

# THE BREAKWALL

JULY 2010

## USCGC HALIBUT (WPB-87340)

### Newsletter



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USCGC HALIBUT on patrol in Long Beach, CA alongside RMS Queen Mary.

Cover by BM1 Withers

# Greetings

Friends,

As we close out July and welcome August, I must say it has been a fabulous month. Temperatures are still cooler than average; however, we're finally getting to see some of this California good weather. June gloom is long gone and summer is finally creeping in. We celebrated the Fourth of July here in Marina Del Rey this year. It was a spectacular show. Also, we attended a week long narcotics officer course with the Los Angeles County Sheriffs and learned some great insights from our local law enforcement partners. HALIBUT also hosted a USA Today national contest winner. As usual, we conducted safety boardings of recreational vessels in our patrol areas. Have a look inside and enjoy.

Best Regards,  
LT Charles Paris  
Commanding Officer




## HALIBUT Morale

CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat & t-shirt sales, please contact:

[Charles.W.Paris@uscg.mil](mailto:Charles.W.Paris@uscg.mil)  
**SEE BACK PAGE FOR ORDER**



The fleet is in.



Coming into port at Rainbow Harbor.



BMC Vasquez and MK3 Hope at narcotics training.

# Crew Arrival and Departure

## BM2 Nicklas Gerszi

BM2 reports to The Halibut from CGC Sherman. He is a native to Southern California so he will have no problem adjusting to the area. Within a couple of weeks of arriving BM2 has already made significant progress towards qualifying Inport OOD. His experience on a 378' should translate well to his progress onboard the patrol boat.



## SN Ronald Cain

SN Cain departs not only The Halibut crew, but also the Coast Guard due to the early separation program. Ronnie was an asset to the crew in all operations. He plans on attending a university near his hometown. We all wish him the best in his future endeavors, and really wished he would have stuck around for a little while longer.



# ★ 4th of July Patrol ★



Patrolling the fireworks barge in Marina del Rey main channel.



FN Hall and SN Phillips can't wait for the show.



The small boat is launched to keep security for the fireworks barge.



The HALIBUT was tasked with patrolling the fireworks barge in Marina Del Rey for the Fourth of July celebration. During the patrol, the small boat was launched to maintain the safety perimeter. Midway through the firework demonstration, our small boat was approached by a vessel taking on water. Needless to say, the crew was diverted to escorting the vessel quickly back to the dock whereby further troubleshooting led the crew to believe it was a cooling leak. At the end of the night, no one was hurt and thus a successful Fourth of July it was indeed!



Congratulations to the newly engaged couple, FS2 Rutherford and his fiancée Vanessa.

# On Patrol

This month's patrol was close to homeport, but a lot was accomplished by Halibut and her crew. Numerous recreational safety boardings were completed in Long Beach and Redondo Beach. The crew also accomplished training while underway. Basic Engineering Casualty Control Exercises (BECCE's) were used to train both the engineering department and the bridge team with handling malfunctioning equipment. MKC Owens was pleased with the performance of the engineering department.

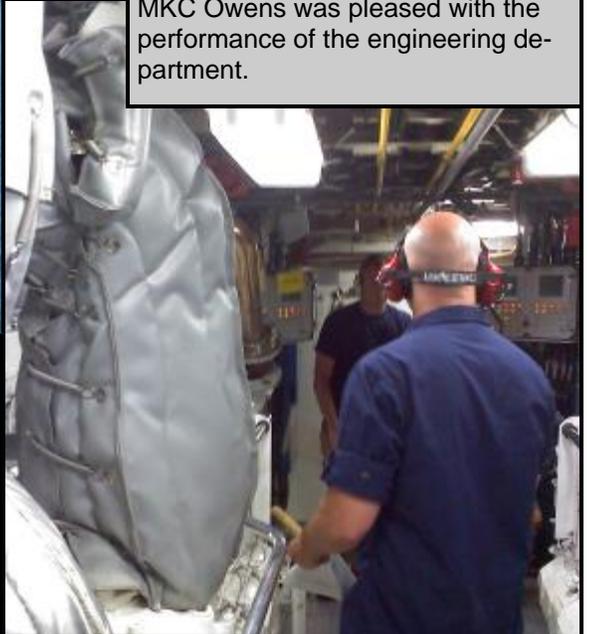


Pulling into Long Beach alongside RMS Queen Marry.



