

## Vaccine Checklist & Frequency

Check	Vaccine	Frequency
	Anthrax	Check with your doctor
	Cholera	not effective but occasionally required (*oral)
	Hepatitis A	two injections over six to 12 months
	Hepatitis B	three injections over six months
	Influenza	Seasonal (October to April in the Northern Hemisphere; April to August in the Southern Hemisphere.)
	Lyme disease	three injections over 12 months
	Measles, Mumps, Rubella*	once, depending on antibody status
	Pneumococcal pneumonia	five to ten years
	Poliovirus	once
	Rabies	Check with your doctor
	Smallpox	Check with your doctor
	Tetanus/diphtheria(dT)	five to ten years
	Tuberculin Skin Test	Check with your doctor
	Typhoid fever	ten years
	Varicella (Chickenpox)	if over age 13, 2 doses 1 month apart
	Yellow Fever	Check with your doctor