

## ABBREVIATIONS

NVIC Abbreviation	Definition
2-D M-mode	Two-dimensional, motion-mode doppler echocardiography
AB	Able-bodied seaman
ACE	Angiotensin converting enzyme
AIDS	Acquired immunodeficiency syndrome
ANA	Anti-nuclear antibody
AO	American Optometry
ASAM	American Society of Addiction Medicine
AV	Atrioventricular
BP	Blood pressure
BPM	Beats per minute
BUN	Blood urea nitrogen
Ca	Calcium
CABG	Coronary artery bypass graft
CAD	Coronary artery disease
CBC	Complete blood count
CD4	Cluster of differentiation 4 ( white blood cells)
CEA	Carcino embryonic antigen
CFR	Code of Federal Regulations
CHF	Congestive heart failure
CG	Coast Guard
cm	Centimeter
COX-2	Cyclooxygenase -2
CT	Computed tomography
CVA	Cerebrovascular accident
CXR	Chest X-ray
DKA	Diabetic ketoacidosis
DLCO	Diffusing capacity of the lung for carbon monoxide
DM	Diabetes mellitus
DNA	Deoxyribonucleic acid
DOT	Department of Transportation
DSM-4	Diagnostic & Statistical Manual,
ECG	Electrocardiogram
EEG	Electroencephalogram
EKG	Electrocardiogram
FEV1	Forced expiratory lung volume in one second
FH	Food handler

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Free T4	Free thyroxine immunoassay
FVC	Forced vital capacity
GFR	Glomerulo filtration rate
GMDSS	Global Maritime Distress & Safety System
GRT	Gross register tons
GTT	Glucose tolerance test
GXT	Graded exercise test
HBeAg	Hepatitis B e antigen
HBsAb	Hepatitis B surface antibody
HDL	High density lipoprotein
Hg A1c	Glycosylated hemoglobin
HIV	Human Immunodeficiency Virus
HLA B 27	Histocompatibility lymphocyte antigen test
HR	Heart rate
HTN	Hypertension
IOP	Intraocular pressure
LDL	Low density lipoprotein
LFT	Liver function test
LTi	Latent tuberculosis infection
METS	Metabolic exercise test score
MMC	Merchant mariner's credential
MMD	Merchant mariner's document
MRA	Magnetic resonance angiogram
MRI	Magnetic resonance imaging
NMC	National Maritime Center
NPC	Near point of conversion
NSAID	Non-steroidal anti-inflammatory drug
NVIC	Navigation & Vessel Inspection Circular
OCMI	Officer in Charge, Marine Inspection
OS	Ordinary seaman
OTC	Over-the-counter
PCR	Polymerase chain reaction
PFT	Pulmonary function test
PIC	Person-in-charge
PO4	Phosphorus
PPD	Purified protein derivative
PPE	Personal protective equipment

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PSG	Polysomnography
PTCA	Percutaneous transluminal coronary arterioplasty
PVC	Premature ventricular contraction
QMED	Qualified member of engineering department
RAT	Read aloud test
REC	Regional Exam Center
RFPEW	Rating forming part of an engineering watch
RFPNW	Rating forming part of a navigational watch
RNA	Ribonucleic acid
SAP	Substance abuse provider
STCW	Standards of Training, Certification, and Watchkeeping
STFH	Steward's department food handler
TIBC	Total iron-binding capacity
TNM	T = untreated primary tumor. N = regional lymph node. M = distant metastases.
TSH	Thyroid stimulating hormone
UA	Urinalysis
VTA	Vision testing apparatus