

# THE BREAKWALL

SEPTEMBER 2010

## USCGC HALIBUT (WPB-87340)

### Newsletter



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CGC HALIBUT sitting on blocks at the shipyard in Northern CA.  
Photo by: Ray j. Pages AUX

# Greetings

Friends,

We've spent all of September at Dry Dock in San Francisco, Ca. Things have been going great and there have been zero delays... so far. There are many projects going on. The ship is getting outfitted with new equipment to make us more up-to-date, and our hull and weather-decks are getting sand blasted and repainted. When the ship departs this October, it'll look brand new! Have a look inside and enjoy.

Best Regards,  
LT Charles Paris  
Commanding Officer

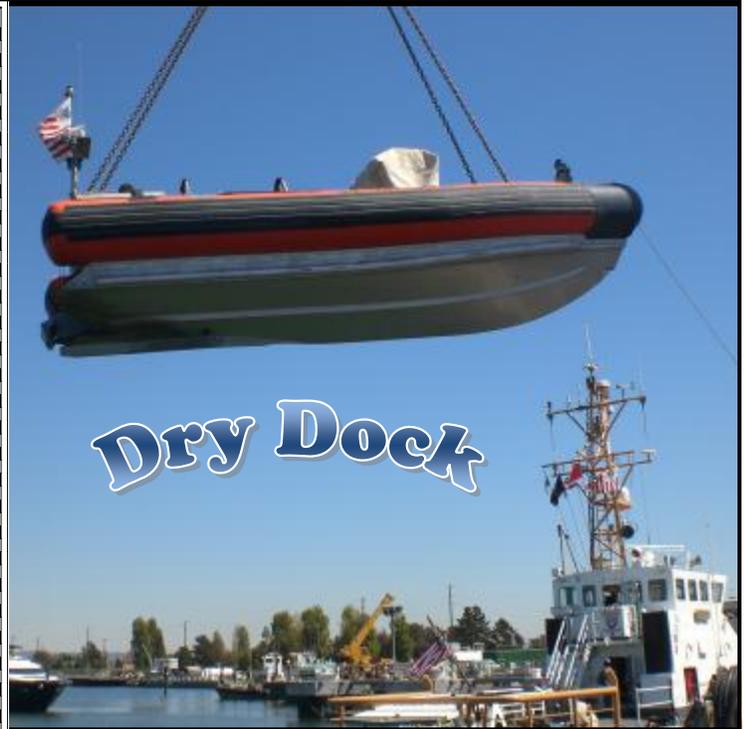


## HALIBUT Morale

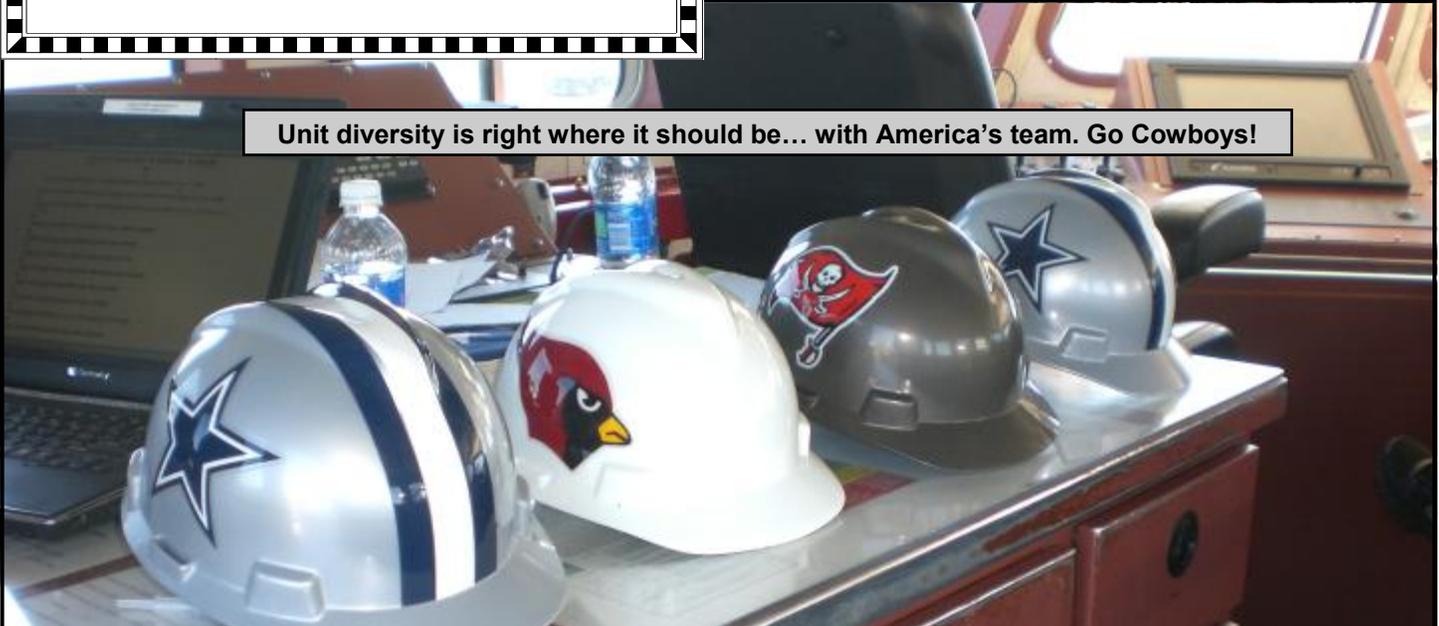


CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat & t-shirt sales, please contact:

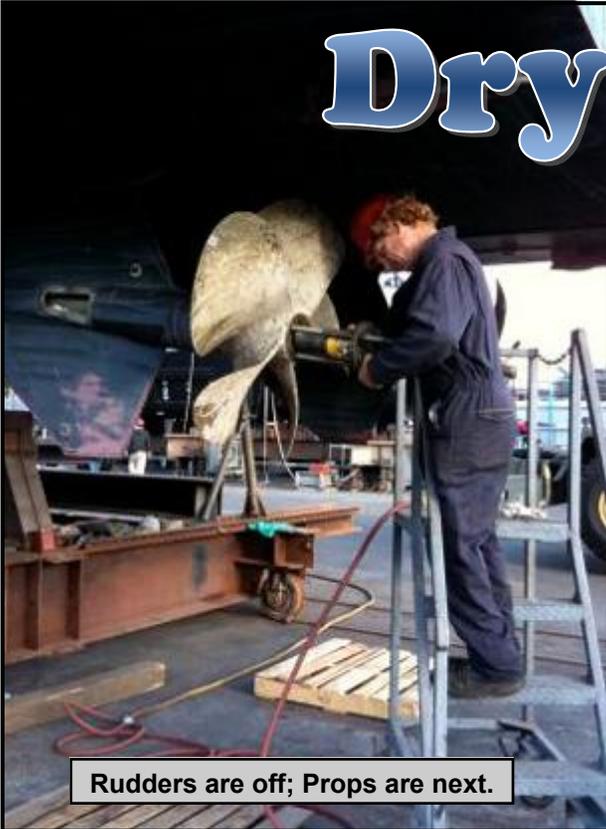
[Charles.W.Paris@uscg.mil](mailto:Charles.W.Paris@uscg.mil)  
**SEE BACK PAGE FOR ORDER**



Unit diversity is right where it should be... with America's team. Go Cowboys!



# Dry Dock



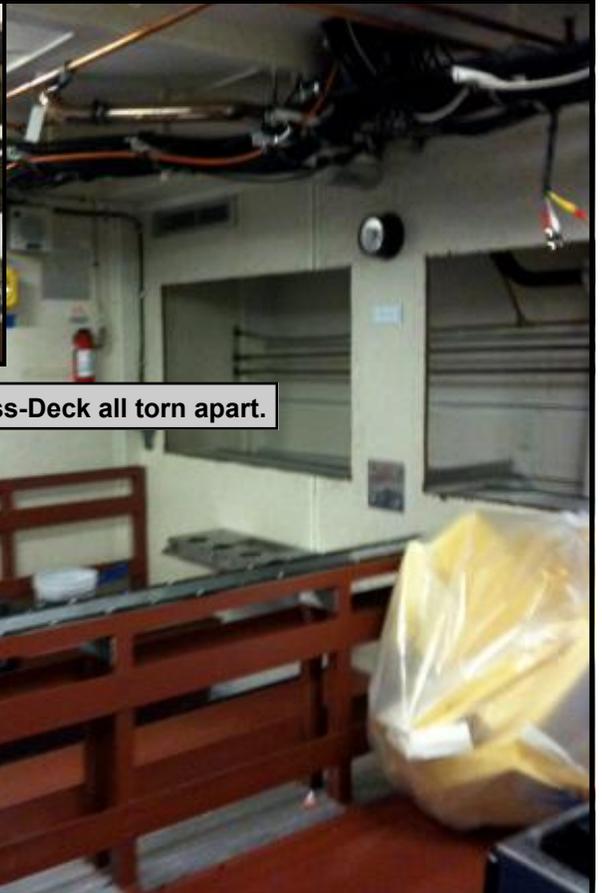
Rudders are off; Props are next.



We found some old fishing line inside the hub of our prop! No telling how long that's been on there.



