

NO COST EYEWEAR FOR RETIREES

<http://www.med.navy.mil/sites/nostra/order/Pages/Retiree.aspx>

RETIREE ORDERING AND ELIGIBILITY

If you are retired military, and eligible for other medical services, you are authorized to receive up to 3 pair of Standard Issue spectacles per year.

- 1 clear pair of
 - o S-9 / male,
 - o S-8 / female, or
 - o S91A / male or female
- 1 tinted pair of
 - o S-9 / male,
 - o S-8 / female, or
 - o S91A / male or female
- 1 clear pair of half-eye in lieu of 1 clear pair of bi-focals
[you may have 1 clear pair of distance glasses in conjunction with your half-eye glasses]

If you are less than 50 miles from a military health clinic with optometry services, you should take your prescription for spectacles to them so that they may measure you for proper fit. They will order your spectacles from the appropriate facility.

If you are more than 50 miles from a military health clinic with optometry services, you may follow these instructions to order your glasses.

- Open the **form DD771** found at our web site, and save it to your computer. [this form is created to save the information you type into it]
 - Please fill out the top section with your “name, “retiree”, and last 4”, along with your shipping and contact information. About halfway down the form, please indicate which standard issue frame you desire. Make sure to save the form with the information you added.
 - Print the partially completed form, and take this with you to your eye exam.
- Ensure that the examining facility writes the prescription, and includes your pupillary distance (PD) on the form.**
- If your examining facility needs eyesize, bridge or temple information, they may find this on our web site
 - If you currently have Standard Issue frames please provide the frame size and temple length. (found inside the frame)
 - There must be a **DD771** for each request for eyewear.
 - Send the following information to NOSTRA:
 - o One copy of the completed DD771 form,
 - o A photo copy or scanned image of you military ID card
 - o Your mailing address and a daytime phone number and email address if available.

- You may submit your order for eyewear by email, fax or standard mail.
 - o Email your order to: NOSTRA-CustomerService@med.navy.mil

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- o Fax your order to: 757-887-4647.

Make sure you write: "Retiree Order" on the fax.

Please call NOSTRA Customer Service at 757-887-7611 / 7152 / 7299 / 7476 right after you send your fax to insure we received it and that all the information is included to fabricate your orders.

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- o Standard Mail to:

NOSTRA
160 Main Road, Ste 350
Yorktown, VA 23691-9984

You may also call NOSTRA Customer Service Department if you have any problems or questions.

You may email us at: NOSTRA-CustomerService@med.navy.mil Our Customer Service hours are M-F, regular business days, from 0630 to 1700, Eastern Time.