

APPENDIX I

MEDICAL REFERENCE RECOMMENDATIONS

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MEDICAL REFERENCE RECOMMENDATIONS

INTRODUCTION

A medical library-or reference book collection- is essential for every medic. The specific books are dependent upon the possible scope of medical problems underway. The references should be updated as new editions become available. The websites listed also provide current information on a range of topics. The websites listed in the section are primarily sponsored by the US government and large medical groups. They have been found to be reliable. Use caution with some other websites as they may not be as reliable and information may not be accurate.

CLINICAL MEDICAL REFERENCES

“Mosby’s Primary Care Consultant”

ISBN # 0815129505

Harcourt Health Sciences

11830 Westline Industrial Drive

St. Louis, MO 63146-9988.

Phone: 800-325-4177

Mosby’s Primary Care Consultant focuses on content for primary care practitioners on approximately 300 disorders commonly encountered in the adult patient. This reference features an easy-to-access format to help locate information quickly. Disorders are arranged alphabetically; information is organized under six consistent column headings: overview, assessment, interventions, evaluation, for your information, and pharmacotherapeutics. The content under each disorder is streamlined and bulleted for easy referral, and each disorder is covered in a two-page spread. Although the focus is on the adult patient, the book also includes variations for children and older patients when appropriate.

“Merck Manual”

ISBN # 0911910107

Merck Publishing Group

Merck & Company, Inc

P.O. Box 2000, WBD-120

Rahway, NJ 07065

Phone: 800-819-9546

All relevant diseases in all specialties are presented with a practical and up-to-date approach for clinical management and diagnosis. Each section starts with a diagnostic approach to the specialty field followed by a full content of that chapter. The appendix does cover search or trigger words/chief complaints/diagnoses, etc., which makes the book easy to use.

“Clinical Procedures For Medical Assistants”

ISBN #0721684068

Harcourt Health Sciences

11830 Westline Industrial Drive

Saint Louis, MO 63146-9988

Phone: 800-325-4177

A textbook for medical assisting students that provides instruction in the clinical skills performed by medical assistants in the medical office. The organization of the book allows for individualized instruction as well as convenient reference use.

The new edition is expanded to include additional clinical procedures. Additional information about OSHA Bloodborne Pathogens Standards, CLIA regulations, emergency medical procedures, and other current topics is included. Numerous illustrations accompany the theory section to help the student relate the new knowledge to each skill. Each procedure is presented in a step-by-step format, with underlying principles and illustrations accompanying the techniques. Documentation examples provide the student with a guideline for charting his or her own procedures.

“Health & Physical Assessment”

ISBN # 0323012140

Harcourt Health Sciences

11830 Westline Industrial Drive

St. Louis, MO 63146-9988.

Phone: 800-325-4177

Health and Physical Assessment presents holistic health assessment in a unique narrative format that is practical and consistent. Health assessment is presented as the systematic collection of data that nurses can use to make decisions about how they will intervene to promote, maintain, or restore health. Core assessment content is organized by body system (Chapters 11-22); these chapters include three main sections on Anatomy and Physiology, Examination, and Variations from Health. Special boxes highlight important information such as Risk Factors, Cultural Considerations, and Helpful Hints. At the end of each chapter are Sample Documentation and Diagnoses and Critical Thinking Questions that apply the chapter content to clinical scenarios.

"Dorlands Pocket Medical Dictionary"

ISBN # 0721682812

Harcourt Health Sciences

11830 Westline Industrial Drive

St. Louis, MO 63146-9988.
Phone: 800-325-4177

Pocket-sized, abridged version from Dorland's Illustrated Medical Dictionary. Based on the "gold standard" of the medical community, covers the must-know vocabulary, including 2800 new terms. All anatomy terms reflect the new Terminologia Anatomica and 500 new drug terms reflect the 2000 editions of the USP and PDR. It also provides full color illustrations and helpful charts and tables so all terminology is easy to understand.

Brady's "Emergency Care" 9th Edition

ISBN # 0835950891
Prentice Hall Ordering Department
200 Old Tappan Rd.
Old Tappan, NJ 07675
Phone: 800-922-0579

Extensive textbook for emergency medical technical-basic students. Includes alternative methods to allow for state-to-state differences in curriculum. Based on the 1994 U.S. DOT EMT Basic National Standard Curriculum. New features include a CD-ROM containing case studies and activities, brief anecdotes, and special notes.

Brady's "Paramedic Emergency Care"

ISBN # 0835949877
Prentice Hall Ordering Department
200 Old Tappan Rd.
Old Tappan, NJ 07675
Phone: 800-922-0579

Guide to pre-hospital care. National Paramedic Training Curriculum. A major text on emergency care for paramedic and emergency medical technician students. Covers pre-hospital environment, trauma/medical/gynecological emergencies, etc.