Shafts coming off; Stern door removed.



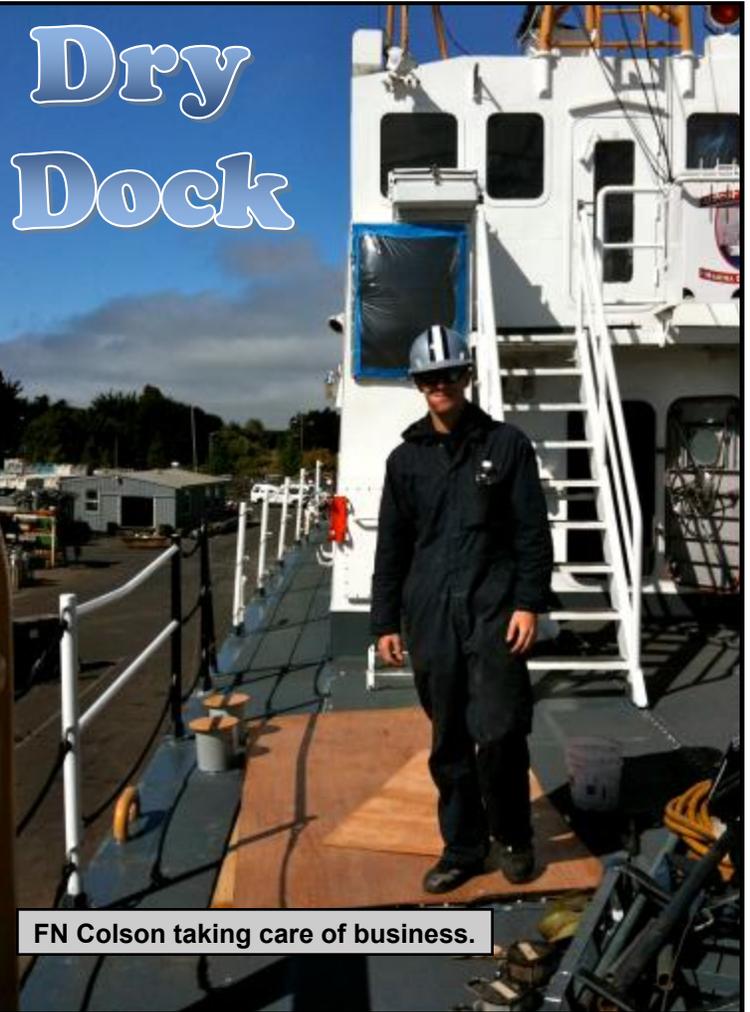
Mess-Deck all torn apart.



She is wrapped in plastic.



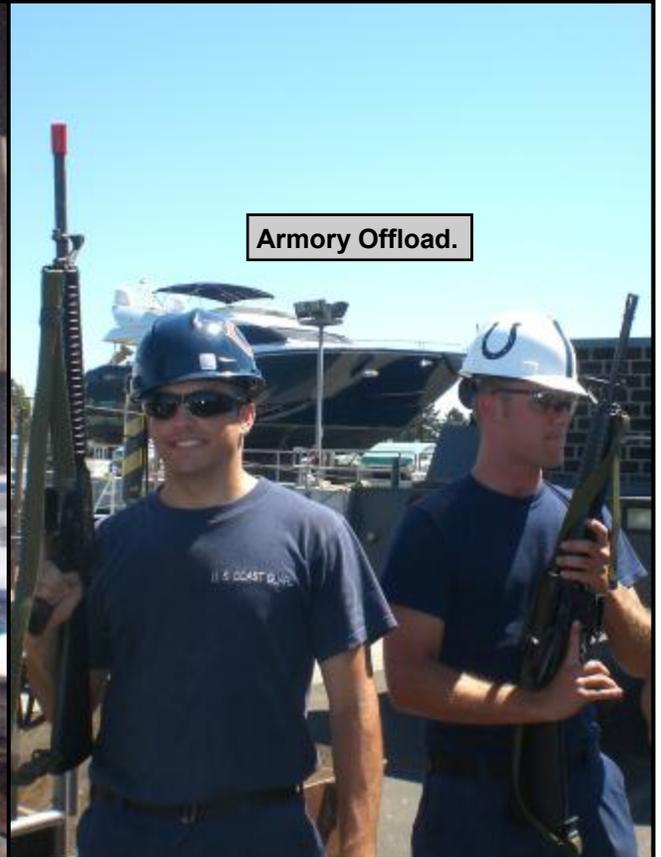
MK2 Carpio & MKC Owens inspect the propellers.



FN Colson taking care of business.



Checking the hull of the ship for the first time minutes after it has breached the water.



