Galveston Times" only to get it kicked off. Now we want to hear from you! Drop our editor a note at [dblock@msstgalveston.uscg.mil](mailto:dblock@msstgalveston.uscg.mil) with your ideas on a name by November 15, 2005. Once we get all the submissions, the crew will vote on which they like best. The winner will receive \$20 restaurant gift certificate! Be well. LT Garcia

### Command chief's corner

Greetings again from ITC Dennis James, the Command Chief for MSST Galveston. A lot has happened since the last newsletter, most notably Hurricane Katrina. In response to the devastation along the upper Gulf Coast, the members here performed admirably while working in New Orleans. I would also like to thank the unit

Ombudsman, Stephanie Pipkin, for her work organizing the donation of items for the victims of Katrina. For those who would like to assist other members of our Coast Guard family that have been impacted by the storm, you may contribute to Coast Guard Mutual Assistance (CGMA). CGMA representatives are currently in Florida, Alabama, Mississippi and Louisiana assisting. If you wish to assist Coast Guard members and their families, you can donate to CGMA by visiting their website at [www.cgma.org](http://www.cgma.org). At the website is a link to donate directly to Katrina relief for CG members.

I hope that everyone was able to attend either the unit get-together or the Coast Guard day activities in League City. It was a great chance to meet other CG families. The next organized function on the calendar is the unit Christmas party. We are in the preliminary stages of planning both an adult party and children's party. If anyone would like to assist please let me know.

Do you have "ICE" on you cell phone? There is no simpler way of letting emergency services know who to contact should you be involved in an accident than by using ICE. Standing for In Case of Emergency, ICE will allow emergency services personnel to quickly contact someone who can be informed of the incident. Type the acronym ICE followed by a contact name (for example, ICE-Mom or ICE-David) into the address book of your cell phone. Save their phone number. Tell your ICE contact that you have chosen them.

A reminder as previously posted in the last newsletter, all active duty members should note that their Servicemember's Group Life Insurance (SGLI) maximum coverage will increase from \$250,000 to \$400,000 on Sept 1<sup>st</sup> this year. Rates per \$1000 will remain the same at 6.5 cents. Currently \$250,000 coverage costs \$16.25 per month; \$400,000 will cost \$26.00 per month.

This will be my last contribution to the newsletter as the Command Chief. MKCS Michael Krumpke will be taking over as the unit Command Chief. Welcome aboard Mike.

That's it, remember the Command Chief is here to assist, feel free to call.

Greetings from MKCS Michael Krumpke, MSST Galveston's Engineering Petty Officer. I officially took over for ITC James on 06 October. I recently transferred to this unit from USCGC Walnut, a buoy tender based out of Honolulu, Hawaii. As such, I was afforded the opportunity to serve the unit in the capacity of Command Senior Chief. I look forward to working with this dedicated, hard working crew, and the day-to-day challenges we all face. If you need anything you can

contact me at 409-941-8108 or [mkrumpke@msstgalveston.uscg.mil](mailto:mkrumpke@msstgalveston.uscg.mil)

MKCS Michael Krumpke

## HURRICANNE INFORMATION

Hurricane Evacuation Site for Military Members and Direct Dependents

Having just been through an actual evacuation process in preparation for Hurricane Rita, I believe we all learned many valuable lessons that should be shared to ensure we are all more prepared for the next event. For those of you with family or friends located within a drivable distance from Galveston with whom you could shelter in the event of another evacuation, keep that as your first option. If you need another option, I offer you our units' primary designated "Safe Haven", Lackland Air Force Base in San Antonio, TX. This is typically a 5-6 hour drive west on I-10 from Houston, but actual times ranged from 6 - 25 hours depending on time of departure Wednesday. This site is ONLY for members and immediate Dependents, not mothers and in-laws etc unless they are your dependant in accordance with CG policy. Berthing is provided at no cost; however it is "squad-bay" style with rows of bunk beds. Pets could only be housed if shots records, carriers/kennels, and food are provided by you. Twice daily transportation to the kennel area was reported to be provided. Food, water, bedding is NOT provided, but access to on base exchange, commissary and several dinning halls as well as unlimited off base options within a short drive. The Group Galveston Chaplain, currently Chaplain Primeaux is the senior CG evacuation representative leading an advance team that will process you into shelter. YNC Anderson and his staff from MSST Galveston will be your primary point of contact to assist you through the check in process. It is vitally important that we know if you intend to use Lackland as your primary safe haven and that you check in with us when you actually depart for and as necessary in route if you are delayed or change your destination. Ensure you have your Military, or Dependent Identification card or you will not be permitted on the base. Directions are included in the Unit family hurricane information guide sent out earlier in the year and are repeated here. I 45 North to (exit 48 B) I 10 West towards San Antonio (195 Miles) in San Antonio stay straight onto US-90 West. Exit onto Military Drive (south). Enter Lackland Air Force Base at the Gateway West Gate (will be first Gate to your left) Follow the signs for Hurricane Evacuees to Arnold Hall.

