

# PORT OF YORK

## U.S. Coast Guard Training Center Yorktown, Va.



### *Lunch Menu: WEEK OF 06 Oct 2008*

#### **MONDAY**

CHICKEN ITALIANO, PASTA SALAD, SAUTEED GREEN BEANS AND MUSHROOMS,  
DINNER ROLLS, SALAD BAR, MINISTRONE SOUP, PORT OF YORK DESSERTS

#### **TUESDAY**

CHARLESTON PORK TENDERLOIN, RED BLISS POTATOES, SEASONED VEGETABLES,  
DINNER ROLLS, SALAD BAR, CHICKEN NOODLE SOUP, PORT OF YORK DESSERTS

#### **WEDNESDAY**

CHICKEN SICILY, BLACK PEARL RICE, SEASONED SPINACH, SALAD BAR, GARLIC BREAD  
BEAN SOUP, PORT OF YORK DESSERTS

#### **THURSDAY**

PRIME RIB, GARLIC CHEDDAR SMASHED POTATOES, BROCCOLI W/ CHEESE SAUCE,  
DINNER ROLLS, SALAD BAR, FRENCH ONION SOUP, PORT OF YORK DESSERTS

#### **FRIDAY**

FREID / BAKED HADDOCK, AU GRATIN RICE, STEAMED CALI VEGGIES, DINNER ROLLS,  
SALAD BAR, SHRIMP SCAMPI, MANHATTAN CLAM CHOWDER, PORT OF YORK DESSERTS

Breakfast hours: 0700-0800

Lunch hours: 1115- 1300 for authorized base personnel

1145 1300 for all other authorized personnel

\$7.00 on base personnel / \$7.50 off base personnel

Closed on Sundays Prior to Monday Holidays