Armory Offload.

# Oktoberfest!



We came early for the Bratwurst and Schnitzel. This dance floor was teeming with dancers later.

Hanging with the guys from Broken Lizard. (Super Troopers, Beer fest, etc...)

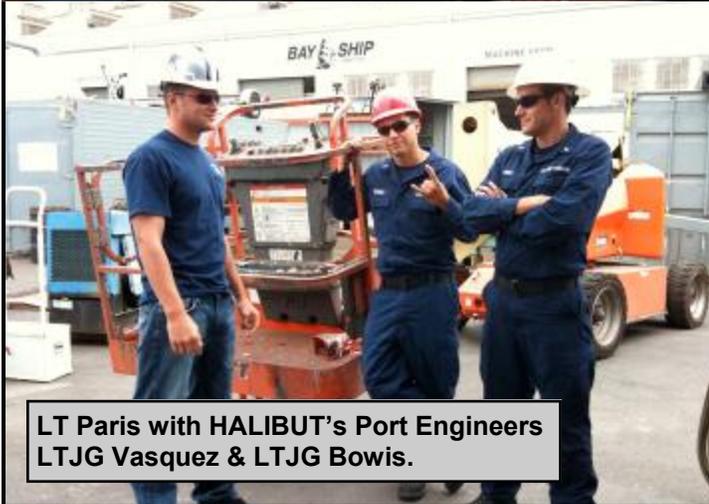


## Dry Dock

The new entry onto our ship.



LT Paris with HALIBUT's Port Engineers LTJG Vasquez & LTJG Bowis.



# FS2's Recipe of the Month

Cooking the Coast Guard Way

## Broccoli Cheese Soup

### What you will need:

- 6 tablespoons unsalted butter
- 1 small onion, chopped
- 1/4 cup all-purpose flour
- 2 cups half-and-half
- 3 cups low-sodium chicken broth
- 2 bay leaves
- 1/4 teaspoon freshly grated nutmeg
- Kosher salt and freshly ground pepper
- 4 cups broccoli florets (about 1 head)
- 1 large carrot, diced
- 2 1/2 cups (about 8 ounces) grated sharp white and yellow cheddar cheese, plus more for garnish



### Directions:

Melt the butter in a large Dutch oven or pot over medium heat. Add the onion and cook until tender, about 5 minutes. Whisk in the flour and cook until golden, 3 to 4 minutes, then gradually whisk in the half-and-half until smooth. Add the chicken broth, bay leaves and nutmeg, then season with salt and pepper and bring to a simmer. Reduce the heat to medium-low and cook, uncovered, until thickened, about 20 minutes.

Add the broccoli and carrot to the broth mixture and simmer until tender, about 20 minutes. Discard the bay leaves. Puree the soup in batches in a blender until smooth; you'll still have flecks of carrot and broccoli. Return to the pot. (Or puree the soup in the pot with an immersion blender.)

Add the cheese to the soup and whisk over medium heat until melted. Add up to 3/4 cup water if the soup is too thick. Ladle into the bowls and garnish with cheese.



I wonder who installed this piece of equipment that was just removed... I'm thinking a certain MK3 Cooper that departed last summer.



**I WANT YOU!**  
FOR THE U.S. COAST GUARD  
AND COAST GUARD AUXILIARY

**JOIN TODAY**

### THE BREAKWALL

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# HALIBUT Morale ORDER FORM



**NEW HALIBUT Trucker Ball Caps**

No. Ball Caps \_\_\_\_\_ @ \$15 each = \$ \_\_\_\_\_



**Official USCGC HALIBUT Crew T-Shirts**

No. of each Size \_\_\_\_\_XXL \_\_\_\_\_XL \_\_\_\_\_L \_\_\_\_\_M

No. of T shirts \_\_\_\_\_ @ \$20 each = \$ \_\_\_\_\_



**Official USCGC HALIBUT Unit Ball Caps**

No. Ball Caps \_\_\_\_\_ @ \$15 each = \$ \_\_\_\_\_



**HALIBUT Crew Hooded Pullover Sweatshirt**

No. of each Size \_\_\_\_\_XXL \_\_\_\_\_XL \_\_\_\_\_L \_\_\_\_\_M

No. of Sweatshirts \_\_\_\_\_ @ \$40 each = \$ \_\_\_\_\_

**Donation to Morale Fund \$ \_\_\_\_\_**

Please Add \$8.95 for shipping on all orders Make checks payable to

**SECTOR LA/LB MORALE ATTN: HALIBUT**

**ORDER TOTAL \$ \_\_\_\_\_**

**Please send this order form & checks to:**

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Marina Del Rey, CA 90292**

Questions? 310.823.2300 or  
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