

# THE BREAKWALL

JANUARY 2010

## USCGC HALIBUT (WPB-87340)

### Newsletter

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HALIBUT moored in rainbow Harbor.  
Image by BMC Dominic Vasquez.

# Greetings

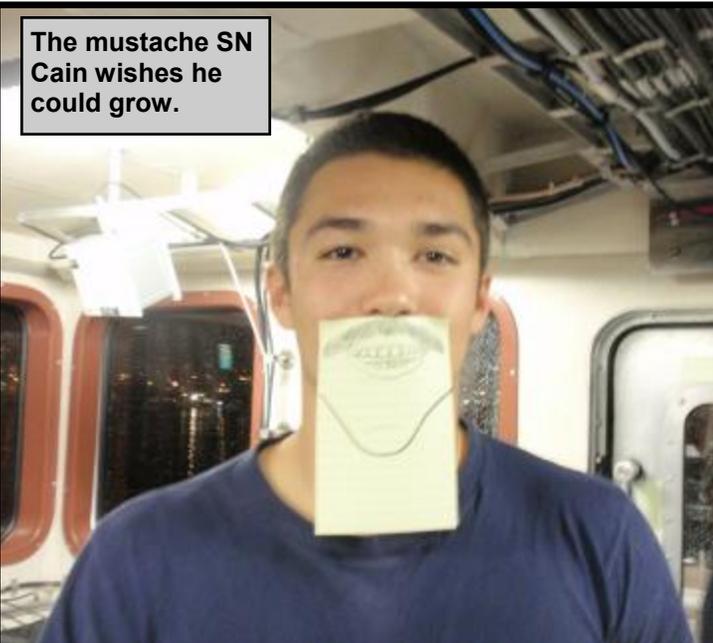
Friends,

We've stepped into the new year eager and ready to perform our missions. Finance, administration, and operational inspections are done and out the way, and it's time to get back to business. We started out the month doing the usual squid and lobster boardings. Following that, we spent one day at home before being recalled to cover for CG Station Los Angeles search and rescue responsibilities for an entire week. We lived on the ship and maintained an immediate readiness posture awaiting the 'call' to head out to sea to save distressed mariners. Fortunately, no one decided to brave the >15ft seas. To close out the month, we completed a week long law enforcement training. Please have a look inside and enjoy.

LJG Charles Paris  
Commanding Officer



The mustache SN Cain wishes he could grow.



## HALIBUT Morale

CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat/t-shirt sales, please contact:

[Charles.W.Paris@uscg.mil](mailto:Charles.W.Paris@uscg.mil)

SEE BACK PAGE FOR ORDER FORM

Sheriff's Deputy Patrick Clark out on patrol in Marina del Rey.



Queen Mary Long Beach CA



Set the law enforcement bill.



The Queen Mary looks ready to set sail.



# On Patrol



Boarding Team returns.



HALIBUT moored in Rainbow Harbor for a night.



Boarding Team heads out to board a squid boat.



California Fish & Game Warden teaches us an additional thing or two about some under size lobsters he confiscated.



# Riding out the Storm

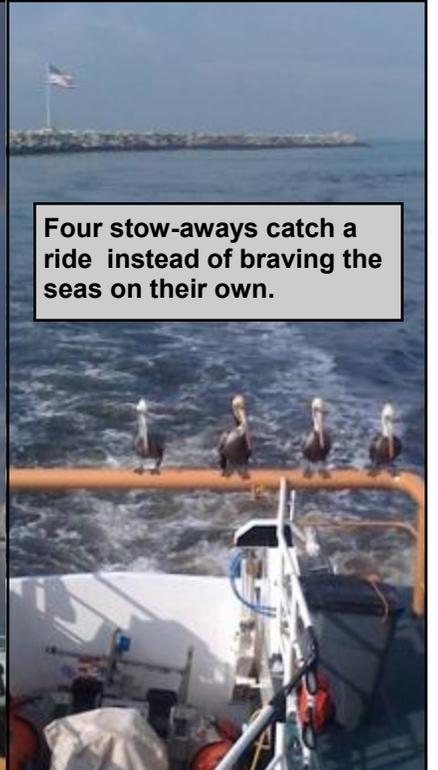
A huge gambit of low pressure systems and occluded fronts carried by the jet stream rolled in during the week of Jan. 18th bringing in gale force winds and seas over 15ft! HALIBUT assumed an immediate standby status (we lived on the cutter for a week) and covered Sector Los Angeles' area of responsibility for search and rescue.



It's white-capping inside Marina del Rey!



A rainbow appears over Marina del Rey before another onslaught of bad weather.



