

Spouse Employment Assistance Program (SEAP)

What is SEAP? SEAP is a program designed to assist you in overcoming the difficulties associated with finding employment, especially during the relocation process. It provides comprehensive and standardized employment information and services at WorkLife offices through the U.S. Coast Guard. This program also provides you with the tools to carry out career planning and prepares you for today and tomorrow's workplace. SEAP is not an employment office or placement center.

Listed below are some contacts for the Hampton Roads Area/Peninsula.

Virginia Employment Commission – Norfolk
514 E. Virginia Beach Blvd.
Norfolk, VA 23502
Lewis Richardson (757) 455-3959
lrichardson@vec.state.va.us

Virginia Employment Commission- Virginia Beach
502 Viking Drive
Virginia Beach, VA 23452
Tony E. Cropper/Kurt Clemmons (757) 431-4978
Tony.Cropper@vec.va.gov or
Melvin.Clemons@vec.va.gov

Virginia Workforce Williamsburg
5235 John Tyler Highway
Williamsburg, VA 23185
Art Batten/Dan Phillips (757) 253-4738
Arthur.Batten@vedc.virginia.gov

Troops to Teachers
113 Education Bldg. Old Dominion University
Norfolk, VA 23529
Carlos Cardoza, Joe Wargo (757) 683-3327
ccardoza@odu.edu; jwargo@odu.edu

Opportunity Inc., Hampton Roads
500 E Plume Street
Seventh Floor
Norfolk, VA 23510
Leland Lewis, David Tanner (757) 314-2370
llewis@oihr.org or dtanner@hamptonroadsworks