

THE BREAKWALL

USCGC HALIBUT (WPB-87340)

Newsletter

OCTOBER 2010

Inside this Month

- ▶ Discover Marina del Rey Day
- ▶ Return from Dry-Dock
- ▶ Recipe of the Month



USCGC HALIBUT in Santa Monica Bay looking brand new after her facelift in Dry-Dock.

Image by: PA3 Cory Mendenhall

Greetings

Friends,

Most of our October was spent finishing up our latest dry dock modifications and repairs while in San Francisco. Unfortunately, while we were up there we missed out on a few of our annual homeport events. The only underway time we had was our transit back to Marina del Rey, CA. Lately, we have been working hard to get the ship back in working order and ready for boardings. The start of the November squid season brings fishermen from all over the west coast including Alaska down to Southern California for their eighth* in this highly profitable fishery. Have a look inside and enjoy.

Best Regards,
LT Charles Paris
Commanding Officer



(*An eighth refers to 1/8 of a nautical mile in circumference on the ocean that a squid boat claims as their fishing spot. As referred to in common fishing radio traffic, "Stay out of my eighth!")



HALIBUT Morale



CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat & t-shirt sales, please contact:

Charles.W.Paris@uscg.mil
SEE BACK PAGE FOR ORDER



CG Auxiliary Capt. Trent Kelly (left) coordinating and making things happen at Discover Marina del Rey Day.

SAR Demonstration was part of Discover Marina del Rey Day.



USCG Station LA/LB also attended Discover Marina del Rey Day.



Discover Marina del Rey Day



CG Air Station LA and Baywatch del Rey conduct a SAR Demo.



Put over line three!



Set Battle Stations!



LT Whitaker, Commanding Officer of CGC NARWHAL explains the finer things in life.



This year HALIBUT was unable to attend its home town event "Discover Marina del Rey Day" hosted by Los Angeles County Dept. of Beaches and Harbors, the US Coast Guard along with the LA County Sheriffs, LA County Fire boat 110, Baywatch Life Guards, and various other organizations. They all came together to provide information and conduct demonstrations for the greater Los Angeles community. Our sister ship CGC NARWHAL was kind enough to fill in for us. Photos by: Steve Lee USCG Auxiliary



CGC NARWHAL open for tours!



Deputy Sector LA/LB Commander Capt. J. Jenkins (Left) discusses local contingency plans with Fire Boat Capt. P. Vermillion, LA County Fire Dept.

Back from Dry Dock



Out with the old paint & in with the new!



LT Paris & BMC Vasquez "supervising".



PO Hope and FN Hall inspect drydock repairs.



Home Sweet Home



FS2's Recipe of the Month

Cooking the Coast Guard Way

Quick and Easy Crispy Chicken

What you will need:

- 4 (5oz) Skinless Chicken Breasts Halves
- 1 Large Egg
- 1 Tsp Roasted Ground Cumin
- 1 Cup Italian Style Panko Breadcrumbs
- 3 Tbsp Olive Oil



Directions:

1. Whisk egg and cumin in a medium bowl. Spread breading on a sheet of wax paper, dip chicken into egg mixture, then coat in breadcrumbs.
2. Heat oil in large nonstick skillet over medium heat. Cook 10 minutes, turning every few minutes until crisp.
3. Serve chicken with a salad of tomato, avocado, and red onion drizzled with a little more olive oil and fresh lime juice.



Homeland Security



JOIN TODAY



HAPPY BIRTHDAY MICKEY

THE BREAKWALL

Editors: AUX Ray J. Pages
LT Charles Paris

USCGC HALIBUT
(WPB 87340)
13871 Fiji Way
Marina Del Rey, CA 90292
310-823-2300



HALIBUT Morale ORDER FORM



NEW HALIBUT Trucker Ball Caps

No. Ball Caps _____ @ \$15 each = \$ _____



Official USCGC HALIBUT Crew T-Shirts

No. of each Size _____XXL _____XL _____L _____M

No. of T shirts _____ @ \$20 each = \$ _____



Official USCGC HALIBUT Unit Ball Caps

No. Ball Caps _____ @ \$15 each = \$ _____



HALIBUT Crew Hooded Pullover Sweatshirt

No. of each Size _____XXL _____XL _____L _____M

No. of Sweatshirts _____ @ \$40 each = \$ _____

Donation to Morale Fund \$ _____

Please Add \$8.95 for shipping on all orders Make checks payable to

SECTOR LA/LB MORALE ATTN: HALIBUT

ORDER TOTAL \$ _____

Please send this order form & checks to:

**HALIBUT MORALE
13871 Fiji Way
Marina Del Rey, CA 90292**

Questions? 310.823.2300 or
Charles.W.Paris@uscg.mil

Name										
Address										
City										
State	Zip			-						
Home Ph	-	-	-	Cell	-	-	-			
Work Ph	-	-	-	Ext.						
Email										

You will receive a confirmation email when your order has been shipped