Again this is an option available to your immediate military family at no cost. Ensure the unit knows you plan on using this option. Keep the unit posted on your arrival time or change of plans. A briefing including pictures will be available shortly for those who may be interested.

CWO Wilson

Educational services officer corner

## [Invest in your own future through Education](#)

Opportunities to continue your education abound, and with discipline and commitment anyone can take advantage of one of the best benefits the Military provides you. Here are two readily available means of financial support available to specific members of the CG Family. In short the Mutual Assistance SEG grant can reimburse any member of the CG Family pursuing their first degree up to \$160 per year for expenses NOT covered by another funding source. The Foundation Grant is for top performing Active Duty Enlisted personnel pursuing voluntary education opportunities. I've summarized each program below and have included web links to each if you would like more information.

### [Coast Guard Mutual Assistance Supplemental Educational Grant \(SEG\)](#)

<http://www.cgmahq.org/Assistance/Education/seg.htm>

The CGMA Supplemental Education Grant (SEG) Program offers financial assistance by reimbursing certain costs associated with seeking a **first undergraduate** (associate and/or bachelor) degree, or a Vocational and Technical Training (VoTech) certificate, or a General Equivalency Diploma (GED), **not otherwise covered** by Coast Guard Tuition Assistance or similar programs.

CGMA will reimburse up to **\$160** per eligible CGMA member per calendar year for documented education costs specifically required by a course of study.

SEG availability is subject to annual funding level changes; grants will be awarded on a first come, first served basis.

Since this program is designed to help individuals obtain their first degree, students who already have an associate or bachelor degree and are seeking a second degree at the same level are not eligible, nor are those seeking a graduate degree.

**Eligibility does not extend to CGMA members who are currently delinquent in repaying any CGMA loan or who appear on the CGMA Restricted List.**

### [Coast Guard Foundation Educational Grant](#)

<http://www.uscg.mil/hq/cgi/tuition/grantapplication.pdf>

The Coast Guard Foundation Enlisted Education Grant program is for E-3 to E-9. Not everyone submitting a request will be approved, so be sure to comply with all line items in ALCOAST 009/03 to be considered by the review panel for approval.

The maximum grant per year is currently \$350 per person per year. The grant may be used in the following ways:

Tuition costs NOT covered by the Tuition Assistance Program, Assessment Fees, Application Fees, Other Administrative Fees, Book Costs.

Active duty members applying for the CG Foundation Educational Grant will be screened based on the following criteria:

Be in Active Duty status, serving in pay grades E-3 TO E-9, with two or more years of Coast Guard Experience. Receive a positive Commanding Officer endorsement attesting to the applicants' capabilities and motivation to excel both professionally and academically. *CWO FJ Wilson*

Chaplain's corner

“The speed of Karma is proportionally related to the velocity of the deed”

In most of the ancient wisdom of the world there is contained a principle which has come down to us under various guise. It is known to some as the Wheel of Karma, to others as “you reap what you sow” and in more modern times as “you get what you give”. I like to refer to this principle as the “Boomerang Effect” or to put it in more scientific terminology “The Principle of Reciprocity”. It means very simply that there is a direct correlation between your conduct and attitude and the conduct and attitude you can expect to receive from others. For example, if you are irascible and deal with others in this manner, you will most likely get irascible behavior in return. Why this happens has to do with human nature. Most of us are affected by the mood and actions of those around us. If you find this hard to believe just observe yourself carefully the next time you are driving your car along the Galveston Seawall at four

o'clock on a summer's afternoon. You may embark on this journey brimming over with sweet serenity, but as soon as someone cuts you off 3 or 4 times you might notice you are gripping the wheel a little harder and driving more erratically. If you start at the west end of the seawall, by the time you reach Pleasure Pier you will be foaming at the mouth and ducking through traffic like a prize fighter. This of course is perfectly normal; after all it is the accumulated effect of millions of years of genetic programming. This little experiment, however, should impress upon you the truth of the principle of reciprocity.