"Current Emergency Diagnosis & Treatment" (Lange)

ISBN # 0838513476
McGraw-Hill Order Services
Blacklick, OH 43004-0545
Phone: 800-262-4729

Designed for all who provide emergency care, CEDT provides ready information needed to both diagnose and treat life-threatening conditions rapidly. Includes new or expanded material on heart emergencies, pediatrics emergencies, and more. Includes common problems, both trauma and non-trauma. Illustrated.

"Current Diagnosis & Treatment In Orthopedics" (Lange)

ISBN # 0838503632
McGraw-Hill Order Services
Blacklick, OH 43004-0545
Phone: 800-262-4729

This orthopedic surgery book reviews both basic science and treatment. Provides treatment care for common disorders including low back pain, cervical spine pain, as well as repetitive motion syndromes. New: more epidemiologic information; emphasis on cost-effective treatment; new insight on the prevention of surgical infection-plus a chapter on pediatric orthopedics. Includes current data on disorders and diseases treated by orthopedic surgeons and related physicians. Halftone illustrations.

PHARMACY REFERENCES

“Physician’s Desk Reference”

ISBN # 1563634465

Medical Economics Company, Inc

Montvale, NJ 07645-1742

Phone; 800-232-7379

Contains FDA-approved labeling for prescription medications as well as content and brief descriptions of select nonprescription medications and dietary supplements. Monographs include indications, dosages routes, methods and frequency/duration of administration, warnings, side effects, and contraindications.

“Dreisbach’s Handbook Of Poisoning, Diagnosis And Treatment”

ISBN # 1850700389

McGraw-Hill Order Services

Blacklick, OH 43004-0545

Phone: 800-262-4729

This Book To Be Placed In Poison Antidote Locker

Dreisbach's Handbook of Poisoning is long established as the definitive handbook of poisoning for all physicians, nurses, crisis and hotline workers, paramedics, and students. This ready-reference guide provides antidotes, antivenins, and more for a vast number of substances. It covers medical toxicology - including prevention and management of exposures, poisonings, adverse effects, abuse and withdrawal from pharmaceuticals - and household, environmental, and natural hazards. The book begins by providing general information about the prevention, diagnosis, and treatment of poisoning. Then it considers the important medicolegal aspects of poisoning. The remainder of the book focuses on specific poisons, organized into agricultural, industrial, household, medicinal, and natural hazards. Chemically- and pharmacologically-related agents have been grouped together wherever possible. For optimal care of critical or unusual poisonings, the book also contains guidelines for consultations with medical toxicologists and regional poison information centers. A concise summary of the diagnosis and treatment of poisoning, Dreisbach's Handbook of Poisoning provides an extraordinary amount of practical information in a compact format.

Mosby's "Nursing Drug Reference"

ISBN # 0323009824

Harcourt Health Sciences

11830 Westline Industrial Drive

St. Louis, MO 63146-9988

Phone: 800-325-4177

Required Edition: Most current or previous years edition only.

This portable, up-to-date drug reference contains all of the essential data for administering the most common prescription and over-the-counter drugs, including more than 1,300 generic and 4,500 trade names. Thoroughly revised and updated, it features more than a thousand new drug facts, including revised nursing considerations and patient/family teaching guidelines, plus hundreds of newly researched side effects, adverse reactions, precautions, interactions, contraindications, and IV therapy facts. Also includes a guide to vaccines and immunizations.

DENTAL REFERENCE

"Delmar's Dental Assisting-A Comprehensive Approach"

ISBN # 0827390734

Thomson Learning,

P.O. Box 6904

Florence, KY 41022

Phone: 800-354-9706

Textbook for students in dental assisting. Sections cover: basic dental science, preclinical dental skills, clinical dental procedures, dental specialties, restorative and laboratory materials and techniques, expanded functions, and dental practice management. Includes a diskette containing over 1,500 review questions. Colorful format.

ENVIRONMENTAL HEALTH REFERENCES

"Environmental Engineering and Sanitation"

ISBN # 0471523771

John Wiley & Sons Inc.,

Attn: Wiley-InterScience Coordinator,

Subscription Department

605 Third Street

New York, NY 10158

Phone: 800-825-7550

Updated to cover new laws and standards, including Federal Safe Drinking Act, the Resource Conservation and Recovery Act, and the Clean Air Act of 1990. Applies sanitation and engineering theory and principles to environmental control in urban,

suburban and rural communities. Engineering design, construction, operation and maintenance details are provided throughout as they relate to plants and structures. Topics include: disease control, water supply, wastewater treatment and disposal, air pollution and noise control, radiation uses and protection, recreation areas, solid waste management and much more.