LT Paris gives an interview to the Patch News organization that just so happened to be walking around the King Harbor Yacht Club.

Photo by Trent Kelly AUX



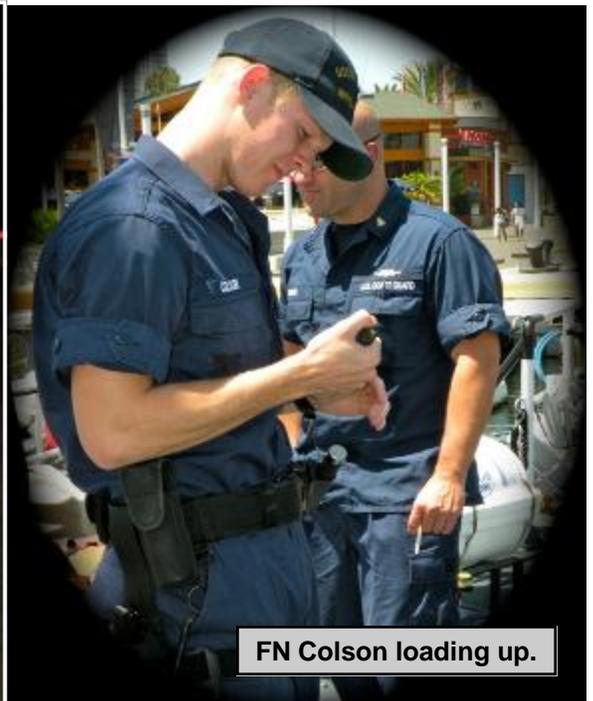
Engineering Casualty Control Exercises.



# Still On Patrol



LT Paris attends the LA County Life Guard Medal of Valor Ceremony with CG Sector LA Command Staff, CG AUX Ray J. Pages, AUX Trent Kelly and prior HALIBUT CO LT Miller.



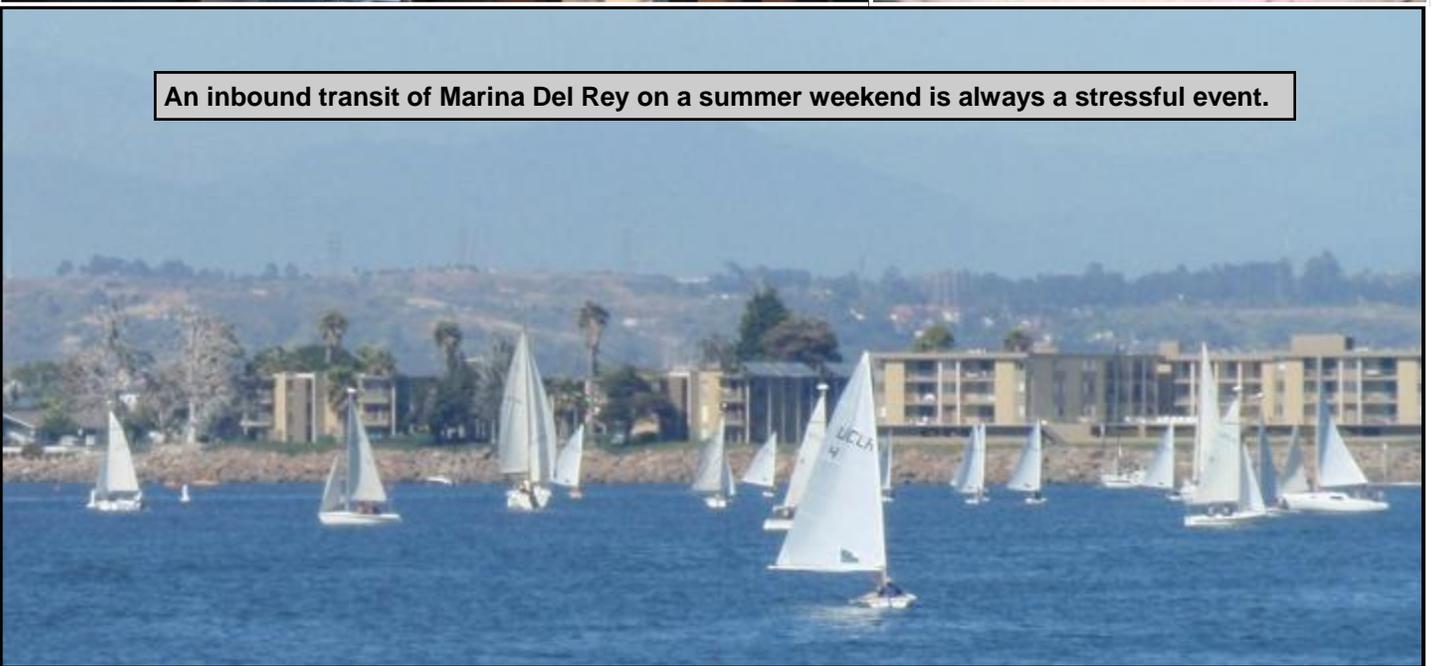
FN Colson loading up.