Now what can we learn from all this that will help us to survive and prosper in the hustle and bustle of modern living? Namely this, do unto others as you would have them do unto you. If you follow this simple formula for successful relations with your fellow man you will balance your Karma, achieve self-actualization and most likely be called a very nice person.

Semper Paratus,

*Chaplain Primeaux*

[jprimeaux@grugalveston.uscg.mil](mailto:jprimeaux@grugalveston.uscg.mil)  
(409) 766-5667

Obudsman corner

Hello all,

It's been such a hectic few weeks and months, that I hardly know where to begin. It seems as if just about everyone was deployed somewhere recently, be it Florida, schools, or New Orleans. I'm sure that with school, work, sports, and all of the other little things, you've all probably been as busy as I have. Please excuse me if this letter is a bit random, but I have a lot of things that I wanted to mention.

I'd like to give a big thank you to all of the families who participated in the family day that we had at the beginning of August. It was a horrendously hot day, it was good to have an air conditioned room that we could escape to when our brains began to melt. Despite the heat, we had good food, and fun. The kids played catch with the football and a few dads and moms joined in, and the little ones had a wonderful time blowing huge bubbles. As far as the boat ride, it was fun to get out onto the water and interesting seeing Galveston from a completely different perspective. My littlest one got a little sea sick, but perked back up once we got back on dry land. I can only speak for my family, but I hope that the crews who volunteered for that day had even half of the fun that we did. Petty Officers Cesiano, Liebenson,

Campbell, Sawicki, Rivas, and Walton, thank you so much for giving your time to us that day.

I also need to thank those who helped with the care packages for our people in New Orleans. I wanted Danny to take some pictures when they arrived, but he said that everyone grabbed their package and disappeared. I don't know what everyone sent, but I guess whatever it was, it was needed and appreciated.

A quick note about the clothing drive. We had great participation, I have 4 huge boxes in my foyer to prove it. Unfortunately, once it was all collected, I couldn't find anyone still accepting tangible donations. So anyone who knows of somewhere I can take the items that were so generously donated by our families, please let me know. I assume that once they have time to process the clothing and toys that they have, the local organizations will be able to accept more.

Also, although you may not need it, I wanted to remind everyone of the number for the Employee Assistance Program (1-800-872-4957). I don't know if the extension for our area will work as it is in New Orleans, but Mari, the Ombudsman at large told me that we can contact Portsmouth instead if ours isn't working (1-800-222-0364).

<http://www.uscg.mil/hq/g-w/g-wk/wkw/index.htm>

I've sent in a list of things to do in our area to be put with the newsletter, but I don't know if they will be able to include it as it's big enough to choke a mule. But if they do, be sure to check it out, there's a lot of great stuff going on in the next couple of months.

Finally, a few of the moms have expressed interest in organizing a play group for the little ones who are not in school. Anyone who would like to coordinate that or participate, please contact me.

To close, I'd like to say that I've had more contact with our families in the last month or so than I've had in the past, and realize more than ever what a great bunch of people we have.

Thanks again to all who have helped out and given advice.

Take care,

Stephanie

409-771-4377

[OmbMSST91104@aol.com](mailto:OmbMSST91104@aol.com)

Pipkin

## LOCAL EVENTS

### Ongoing

**Yale Street Arts and Flower Market** - Houston - 1st Saturdays - Live entertainment  
<http://www.yalestreetmarket.com/>

**Bayou City Farmers' Market** - 3000 Richmond, Houston - 4:00PM - 7:00PM every Wednesday and Saturday - Fresh local produce and other goods every week at the Bayou City Farmers' Market. You'll find anything from free range eggs to handmade soaps. A true producers' market, only goods grown or handmade by the vendors are sold -- nothing is imported. Phone: 713-880-5540.

