



Coast Guard Flag Voice 131

Tricare Prime Remote for Active Duty Family Members (ADFM)

The FY 01 National Defense Authorization Act (NDAA) enhanced the TRICARE Medical benefits for many eligible beneficiaries.

ADFM's in remote areas residing with the active duty sponsor will be offered a new TRICARE Prime Remote (TPR) option. We anticipate that this new TPR program will be extremely advantageous to members and their families. This new option is scheduled to begin by 01 Oct 2001.

Waiver of certain TRICARE standard cost-shares and deductibles may be enacted before 01 Oct 01. In the interim, members should keep a copy of all health care receipts and TRICARE Standard explanations of benefits (EOB) for care received in a TPR area from 30 Oct 00 until 31 Oct 01. Members should not cancel existing supplemental insurance policies until TPR is working for them.

Active Duty member enrollment in TRICARE will be required for ADFM participation in TPR. It is important for all TPR Active Duty Coast Guard members to check that their TRICARE enrollment status is current and correct. This will facilitate transition into the new TPR Program.

The TRICARE web site <http://www.tricare.osd.mil> contains a Service Center listing under the TRICARE Beneficiary Information Section. You may also call your Regional Contractor to check enrollment. The Regional Contractor numbers are:

Region 1 1-888-999-5195

Region 2 1-800-931-9501

Region 3 and 4 1-800-444-5445

Region 5 1-800-941-4501

Region 6 1-800-406-2832

Region 7 and 8 1-888-874-9378

Region 9,10, 12 1-800-242-6788

Region 11 1-800-404-0110

Europe 1-888-777-8343

Latin America 011-507-284-6977

Puerto Rico 1-877-616-5963

Pacific 1-808-433-6847

ADFM's must also have up-to-date information in the Defense Enrollment Eligibility Reporting System

(DEERS) to be eligible for TPR. Eligible beneficiaries may update their

addresses in DEERS in a number of ways, listed below.

Calling the Defense Manpower Data Center Support Office (DSO) telephone center at 1-800-538-9552. The best time to call the telephone center is Wednesday - Friday, between 9 - 3 (Pacific time) to avoid delays.

Faxing address changes to 1-831-655-8317.

Mailing the change information to the DSO, Attn: COA, 400 Gigling Road, Seaside, CA 93955-6771.

Visiting a military treatment facility.

Emailing information to addrinfo@osd.pentagon.mil and include the following information:

Sponsor's name and social security number

Name(s) of other family members affected by the address change

Effective date of address information

Telephone number (to include area code), if available

Visiting local personnel offices that have an ID card facility

Note: Internet users should use all lowercase letters because some email systems are case sensitive.

To change information other than address data, however, beneficiaries may only visit an ID card facility, mail or fax changes with appropriate documentation to the address/numbers provided above.

To learn what documentation is required, call an ID card facility or the DSO toll-free number, 1-800-538-9552. The hours of operation for the DSO are Monday-Friday excluding Federal holidays), 0600-1530 (Pacific time).

Regards,

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