



Finding the best place to study: Analyzing distractions

List three places where you usually study, in the order you most use them:

A. _____ B. _____ C. _____

Is the following true (T) or false (F) for each place you study:	<u>Place A</u>		<u>Place B</u>		<u>Place C</u>	
1. Other people often interrupt me when I study here.	T	F	T	F	T	F
2. Much of what I can see here reminds me of things that don't have anything to do with studying.	T	F	T	F	T	F
3. I can often hear radio or TV when I study here.	T	F	T	F	T	F
4. I can often hear the phone ringing when I study here.	T	F	T	F	T	F
5. I think I take too many breaks when I study here.	T	F	T	F	T	F
6. I seem to be especially bothered by distractions here.	T	F	T	F	T	F
7. I usually don't study here at a regular time each week.	T	F	T	F	T	F
8. My breaks tend to be too long when I study here.	T	F	T	F	T	F
9. I tend to start conversations with people when I study here.	T	F	T	F	T	F
10. I spend time on the phone here that I should be using for study.	T	F	T	F	T	F
11. There are many things here that don't have anything to do with study or schoolwork.	T	F	T	F	T	F
12. Temperature conditions here are not very good for studying.	T	F	T	F	T	F
13. Chair, table, and lighting arrangements here are not very helpful for studying.	T	F	T	F	T	F
14. When I study here, I am often distracted by people-watching.	T	F	T	F	T	F

Add up the total "T" for each study location. The place that has the most "true" may have too many distractions and would not be the best place to study. Alternatives are provided on the other side >>

(Adapted from Raygor and Wark, *Systems for Study*)

UT has some great places to study, so don't feel stuck in the first spot you try. Explore the campus and find a study environment that suits you:

Name	Location	Name	Location
Architecture and Planning Library	Battle Hall 200	Physics Mathematics Astronomy (Kuehne) Library	RLM 4.200
Benson Latin American Collection	SRH 1.108	Public Affairs (Wasserman) Library	SRH 3.200
Chemistry (Mallet) Library	WEL 2.132	Center for American History	SRH 2.101
Engineering (McKinney) Library	ECJ 1.300	Flawn Academic Center (FAC)	West Mall
Fine Arts Library	Doty Fine Arts Building 3.200	The Union	24 th and Guadalupe
Geology (Walter) Library	JGB 4.202	Reliant Productivity Center	CBA 4.112A
Life Science Library	Tower, 220	AIM Reading Room	CBA, 4 th floor
Perry-Castañeda Library (PCL)	Speedway & 21 st	School of Nursing Learning Center	NUR 5.102

Other study spots that students recommend:

- Nice coffee shops, including one at the Alumni Center and a couple on the Drag.
- Outdoor areas on campus, such as the patio area between the Union and the FAC, on the lawn in the Six-Pack, or near one of the many campus fountains or statues.

What about good places to nap?

Aside from the standard 3rd floor of the Union, here are a few other spots to try:

- The Six-Pack
- The Architecture courtyard
- Beside the turtle pond
- On the long cushioned benches on the bottom floor of the Business School