## September

**Great Dog Sit-in** - Sam Houston Park 1100 Bagby - Sep 24, 9:00AM-12:00PM - (\$20, includes t-shirt.) All proceeds will benefit PAWS Houston, a non-profit organization which benefits elderly and terminally ill pet owners. PAWS is hoping to make the Guinness World Record for the largest dog class. Dogs will participate in synchronized tricks led by local 'dog whisperer' Jim Burwell. The sit-in will also feature a visit from Radar, KPRC's weather dog, and a raffle for two round-trip tickets in the continental U.S. or Latin America. Participants who pre-register by September 14 will receive one free raffle ticket.  
<http://www.pawshouston.org/>

**Oak Tree Festival** - League City - Sep 25 - Silent auction, live entertainment, dance troupes, children's entertainment, clowns, children's train, petting zoo, moon walk, rock wall, games, & more. <http://www.oaktreefestival.com/>

**Mummy: the inside story** - Houston Museum of Natural Science - Sep 30 - Feb. 12 - allows visitors to experience cutting-edge technology that illuminates the secrets of an Egyptian priest's life and death while leaving him as undisturbed as he has been for nearly 3,000 years. Phone 713- 639-4629; [www.hmns.org](http://www.hmns.org)

## October

**Renaissance Festival** - Plantersville - Oct 1 - Nov. 20th - each of the eight weekends themes include Oktoberfest, 1001 Dreams, Jour de l'amour, Roman Bacchanal, All Hallows' Eve, Highland Fling, Glorias de Espana and Celtic Christmas. More than 200 daily performances, featuring jugglers, musicians, comedians, fire-eaters and sword fighters. Artisans sell handmade jewelry and crafts in 300 shops, and at dusk fireworks conclude the day's festivities.  
<http://www.texrenfest.com/>

**Dewberry Farm** - Brookshire - Oct 1 - Nov 27 - 8 acre corn maze, barnyard animals, corn cannon, hay rides, corn train, goat walk, rat racers, flower patch, singing chickens, hay mountain, pedal carts.  
[www.dewberryfarm.com](http://www.dewberryfarm.com)

**Greek Festival** - Houston - Oct 6-9 - Authentic handmade Greek foods, Greek music and folk dancing, Cathedral tours, artifacts, and free METRO shuttle from Lamar High School.  
<http://www.greekfestival.org/>

**Fright Fest** - Six Flag AstroWorld - Oct. 7-30, Friday, Saturdays and Sundays - A month-long Halloween celebration with terrifying haunted houses, spooky shows, and zombies. Phone 713-799-1234; <http://www.sixflags.com/>

**Pumpkin Patch at Nature Discovery Center** - Bellaire - Oct 8-9 - Family fun, food, and games. All the pumpkins on the lawn provide great photo opportunities.  
<http://www.naturediscoverycenter.org/>

**Downtown Lofts Tour** - Historic downtown Galveston - Oct 8-9 - Take a tour of eight beautiful and elegant historic buildings in the Historic Downtown Strand District during this annual two day tour event. Phone: 409-763-7080;  
<http://www.guidrynews.com/05GCEN/HistoricDowntownStrandPartnership/23005.htm>

**Wings Over Houston Air Show** - Ellington Field - Oct 8-9 - The skies hosts precision flying, aerobatics and equipment demonstrations. Ground exhibitions include a collection of modern military jets and World War II warplanes. Phone 713-266-4492;  
[www.wingsoverhouston.com](http://www.wingsoverhouston.com)

**Cajun Catfish Festival** - Conroe - Oct 14-16 - Make friends, have fun, and celebrate Texas roots. Wine tasting, Texas old time fiddler's contest, Western Swing, Blues, Zydeco, Texas country.  
<http://www.conroecajuncatfishfestival.com/>

**Fire Fest** - Houston - Oct 15 - Real firefighters, real fun. Fire demonstrations, fire trucks, music, food, vendor booths, and children's area.  
<http://www.houstonfiremuseum.org/>

**Clean Galveston Downtown Walk-about** - Oct 15 - Participate in a unique treasure hunt in the Historic Downtown Strand District where you'll visit 25 merchants in the area for a chance to win an array of wonderful prizes. Phone: 409-762-3363

**Buffalo Bayou Regatta and Outdoor Expo** - Houston - Oct. 15 - Texas' largest kayak and canoe race! Whether you paddle competitively or just for fun, the Buffalo Bayou Regatta is a great way to see Houston from a whole new angle. 15-mile canoe and kayak race through the heart Houston. <http://www.buffalobayou.org/>

**McDonald's Halloween Mansion** - The Children's Museum of Houston - Oct. 15-31 - Kids can have a spooktacular good time as The Children's Museum of Houston becomes the McDonald's Halloween Mansion for two action-packed weeks. Encounter lurking spiders hanging from their webs, friendly ghosts, good-natured goblins, dancing skeletons, a plethora of pumpkins and dance to the sounds of hauntingly fun music. All activities included in price of admission. Phone 713-522-1138; <http://www.cmhouston.org/>.

