

# THE BREAKWALL

FEBRUARY 2010

## USCGC HALIBUT (WPB-87340)

### Newsletter

#### Inside this Month

- ▶ On Patrol in the AOR
- ▶ San Miguel Island
- ▶ CGC HALIBUT aids NOAA
- ▶ Recipe of the Month



HALIBUT anchored in Cuyler Harbor, San Miguel Island, Channel Islands, Ca.

Image by: LTJG Charles Paris

# Greetings

Friends,

I'll keep it short this month. We've been back at our usual routine with some additional new missions. We started out the month performing some squid fisheries boardings. We conducted some training. We finished out the month by helping out the National Buoy Data Center with the repair of a buoy approximately 70 miles north of the ominous Pt. Conception; where Posiden and his rough weather usually resides.

Please enjoy.

LTC Charles Paris  
Commanding Officer



Los Angeles Sheriff's Helicopter



Seaman on the CGC George Cobb performing some hull preservation.



## HALIBUT Morale

CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat/t-shirt sales, please contact:

[Charles.W.Paris@uscg.mil](mailto:Charles.W.Paris@uscg.mil)  
**SEE BACK PAGE FOR ORDER**



LA County Sheriffs perform a mock Hazmat drill at Sector LA/LB.



A few Chinooks conduct a fly over.

# on Patrol



Pelicans take over the beach and bait shack in Santa Barbra,



.50 Cal Training



Report when on Target and Tracking!



Our Cal Fish & Game rider never stops working. Get him Santos!



Break free the Anchor!

# still On Patrol



White smoke fills the two man berthing! (Alpha Fire Drill)



Dolphin surfing our wake.



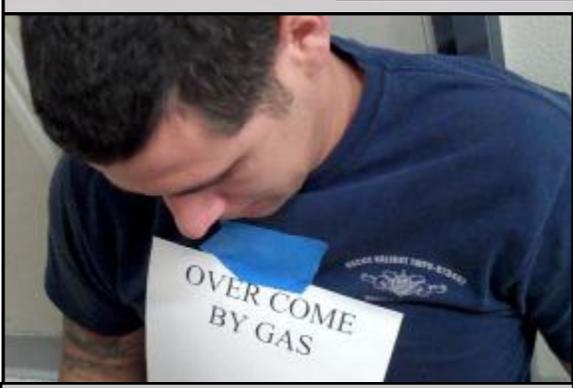
We found the cause of the fire... It was a burning N.O. Saints Jersey in MK2 Lirrette's rack!



A seal takes a nap on CG Station LA's pier.



A Deceased Whale.



MK3 Cooper passes out during our Toxic Gas Drill.



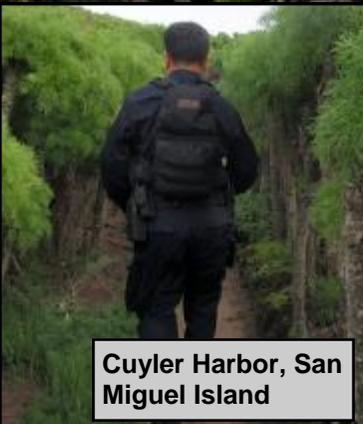
A baby seal stops by to say what's up.

# San Miguel Island - João Rodrigues Cabrilho Monument

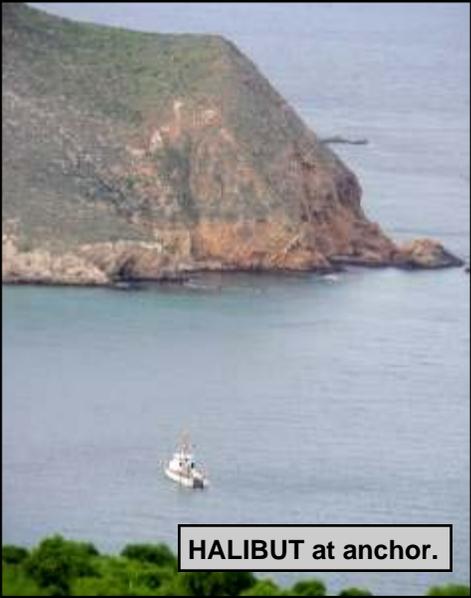
**Juan Rodríguez Cabrillo** in Spanish, was a Portuguese explorer noted for his exploration of the west coast of North America on behalf of Spain. Cabrillo was the first European explorer to navigate the coast of California. He also helped found the city of Oaxaca, Mexico. After shattering his leg on Catalina Island, he later died of gangrene & is supposedly buried on San Miguel Island.