Life Guard Medal of Valor winners standing with this year's Lifetime Achievement inductee



An inbound transit of Marina Del Rey on a summer weekend is always a stressful event.



# USCG Career Day

On Jul 13<sup>th</sup>, 2010, the Coast Guard hosted a student, Joshua Davis, from Orville Wright Middle School for a "Day in the life of the USCG." Joshua Davis won an essay contest sponsored by The Dream Up Career Exploration Program which integrates career awareness and exploration into students' middle school experience to help them start thinking about the future – and encourage them to stay in school as they get older. The essay contest required students from participating schools across the country to explore, consider and select a potential career path by reading, researching and analyzing real-world information found through daily review of USA TODAY. Each student then had to write a 500 -word essay about their "Dream Job" for an opportunity to win a day to experience it. Joshua's essay was about his dream job, the U.S. Coast Guard.

USA Today with the help of CGC HALIBUT and AIRSTA LOS ANGELES came through for Joshua and truly gave him a dream day in the USCG. Joshua was able to go underway with the HALIBUT, steering the ship from the bridge, standing on the bow for full clutch ahead, and manning the lines for mooring stations to the fuel pier. He then took a ride on the Zodiac back to the dock where he set out for an afternoon at the AIRSTA. There Joshua got to see every aspect of an air crewmen's life, from sewing with the swimmers to replacing tail rotor parts with the Mechanics. A day at the air station wouldn't be complete, however, unless it was capped off with the incredible opportunity for an area familiarization flight on of the unit's MH-65C Dolphin Helicopters. Joshua was able to see the beautiful beaches of L.A., the busy port of Long Beach, and the famous Hollywood sign all in one trip without a minute of traffic. Now that's something very few people in L.A. could ever claim.

The Dream UP! Career Exploration Program was sponsored by the Office Depot Foundation in collaboration with USA TODAY and the National Board for Professional Teaching Standards. – By LTJG Joshua Murphy – Air Station Los Angeles.



Joshua learns the "ropes" with line handling.



Cadet Warner briefs Joshua on basic navigation.



LTJG Murphy from Air Station Los Angeles joins the crew and contest winner.



BMC passes the helm over to our visitor.

# FS2's Recipe of the Month

Cooking the Coast Guard Way

## Brick Chicken

### What you will need:

- 1 whole fryer chicken (3-4 pounds)
- 1.5 cup soy sauce
- 1 quality dark microbrew (Porter, Stout, or Nut Brown)
- 1/4 cup rice vinegar
- 2 tsp. sesame oil
- 2 tablespoons sriracha
- Juice from one lemon
- 1 onion sliced
- 4 cloves garlic crushed

### Directions:

Pour soy sauce, beer, vinegar, sesame oil, lemon juice and sriracha in a large container (large enough to hold the chicken). Then slice the onions and smash garlic and toss in as well.

Next, take the chicken, rinse with water and pat dry. Then cut out the backbone with kitchen shears. Once that is done, place the chicken face up and smash it down so it lays completely flat, and will cook evenly. Place chicken in marinade for at least 4 hours, but preferably overnight.

Preheat oven to 400 degrees. Wrap brick in aluminum foil and set aside. Heat a large skillet, preferably cast iron, on stove top on medium high. When you are ready, add a 50/50 mixture of olive oil and butter to the pan. Place the chicken skin side down, then place the brick on top of chicken. Let it sear for 3-5 minutes. You are aiming for a nice sear and a golden brown color on the skin. When you have that, place skillet in the oven for 20-30 minutes or until chicken is done.

You can also use a grill to cook this. Make sure to sear for 2-3 minutes over direct heat, then move chicken and use indirect heat to finish cooking. If you don't the skin will burn.

Cliff dwellers on Catalina Island.



**Homeland Security**

### THE BREAKWALL

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LT Charles Paris

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