**Houston Zoo's Zoo Boo** - Oct. 21-23 and Oct. 28-30 - Enjoy trick-or-treating fun with a "naturally wild" twist. Explore the animal-themed Happy Haunted House and the 500 illuminated pumpkins by the zoo reflection pond. The event includes craft booths, costume parades, contests, magic shows and children's music concerts. All activities included in price of Zoo admission. Phone 713-533-6500, <http://www.houstonzoo.org/>.

**Starlight Cinema** - Miller Outdoor Theatre Houston - Oct 21 - Enjoy a family-friendly movie when Starlight Cinema presents *Charlotte's Web* on the big screen. Phone 713-284-8350; <http://www.milleroutdoortheatre.com/>

**Texian Market Days** - Richmond - Oct 22-23 - A living view of Texas' past, Texian marketplace, demonstrations of blacksmith, cowboy and cattle-handling skills, antique tractor show & pull. <http://www.georgeranch.org/>

**Starlight Cinema** - Miller Outdoor Theatre Houston - Oct 28-29 - Features the family-friendly films *Willy Wonka and the Chocolate Factory* and *Chitty Chitty Bang Bang*. Phone 713-284-8350; <http://www.milleroutdoortheatre.com/>

**Day of the Dead Festival** - 1900 Kane St Houston - Oct. 29-30 - *Día de los Muertos* festivities feature traditional celebrations from Latin America, with an altar exhibit competition, auction, foods from Latin American countries, and vendors selling authentic Latin American *Día de los Muertos* arts and crafts. The festival is truly a community cultural event celebrating our ancestors and Latin American traditions. Free. Phone 713-802-9370, <http://www.meca-houston.org/>.

**Ghostly Gardens** - Moody Gardens Galveston - Oct.30 - Enjoy the Ghostly Gardens from 2 to 4 p.m. with free trick-or-treating, crafts and a costume contest in the Garden Lobby at 3 p.m. Children 12 and under can enter the Goblin costume contest and win fun prizes. You can also enjoy a free screening of a classic scary movie in the haunted preview theatre. All activities included in price of admission. Phone 800-582-4673; [www.moodygardens.com](http://www.moodygardens.com).

**Halloween Boo Bash For Kidz** - Traders Village - Oct. 30 - Throw on your best Halloween costume and get ready to do the Monster Mash as Traders Village presents the annual Boo Bash, 1 to 4 p.m. The biggest free spooktacular for kids in Houston features continuous live musical entertainment and activities and monster-sized trick-or-treating. Free. Phone 281-890-5500, [www.tradersvillage.com](http://www.tradersvillage.com).

## November

**Lone Star Motorcycle Rally** - Nov 3-6 - Various Locations Island-Wide, Galveston - See over 20,000 of some of the finest machines known to man during this four day motorcycle rally that includes numerous contests and special events, as well as live entertainment. Phone: 888-425-4753 <http://www.lonestarrally.com/>

**Greek Festival** - Nineteenth & Ball Streets, Galveston - Nov 4-6 - This three day, annual November festival features authentic Greek foods, pastries, wines, entertainment, and traditional folk dances of the Mediterranean and Aegean Islands. Tours of the Greek Orthodox Church will be offered. Phone: 409-762-7591 <http://www.guidrynews.com/05Community/23005GreekOrthodoxChurch.htm>

**End of Season Fly Day** - Lone Star Flight Museum - Nov 13 - informal one day air show. Features old war birds flying before they are hangared until the next air show season. Phone 409-740-7722 <http://www.lsfm.org/>

**Washington Mutual Thanksgiving Day Parade** - Houston - Nov 24 - begins at 9 a.m. in downtown. Watch the parade from curbside for free or from ticketed reserved seats in select areas. Phone 713-654-8808; <http://www.wamuparade.com/>.

