

MEDICATIONS

Definitions:

Alcohol. The intoxicating agent in beverage alcohol, ethyl alcohol or other low molecular weight alcohols, including methyl or isopropyl alcohol. *See* 33 CFR 95.010.

Controlled substance has the same meaning assigned by 21 U.S.C. 802 and includes all substances listed on Schedules I through V as they may be revised from time to time (21 CFR Part 1308). *See* 33 CFR 95.010.

Dangerous drug means a narcotic drug, a controlled substance, or a controlled-substance analog (as defined in section 102 of the Comprehensive Drug Abuse and Control Act of 1970 (21 U.S.C. 802)). *See* 46 CFR 16.105.

Drug means any substance (other than alcohol) that has known mind or function-altering effects on a person, specifically including any psychoactive substance, and including, but not limited to, controlled substances. *See* 33 CFR 95.010.

Intoxicant means any form of alcohol, drug or combination thereof. *See* 33 CFR 95.010.

Prohibitions:

Illegal Substances: Use of illegal or illegally obtained substances, including all illegal or illegally obtained dangerous drugs (as defined in 46 CFR 16.105), is incompatible with maritime service and is not waivable under any circumstances.

Intoxicants: Operation of vessels while under the influence of drugs or alcohol is regulated under 33 CFR Part 95. Issuance of a credential does not authorize a mariner to operate a vessel in contravention of 33 CFR Part 95. *See also* 46 USC § 2302.

Prescription and Over-the-Counter Medications:

Credential applicants who are required to complete a general medical exam are required to report all prescription medications prescribed, filled or refilled and/or taken within 30 days prior to the date that the applicant signs the CG-719K or approved equivalent form. In addition, all prescription medications, and all non-prescription (over-the-counter) medications including dietary supplements and vitamins, that were used for a period of 30 or more days within the last 90 days prior to the date that the applicant signs the CG-719K or approved equivalent form, must also be reported.

Use of certain medications is considered disqualifying for issuance of credentials. The underlying cause or need for use of these medications and potential side effects may result in denial of a credential application or require a waiver. Applicants are encouraged to discuss with their health care providers suitable alternative medications to those drugs listed below.

MEDICATIONS

The following is a non-exhaustive list of prescription and over-the-counter medications that may be subject to further medical review in accordance with enclosure (6).

Anti-Depressants: Waiver is required, excluding use as a smoking cessation aid and with Premenstrual Dysphoric Disorder (PMDD).

Anti-Motion Sickness Agents: Use is approved when used in accordance with manufacturers' warnings and directions.

Anti-Psychotics: Waiver is required.

Anti-Convulsives: Waiver is required.

Anti-Histamines: Non-sedating medications, such as loratadine (Claritin), fexofenadine (Allegra) and desloratadine (Clarinex), are acceptable when used in accordance with manufacturers' warnings and directions. Sedating medications used during, or within 24 hours prior to, acting under the authority of the credential require a waiver.

Barbiturates, Mood Ameliorating, Tranquilizing, or Ataraxic Drugs: Waiver is required.

Benzodiazepines: Waiver is required if used during, or within 7 days prior to, acting under the authority of the credential.

Cough Preparations with Dextromethorphan, Codeine, or other Codeine-Related Analogs: Use of over-the-counter medications is approved when used in accordance with manufacturers' warnings and directions. Prescription medications require waiver if used during, or within 24 hours prior to, acting under the authority of the credential.

Diet Aids (e.g. Dexatrim, Metabolife, etc.) and Stimulants (e.g. modafinil, amphetamines, etc.): Use of over-the-counter medications is approved when used in accordance with manufacturers' warnings and directions. Prescription medications require waiver if used during, or within 48 hours prior to, acting under the authority of the credential.

Hypnotics (sleeping aids) and Sedatives: Waiver is required if used during, or within 48 hours prior to, acting under the authority of the credential.

Legally Prescribed Controlled Substances (including legally prescribed narcotics and legally prescribed medications which contain narcotics such as Tylenol w/ codeine): No waiver required if not used during, or within 48 hours prior to, acting under the authority of the credential. May be waivable under exceptional circumstances if used during, or within 48 hours prior to, acting under the authority of the credential.

MEDICATIONS

Medical Use of Hallucinogens (e.g. medical marijuana, peyote or ecstasy): Even if legalized by a state, is **not** waiverable under any circumstances.

Muscle Relaxants: Centrally acting (e.g. carisoprodol, meprobamate, cyclobenzaprine, methocarbamol, orphenadrine citrate, benzodiazepines, antimuscarinics and antihistamines, phenyltoloxamine, etc.): Waiver is required if used during, or within 48 hours prior to, acting under the authority of the credential.