“Control of Communicable Diseases Manual”

Edited by Chin, J.,
ISBN # 087553242X
American Public Health Association
Publication Sales
PO Box 753
Waldorf, MD 20604-0753
Phone: 301-893-1894

Pocket-sized manual, in outline format, providing current information and recommendations for communicable disease prevention. Trim size: 7 x 4.5 inches.

“Threshold Limit Values for Chemical Substances and Physical Agents and Biological Exposure Indices” (updated annually)

American Conference of Governmental Industrial Hygienists
1330 Kemper Meadow Drive
Cincinnati, OH 45240
Phone: 513-742-2020

The ACGIH booklet is a perfect adjunct to reference materials which provides a distinct measure of safety when evaluating environmental risk factors for potential exposures. This is a "must" for all H&S professionals. Easy to use formatting and portability (pocket-size) are additional pluses.

CHEMICAL HAZARD RESPONSE INFORMATION SYSTEM (CHRIS)

Accurate and current knowledge about chemicals, especially when at sea, can be critical. Various seafaring missions can result in exposure to chemicals that have a potential to cause harm if correct procedures are not used. Thus, safety and other information about various chemicals is critical.

One good source of information is the Coast Guard's Chemical Hazard Response Information System (CHRIS). This 3000 page manual contains information of all types for 1300 chemicals – generally the most common chemicals found aboard ship. Not only does it contain information about the physical properties, chemical properties, and thermodynamic properties for each chemical but it also has information on what to do if people are exposed. CHRIS contains the following types of medical information:

1. Personal protective equipment: How to avoid exposure in the first instance.

2. Symptoms following exposure: What to expect after coming in contact with the chemical.
3. Treatment of exposure: What to do after the injury.
4. Gas and liquid irritation characteristics: What to expect with less severe exposures.

Other health information includes threshold limit values, IDLH's, experimental toxicity data, OSHA limits, and EPA limits. These are useful in determining how much exposure is dangerous.

CHRIS is very helpful in other ways – it contains information that will help to prevent exposure and injury. It has information on fire fighting, on chemical storage, and on chemical reactivity. With this type of information the ship's officers can reduce the chances of exposure and injury. CHRIS is something every ship should have.

CHRIS is on the internet at <http://www.chrismanual.com/> at no charge.

CHRIS is also available on a CD-ROM at no charge. For a copy, contact aschneider@comdt.uscg.mil or Commandant (G-MSO-3) at 202-267-1217.

Should you want a paper copy, the U.S. Coast Guard has arranged for the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402 to sell the document. (The telephone number is 202 512-1800 (the telefax number is 202 512-2250). When ordering please use the Stock number 050-012-00406-4. The price is currently \$104 post paid (plus 25% foreign postage). This is for the pages only; they are punched for ordinary three ring binders.)

“Emergency Care for Hazardous Materials Exposure”

ISBN # 0801678137

Harcourt Health Sciences

11830 Westline Industrial Drive

St. Louis, MO 63146-9988

Phone: 800-325-4177

This book provides ready access to current vital information for emergency care of patients who have been exposed to or contaminated by hazardous materials. It includes chemical indexes by Department of Transportation hazard class, detailed hazard class and specific chemical guidelines, American Heart Association treatment and medication protocols, and procedures for EMS/hazardous materials response personnel.

WEBSITE RECOMMENDATIONS

Virtual Naval Hospital: <http://www.vnh.org/>

A digital health sciences library designed to deliver expert medical information to providers and patients at the point-of-care in order to help providers take better care of their patients and help patients live healthier lives.

Virtual Naval Hospital, Manual of Naval Preventive Medicine:
<http://www.vnh.org/PreventiveMedicine/PreventiveMedicine.html>

This manual includes chapters on Food Safety, Sanitation of Living Spaces, Ventilation and Thermal Stress, Water Supply, and Wastewater Treatment and Disposal.

U.S. Navy Shipboard Pest Management Manual:
<http://www.vnh.org/PestControl/>

This manual provides current and effective guidance for the surveillance, exclusion and control of disease vectors and invasive pest species, which may threaten the health and safety of personnel aboard vessels, or be transported between U.S. and foreign shores.

Occupational Safety and Health Administration: <http://www.osha.gov>

Government site for issues related to occupational health and safety laws, regulation, and rules. Available information is pertinent to employers as well as employees. Site provides access to OSHA documents, news releases, events, and provides information on all OSHA offices/programs.