**Uptown Holiday Lighting** - Post Oak Boulevard Houston - Nov. 24 - Kick off the holiday season Thanksgiving evening. As yuletide music fills the air, a crowd-pleasing flip of a switch simultaneously illuminates the half million lights in Christmas trees

lining. Fireworks end the evening. Phone 713-621-2011; <http://www.uptown-houston.com/>.

**Official Holiday Tree Lighting Spectacular** - Seawall Blvd, Galveston - Nov 26 - Lighting of a 35 ft. tree. Includes holiday music, dazzling lights, bands, petting zoo, and a visit from Santa Clause who makes his visit to the Island on a helicopter. Phone 409-744-1500

## December

**Dickens on The Strand** - Dec 2-4 - Galveston's Victorian past comes to life with period entertainment, costumed participants and hearty British fare in the Strand National Historic District. The Galveston Historical Foundation recreates Queen Victoria's London for the Southwest's most charming holiday celebration. <http://www.dickensonthestrand.org/>

**Candlelight Tours** - Houston - Dec. 9-10 - The Heritage Society of Houston treats visitors to special tours of the historical homes in Sam Houston Park, each decked out with seasonal decorations reminiscent of a century ago, while costumed carolers and musicians offer a serenade for the season. <http://www.heritagesociety.org/>

**Festivals of Light** - The Children's Museum of Houston - Dec 10 - Jan. 8 - The city's only multicultural holiday exhibit spotlighting eight cultural celebrations: Ramadan, Diwali, Santa Lucia, Los Posadas, Hanukkah, Christmas, Kwanzaa and Chinese New Year. Phone 713-522-1138 <http://www.cmhouston.org/>

**Texas Championship Pow Wow** - Traders Village Houston - Dec 12-13 - Native Americans representing dozens of tribes celebrate their culture and heritage. Dancers in full traditional dress perform as artisans, craftsmen and traders share their talents and wares. Phone 281-890-5500; [www.tradersvillage.com](http://www.tradersvillage.com).

**Festival of Lights** - Moody Garden Galveston - Dec 19 - Jan 7 - One of the largest presentations of Christmas lights in southeast Texas. Phone 800-582-4673 <http://www.moodygardens.com/>

## Health & fitness

As part of the unit's commitment to physical fitness an "IRON SAILOR" award was established for personnel who meet the following conditions during the Commands semi-annual physical fitness test:

- Attain a cumulative score of 80 points.

- Scoring at least 10 points on the push-ups, sit-ups, 12 minute swim, and half mile run.
- Scoring at least 5 points on the pull-ups and sit & reach.

The following people earned the IRON SAILOR award during the unit's July Physical Fitness test:

LCDR Leuenberger	BM1 Hirn	GM1 Watts
LT Garcia	MK3 Marshall	GM3 Whitley
LT Block	MK2 Perez	YN2Lizama
LTjg Whiteside	MK3 Canaval	GM3 Herried
LTjg Hobbs	BM3 Stuart	BM2 Kifer
MK3 Clevenger	BM3 Vetter	BM2 Partin
EM3 Mascitelli	GM1 West	MK2 Elder
BMC Arndt	MK2 Little	PS2 Maggiolino
PSC Warner	PS2 Way	PS3 Hammett
BM3 Kabzinski		

## SAFETY

### Halloween Safety

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Halloween is a cherished tradition but the excitement of the night can cause children to forget to be careful. There is no real "trick" to making Halloween a real treat for the entire family. The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes. Many communities officially designate a "Beggars' Night" and assign specific hours for trick-or-treat activities. Both children and adults need to think about safety on this annual day of make-believe.

### Motorists

The National Safety Council urges motorists to be especially alert on Halloween.

- Watch for children darting out from between parked cars.
- Watch for children walking on roadways, medians and curbs.
- Enter and exit driveways and alleys carefully.
- At twilight and later in the evening, watch for children in dark clothing.

### Parents

Before children start out on their "trick or treat" rounds, parents should:

- Make sure that an adult or an older responsible youth will be supervising the outing for children under age 12.
- Plan and discuss the route trick-or-treaters intend to follow. Know the names of older children's companions.
- Instruct your children to travel only in familiar areas and along an established route.
- Teach your children to stop only at houses or apartment buildings that are well-lit and **never** to enter a stranger's home.
- Establish a return time.
- Tell your youngsters not to eat any treat until they return home.
- Review all appropriate trick-or-treat safety precautions, including pedestrian/traffic safety rules.
- Pin a slip of paper with the child's name, address and phone number inside a pocket in case the youngster gets separated from the group.