Four stow-aways catch a ride instead of braving the seas on their own.



Heavy rain makes this vessel almost impossible to see!



Birds take flight and head for calmer areas!

# Law Enforcement Training

The Law Enforcement Training Team West came to the HALIBUT to conduct a week-long training curriculum to teach our newest members and refresh our other law enforcement officers in the current procedures of Coast Guard law enforcement.

Step 1: We encounter a feisty subject. "Sir, do not resist, we are going to escort you to the back of the boat."



Step 2: Subject resists and gets a knee-strike to the leg.



Step 3: The subject goes down!



The standard application of hand cuffs on a compliant subject.



Step 4: Break out the hand-cuffs.



Mock boardings on the Sheriff Vessel TRADITION.



Classroom instruction on the Bill of Rights.

# FS2's Recipe of the Month

Cooking the Coast Guard Way

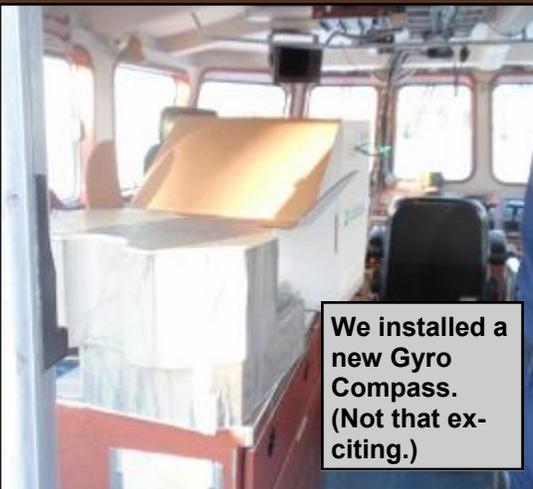
## Chocolate Macadamia Nut & White Chocolate Chip Cookies

**What you will need:**

- 2 (1oz) squares un-sweetened chocolate
- .5 cup softened butter
- 1 cup brown sugar
- 1 egg
- 1 teasp vanilla extract
- 2 cups all purpose flower
- .5 teasp baking soda
- 1 cup white choc chips
- .75 cup macadamia nuts

**Directions**

1. Preheat oven to 350 degrees. Lightly grease cookie sheets or line w/ parchment paper
2. Melt unsweetened chocolate in top of double boiler or hot, not boiling water. Remove from heat; let cool.
3. Cream Butter melted chocolate and sugar in large bowl until blended. Add egg and vanilla; beat until light. Blend flour baking soda, chocolate chips and macadamia nuts.
4. Drop dough by round rounded teaspoonfuls 2 inches apart onto prepared cookie sheets. Bake 10 to 12 minutes or until firm. DO NOT OVER-BAKE!. Remove to wire racks to cool.



We installed a new Gyro Compass. (Not that exciting.)



Casino Pt from USCGC Catalina Island mooring ball.

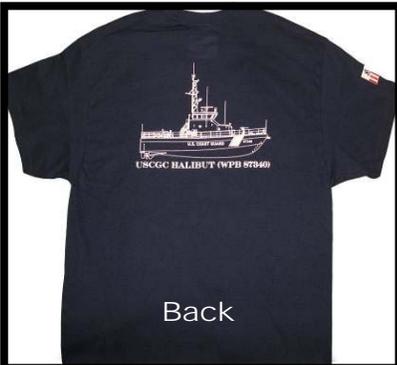
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# HALIBUT Morale ORDER FORM



**NEW HALIBUT Trucker Ball Caps**

No. Ball Caps \_\_\_\_\_ @ \$15 each = \$ \_\_\_\_\_



**Official USCGC HALIBUT Crew T-Shirts**

No. of each Size \_\_\_\_\_XXL \_\_\_\_\_XL \_\_\_\_\_L \_\_\_\_\_M

No. of T shirts \_\_\_\_\_ @ \$20 each = \$ \_\_\_\_\_



**Official USCGC HALIBUT Unit Ball Caps**

No. Ball Caps \_\_\_\_\_ @ \$15 each = \$ \_\_\_\_\_



**HALIBUT Crew Hooded Pullover Sweatshirt**

No. of each Size \_\_\_\_\_XXL \_\_\_\_\_XL \_\_\_\_\_L \_\_\_\_\_M

No. of Sweatshirts \_\_\_\_\_ @ \$40 each = \$ \_\_\_\_\_

**Donation to Morale Fund \$ \_\_\_\_\_**

Please Add \$8.95 for shipping on all orders Make checks payable to

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**ORDER TOTAL \$ \_\_\_\_\_**

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Questions? 310.823.2300 or  
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