National Institute of Safety and Occupational Health:
<http://www.cdc.gov/niosh>

The Federal agency responsible for conducting research and making recommendations for the prevention of work-related disease and injury. NIOSH is responsible for conducting research on the full scope of occupational disease and injury ranging from lung disease in miners to carpal tunnel syndrome in computer users. Areas of possible interest at the site includes Publications, Databases, and Safety and Health.

Code of Federal Regulations: <http://www.access.gpo.gov/nara/cfr/index.html>

The *Code of Federal Regulations* (CFR) is a codification of the general and permanent rules published in the *Federal Register* by the Executive departments and agencies of the Federal Government. The CFR online is a joint project authorized by the publisher, the National Archives and Records Administration's Office of the Federal Register, and the Government Printing Office (GPO) to provide the public with enhanced access to Government information. The CFR is divided into 50 titles which represent broad areas subject to Federal regulation. Each title is divided into chapters which usually bear the name of the issuing

agency. Each chapter is further subdivided into parts covering specific regulatory areas. Large parts may be subdivided into subparts. All parts are organized in sections, and most citations to the CFR will be provided at the section level.

Environmental Protection Agency: <http://www.epa.gov>

Government site for issued related to the environment. EPA provides leadership in the nation's environmental science, research, education and assessment efforts. EPA works closely with other federal agencies, state and local governments, and Indian tribes to develop and enforce regulations under existing environmental laws. Topics cover wide range of subjects, from Air and Cleanup to Wastes and Water.

Food and Drug Administration: <http://www.fda.gov>

An agency of the Department of Health and Human Services. The site has information related to food and drug safety for both providers and consumers. FDA's mission is to promote and protect the public health by helping safe and effective products reach the market in a timely way, and monitoring products for continued safety after they are in use. Their work is a blending of law and science aimed at protecting consumers.

Centers for Disease Control and Prevention: <http://www.cdc.gov>

An agency of the Department of Health and Human Services, The Centers for Disease Control and Prevention (CDC) is recognized as the lead federal agency for protecting the health and safety of people - at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships. Key areas on the site include In the News, Traveler's Health, Health Topics A-Z and CDC Publications. Also provides a link to the Morbidity and Mortality Weekly Report.

Centers for Disease Control and Prevention, Bioterrorism Information Site:
<http://www.bt.cdc.gov/>

CDC site dedicated to public health emergency preparedness and response.

Centers for Disease Control and Prevention - National Immunization Program: (ACIP): <http://www.cdc.gov/nip>

As a disease-prevention program, NIP provides leadership for the planning, coordination, and conduct of immunization activities nationwide. The site provides information on immunization recommendations, vaccines, side effects, etc. for use by the general public. Also includes a Health Care Professional tab for health care providers that provides more comprehensive and in-depth information on all aspects of immunization/vaccine administration and safety, and adverse event reporting.

The Merck Manual of Diagnosis and Therapy:
<http://www.merck.com/pubs/mmanual/>

Searchable web version of the publication enables providers to obtain diagnosis and therapy information using various topics (symptoms/specific disease states/organ system).

Rx List: The Internet Drug Index: <http://www.rxlist.com/>

Listing of over 4500 popular medications with consumer level information written in plain English. Many are also available in Spanish. Site includes access to Taber's Medical Encyclopedia.

PDR.net: <http://www.pdr.net>

On-line home of the Physicians' Desk Reference. Provides drug information for health care providers and consumers. Also provides links to various medically related magazines and journals.

Harvard Health Publications, Harvard Medical School:

<http://www.health.harvard.edu/>

Topical medical information of interest to the public. Provides access to newsletters related to Health & Wellness, Heart Health, Mental Health, Men's Health, and Women's Health.

Family Doctor, American Academy of Family Physicians: <http://familydoctor.org/>

Offer health information for the whole family. All of the information within this site is written and reviewed by physicians and patient education professionals at the American Academy of Family Physicians. The information is regularly reviewed and updated. Health topics include Q & A about staying healthy and common health concerns, facts on common medicines, including possible interactions, facts on common herbal remedies and dietary supplements, and advice on what you can treat at home and when to call your doctor.

Medical Library: http://www.medem.com/MedLB/medlib_entry.cfm

Medem's Medical Library represents a full range of patient education information from their partner medical societies and other trusted sources. Subject areas include Life Stages, Diseases and Conditions, Therapies and Health Strategies, and Health and Society.

Lab Tests Online: <http://www.labtestsonline.org/>

A public resource on clinical lab testing from the laboratory professionals who do the testing. The site is to help a patient or caregiver better understand the many clinical lab tests. Information is available on specific tests, tests related specific conditions and diseases, and those related screening tests.