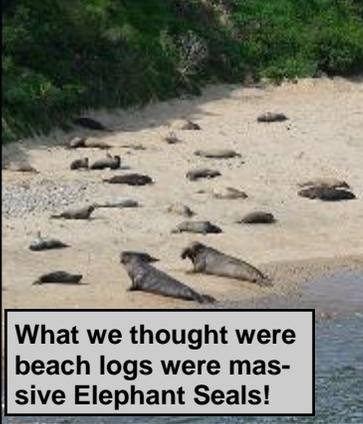
Cuyler Harbor, San Miguel Island



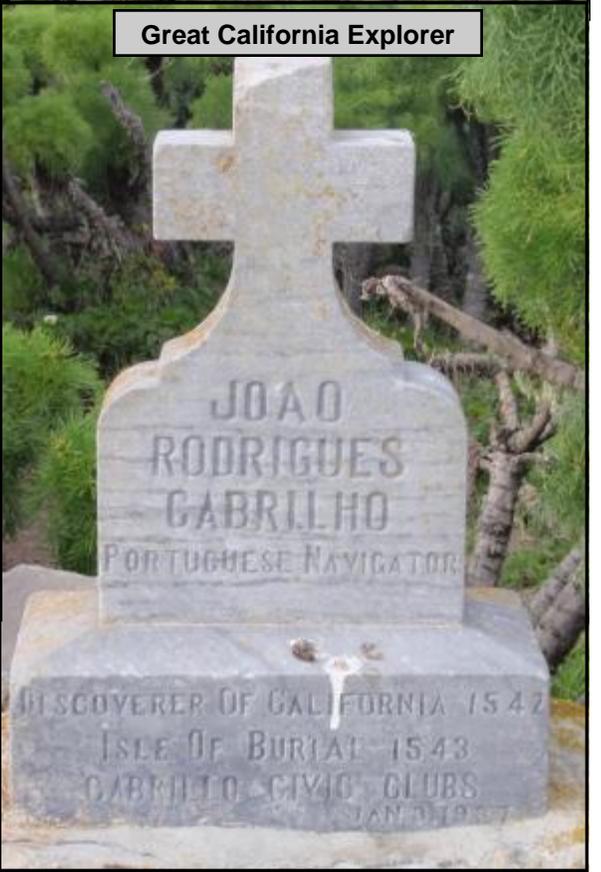
Cuyler Harbor, San Miguel Island



HALIBUT at anchor.



What we thought were beach logs were massive Elephant Seals!



Great California Explorer



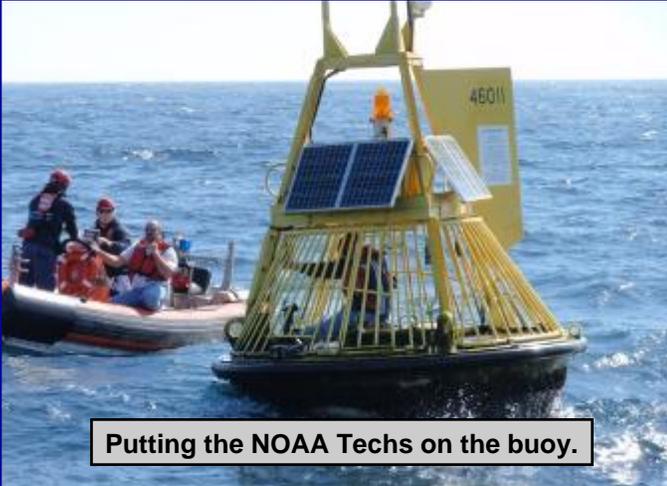
Cabrilho Monument!



Hiking a sand dune.

