

TRACEN PETALUMA GALLEY

22 - 28 September 2008

3	BREAKFAST	LUNCH	DINNER
MONDAY	Assorted Fresh Fruit Hot Grits Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Sausage Hash Browns Pancakes Chorizo & Eggs Warm Corn & Flour Tortillas	Turkey Mushroom Soup Veal Marsala Grilled Chicken Breast Fettuccini Pasta Marinara Sauce Mashed Potatoes & Gravy Steamed Cauliflower Snow Peas Dinner Rolls Turkey & Cheddar Subs Assorted Chips	Vegetable Beef Soup Mushroom Swiss Burgers Tuna Salad Subs Curly Fries Potato salad Mixed Vegetables Baked Beans
TUESDAY	Assorted Fresh Fruit Hot Farina Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Sausage Hash Browns French Toast Creamed Sausage Homemade Biscuits	Brunswick Stew Beef Short Ribs Fried Chicken Scalloped Potatoes Hopping John Collard Greens Fried Okra Corn Bread Cheese Quesadillas Nachoes	Sausage & Potato Soup American Chop Suey Grilled Pork Chops Wild Rice Potatoes O'Brien Brussel Sprouts Glazed Carrots Buttermilk Biscuits
WEDNESDAY	Assorted Fresh Fruit Hot Oatmeal Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Sausage / Ham Hash Browns Pancakes Grilled Ham Steaks	Hispanic Heritage Month Lunch Chili Stew Pernil Pork Pollo Rojo Arroz con Gandules Habicuelas Colorado Calabasas con Chile Rojo Mexican Corn Sautee Sweet Corn Tamalito Hot Rolls Assorted Sub Sandwiches Potato chips	Broccoli Cheese Soup Meatball Grinders Breaded Chicken Sandwiches Onion Rings Parmesan Pasta Creamed Spinach Peas & Carrots Dinner Rolls
THURSDAY	Assorted Fresh Fruit Hot Grits Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Apple Chicken Sausage Hash Browns French Toast Creamed Beef White & Wheat Toast Points	Coast Guard Bean Soup Beef Burgundy Turkey Ala King Buttered Egg Noodles Mashed Potatoes & Gravy Gazed Carrots Mediterranean Blend Vegetable Dinner Rolls Chicken & Cheese Subs Onion Rings	Tomato Basil Soup Pepperoni & Cheese Pizza Buffalo Wings Celery Sticks W/ Bleu Cheese Sauteed Zucchini Mozzarella Cheese Sticks Marinara Sauce Garlic Cheese Bread
FRIDAY	Assorted Fresh Fruit Hot Farina Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Sausage Hash Browns Pancakes Chorizo & Eggs Warm Corn & Flour Tortillas	Asparagus & Crab Soup Fresh Catch of the Day Grilled Tenderloin Steak Shrimp Creole Captains Seafood Platter Seafood Cold Bar Steamed Rice Baked Potatoes Capri Blend Vegetables Club Spinach Hot Rolls Assorted Cold Cut Subs Assorted Chips	Tortilla Soup Spicy Beef Tacos Pork Carnitas South of the Border Rice Refried Beans Mexi-Cali Corn Tortilla Chips Nacho Cheese Sauce Flour Tortillas
SATURDAY	Assorted Fresh Fruit Hot Oatmeal Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Sausage / Ham Hash Browns French Toast Creamed Sausage Homemade Biscuits	***BRUNCH*** Vegetable Soup Grilled Ham & Cheese Sandwiches Tator Tots Mixed Vegetables Grilled Eggs & Omelets to Order Breakfast Meats Hash Brown Casserole Blueberry Pancakes	Gumbo Chicken Etouffee Jambalaya Steamed Rice Dirty Rice Corn on the Cob Peas w/ Mushrooms Buttermilk Biscuits
SUNDAY	Assorted Fresh Fruit Hot Grits Grilled Eggs & Omelets to Order Hard Boiled Eggs Bacon / Sausage Hash Browns Pancakes Grilled Ham Steaks	***BRUNCH*** Split Pea Soup Fish Sandwich French Fries Monaco Blend Vegetables Grilled Eggs & Omelets to Order Breakfast Meats Hash Browns French Toast Puffs	Pumpkin Bisque Oven Roast Beef Roasted Tom Turkey Rice Pilaf Mashed Potatoes & Gravy Seasoned Succotash Green Beans Dinner Rolls

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods.

submitted by:

FSC D. L. Goudy
Food Service Officer

reviewed by:

FSCM M. O'NEILL
FS 'A' School Chief

approved by:

Captain C.J. Hall
Commanding Officer