

COAST GUARD PERSONNEL SERVICE CENTER

PHYSICAL EVALUATION BRANCH (ADM-1)
QUARTERLY NEWSLETTER**ADM-1's Special points of interest:**

- CG PC has now transitioned to CG PSC.
- When submitting a medical board to ADM-1 use our current version of the [CG-4920](#).
- We are in the final steps for the new PDES Manual. We will have more information to follow.
- When submitting a Command Endorsement, it must be signed by a commissioned officer.
- ADM-1 recommends the use of [ROM Measurement Template](#) when completing range of motion measurements.

Incoming and Departing Personnel:

Adm-1 is currently undergoing a shift in personnel. Our Branch Chief CAPT Bruce has taken Command of the HSWL. His replacement is CDR Kotson from Air Station Astoria, OR. We have a new Ombudsman Jason Sisto. YN1 Storey transferred within PSC, YN1 Gail Graham is currently training to fulfill the position of PDES Coordinator. Both YN3 Angiono, and YN3 Clark are transferring this season, YN3 Harper replaced PO Angiono as the IPEB coordinator. SNYN Shema will be replacing PO Clark as the FPEB coordinator. With all the transitioning here in adm-1, we ask you to continue to check the adm-1 website for up to date contact information.

Thank you

COAST GUARDS 2009 PDES AND USHPS CONFERENCE

The 6th Annual Physical Disability System Workshop was held in sunny Orlando, FL. In attendance was the CG PSC adm-1 staff, Captain Norcross, USN from the Navy's Safe Harbor Program, as well as Captain Bruce from the newly established Health Safety and Work Life support activity, members of the reserve and enlisted components, CG-094M legal staff, and clinic administrators from within the Coast Guard. Some of the main topics of this year's conference were PDES boards, Law Manager, TLD/Ombudsman, Legal council, and the Navy Safe Harbor Program. Our next conference will be held in Feb, 2010 in New Orleans.

After the PDES conference, the Medical Officers attended one day of training from the new Health, Safety, and Work Life support Activity Staff followed by five days of the USAFP (Uniformed Services Academy of Family Physicians) Conference. This is an annual event hosted by the Academy where all primary care physicians in the military can get together and learn about the latest topics in health care--ranging from clinical subjects such as Pediatrics and Women's health to Battlefield Trauma and acupuncture.



The conference also provided valuable Continuing Medical Education (CME) credits, which are necessary for physicians to maintain their licensure and clinical credentials.

If you are interested in seeing the presentations from this year's PDES conference please contact adm-1.

WELCOME ABOARD TO CG PCS ADM-1 NEW OMBUDSMAN JASON SISTO

Hello Everyone! This is my first official Quarterly Newsletter since assuming the position of "Ombudsman" for the Coast Guard Personnel Service Center in March. As a retired Coast Guard member, it is a pleasure to return to Coast Guard service as a civilian. I am very excited about the opportunity to serve as an advocate for our members going through the PDES process and as a resource for clinic administrators throughout the Coast Guard.

So what is an Ombudsman? My primary focus and responsibility will be to assist members going through the PDES process. Additionally, I will be working

closely with clinic administrators to improve efficiency in our processes and ensure that everything flows quickly and smoothly for our members in the PDES process. Over the next few months you may notice some changes in our processes & how information is requested, provided and tracked. If you have any questions or concerns along the way, please don't hesitate to contact me.

Jay

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