### **Costume Design**

- Only fire-retardant materials should be used for costumes.
- Costumes should be loose so warm clothes can be worn underneath.
- Costumes should not be so long that they are a tripping hazard. (Falls are the leading cause of unintentional injuries on Halloween.)
- If children are allowed out after dark, outfits should be made with light colored materials. Strips of retro-reflective tape should be used to make children visible.

### **Face Design**

- Masks can obstruct a child's vision. Use facial make-up instead.
- When buying special Halloween makeup, check for packages containing ingredients that are labeled "Made with U.S. Approved Color Additives," "Laboratory Tested," Meets Federal Standards for Cosmetics," or "Non-Toxic." Follow manufacturer's instruction for application.
- If masks are worn, they should have nose and mouth openings and large eye holes.

### **Accessories**

- Knives, swords and other accessories should be made from cardboard or flexible materials. Do not allow children to carry sharp objects.
- Bags or sacks carried by youngsters should be light-colored or trimmed with retro-reflective tape if children are allowed out after dark.
- Carrying flashlights will help children see better and be seen more clearly.

### **On the way**

Children should understand and follow these rules:

- Do not enter homes or apartments without adult supervision.
- Walk, do not run, from house to house. Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards.
- Walk on sidewalks, not in the street.
- Walk on the left side of the road, facing traffic if there are no sidewalks.

### **Treats**

To ensure a safe trick-or-treat outing, parents are urged to:

- Give children an early meal before going out.
- Insist that treats be brought home for inspection before anything is eaten.
- Wash fruit and slice into small pieces.
- When in doubt, throw it out.

### **welcome aboard corner**

The Command would like to welcome aboard the following personnel:

MK3 Jared Campbell who reported from CGC WEDGE



**MK3 Jared Campbell**

### **Departure corner**

The Command would like to wish "Fair Winds and Following Seas" to our departing personnel:

YN2 Danele Restuch – CG Headquarters  
 Washington D. C.  
 MK2 Rusty Wisenbaker – Aids to Navigation Team  
 Galveston, TX



YN2 Danele Restuch



MK2 Rusty Wisenbaker

### AWARDS/PROMOTIONS CORNER

The Command would like to congratulate SK2 Christopher Cartwright who was selected as the unit's Enlisted Person of the Quarter.



SK2 Chris Cartwright

The following people were promoted to their current rank during the last quarter:

- |                     |                   |
|---------------------|-------------------|
| BM1 Jared Campbell  | BM1 David Hild    |
| BM1 Clint Seawright | GM1 Guy Watts     |
| BM2 Darren Conner   | BM1 Bryan Hirn    |
| LTjg Andy Hobbs     | BM1 David Ramirez |



GM1 Guy Watts promotion ceremony

The Command would also like to congratulate the unit's softball team, which took home first place at the recent Coast Guard Day picnic.

**Coast Guard Day Champion Softball Team**



The unit's Maritime Law Enforcement Team recently returned from Non-Compliant Boarding Training in Miami, where they became the first MSST to graduate all its participants. BZ to all who attended.



SHARP DAGGER graduates

### Editors note

I would like to express my deepest appreciation to all the family members who had to evacuate the area without your significant other, due to hurricane RITA, while your husbands/wives rode out the storm in Reliant Center. My wife Dori spent 21 hours on the road trying to reach Dallas. She eventually gave up and road out the storm with friends in Spring, TX. She did her best to describe the horrors she witnessed on I-45. But at the same time she also described how ordinary people came to the aid of stranded motorists by offering water, food, a place to stay, and directing traffic on some of the back roads. I'm sure there are many of you who have similar stories. While the storm didn't bring the damage as predicted it underscored the importance of be prepared during hurricane season.

As always we are looking for articles or ideas for the news letter. If you would like to submit something or have an idea please don't hesitate to contact me at (409) 941-8104, or email to [dblock@msstgalveston.uscg.mil](mailto:dblock@msstgalveston.uscg.mil).  
*LT David Block*