# National Oceanographic & Atmospheric Administration

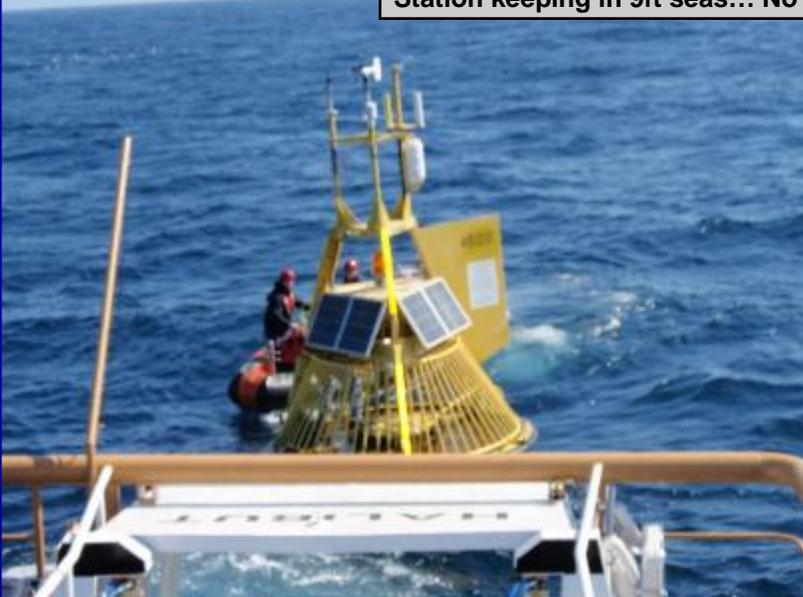
HALIBUT added Aids to Navigation to yet another available mission set for our 87ft Cutter. This buoy stopped transmitting information so we assisted NOAA in taking some of their technical representatives out to fix it.. The buoy was 21 NM Northwest of Point Arguello, CA. Which is about 50NM north of Pt. Conception. Thankfully the weather subsided just long enough for us to get them out there.



Putting the NOAA Techs on the buoy.



Station keeping in 9ft seas... No big deal.



Buoy Rodeo Riding!

# FS2's Recipe of the Month

## Cooking the Coast Guard Way

### Shrimp Linguine Alfredo - Serves 4

**What you will need:**

- 1 12oz pk linguine pasta
- .25cp melted butter
- 4 tbsp diced onions
- 4 tsp minced garlic
- 40 small shrimp, peeled and deveined
- 1cp half & half
- 2 tsps ground black pepper
- 6 tbsp grated Parmesan Cheese
- 4 sprigs fresh parsley
- 4 slices lemon, for garnish

**Directions**

1. Cook pasta in a large pot of boiling water until al dente; drain.
2. Meanwhile, melt butter in a large saucepan. Sauté onion and garlic over medium heat until tender. Add shrimp; sauté over high heat for 1 minute, stirring constantly. Stir in half-and-half. Cook, stirring constantly, until the sauce thickens.
3. Place pasta in a serving dish, and cover with shrimp sauce. Sprinkle with black pepper and Parmesan cheese. Garnish with parsley and lemon.



**THE BREAKWALL**

Editors: AUX Ray J. Pages  
LTJG Charles Paris

USCGC HALIBUT  
(WPB 87340)  
13871 Fiji Way  
Marina Del Rey, CA 90292  
310.823.2300



**Homeland Security**



**ALWAYS WEAR YOUR LIFE JACKET!**

# HALIBUT Morale ORDER FORM



**NEW HALIBUT Trucker Ball Caps**  
 No. Ball Caps \_\_\_\_\_ @ \$15 each = \$ \_\_\_\_\_



**Official USCGC HALIBUT Crew T-Shirts**  
 No. of each Size \_\_\_\_\_ XXL \_\_\_\_\_ XL \_\_\_\_\_ L \_\_\_\_\_ M  
 No. of T shirts \_\_\_\_\_ @ \$20 each = \$ \_\_\_\_\_



**Official USCGC HALIBUT Unit Ball Caps**  
 No. Ball Caps \_\_\_\_\_ @ \$15 each = \$ \_\_\_\_\_



**HALIBUT Crew Hooded Pullover Sweatshirt**  
 No. of each Size \_\_\_\_\_ XXL \_\_\_\_\_ XL \_\_\_\_\_ L \_\_\_\_\_ M  
 No. of Sweatshirts \_\_\_\_\_ @ \$40 each = \$ \_\_\_\_\_

**Donation to Morale Fund \$ \_\_\_\_\_**

Please Add \$8.95 for shipping on all orders Make checks payable to  
**SECTOR LA/LB MORALE ATTN: HALIBUT** ORDER TOTAL \$ \_\_\_\_\_

**Please send this order form & checks to:**  
**HALIBUT MORALE**  
 13871 Fiji Way  
 Marina Del Rey, CA 90292  
 Questions? 310.823.2300 or  
[Charles.W.Paris@uscg.mil](mailto:Charles.W.Paris@uscg.mil)

Name										
Address										
City										
State	Zip									
Home Ph	-	-	-	Cell	-	-				
Work Ph	-	-	-	Ext.						
Email										

**You will receive a confirmation email when your order has been shipped**