



Coast Guard Island PLAN OF THE WEEK

Brought to you by
USCG Base Alameda



Committed to Taking Care of People, Communication & Teamwork

21-27 Oct 2012

Uniform of the Day is Tropical Blue. ODUs, when authorized IAW ALCOAST 291/1, will be worn sleeves up.

THIS WEEK & NEXT:

Thu 25 Oct:
Admiral's Cup



Thu 25 Oct: **3M** Day at AIB Store 0900-1100

Fri 26 Oct: Harvest Festival
Click on ghost!



The old "Blue Section"

What's cooking at the galley?

Disclosure: Some hyperlinks may have to be copied/pasted into a browser to open.

SAVE THE DATE:

Mon 29 Oct: Breast Cancer Brown Bag



Wed 31 Oct:
CDC Halloween costume Parade!



Fri 2 Nov: Parent's Night Out

Thu 8 Nov: Salute to CG Vietnam Veterans



Tue 13 Nov: Outreach to Antioch Elementary School

Fri 9 Nov: Base Alameda Chiefs Cup

Sat 17 Nov: Scouting for Food Drive in Alameda

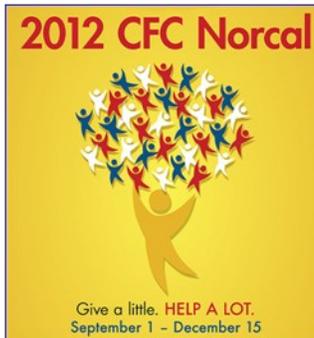
3M DAY AT THE AIB SUPPLY STORE ON THU 25 OCT!

Please join us on Thursday, Oct. 25 from 9AM-11AM at the AIB supply store in Building 42 for a **3M** tabletop vendor show. Free **3M** Samples! Factory representatives on hand to entertain and amaze you with new products from **3M** that you can't live without. Free snacks! Click the purple **3M**



Submitted by Leslie Driscoll, 535-6560

COMBINED FEDERAL CAMPAIGN: GIVE A LITTLE. HELP A LOT!



The Combined Federal Campaign for Coast Guard NORCAL is in full swing. Please see your assigned CFC keyworker or contribute online at www.cfcnorcal.com. Click on CFC Nexus on the site and follow the instructions. Thank you for caring and remember to "Give a Little. HELP A LOT!" For any assistance contact LCDR Matt Pickard (510) 437-3653. Thank you!

CGEA SPONSORS:

Parent's Night Out

The Coast Guard Enlisted Association is offering Coast Guard parents "a night out" on Fri 2 Nov from 1700 to 2200 hours. Reservations for your children can be made by contacting SK2 Kuykindall at 510-437-3334 or YN2 Maricel Robinson at 510-437-3981. Please RSVP by Tue 30 OCT. Click on the "Parent's Night Out" above to see pricing info which is based on grade and number of children. Children will lots to do! Activities planned: games, jump house, movies, snacks and fun! Did someone mention snacks? Pizza, juice and cookies!!





OUTREACH VOLUNTEER OPPORTUNITY

Annual Veterans Day Celebration at Antioch Diablo Vista Elementary School

It's Tue 13 Nov. First you get to attend their celebration at the school and then speak to groups of kids about what it's like to be in the Coast Guard. Lots of Veterans also attend. This volunteer outreach is to kids of widely, varied ethnic groups. We need Guardsmen of different rates and rank, especially if you've had an interesting assignment. Enlisted volunteers are asked to contact DCCS David L. Stephens from the USCGC STRATTON to sign up. Some people drive from their residence directly to the school if they have supervisor permission. Others carpool from CGI and back. A van is reserved. Officers are asked to notify Audra Jacques of their participation.

VOLUNTEERS ARE NEEDED TO ASSIST WITH THE VITA INCOME TAX PROGRAM!!!



Announcing the perfect opportunity to strengthen your professional resume while assisting the military community. You'll receive training in preparation of federal and California personal income tax returns by the IRS and the State of California. It's as easy as One-Two-Three starting with obtaining supervisor approval to attend the training 28 JAN to 8 FEB, contacting the Legal office and then showing up for the training! Click the picture for more information.

Submitted by Mr. Michael Tarkington, Legal Assistance Office

COAST GUARD BALL 2013 NEWS

The Coast Guard Ball 2013 planning is well underway for a fabulous event scheduled for Saturday, 20 April 2013 at the Grand Hyatt San Francisco. Attendance at our 2011 San Francisco Bay Area CG Ball was over 525 and we hope to match that number in April 2013 with our local Officers, Enlisted, Reserves, Civilians, Retirees, Auxiliarists and Friends.

I look forward to seeing you and members of your organization at the CG Ball in 2013! Stay tuned for future communications as we approach the date!

Submitted by CAPT Evan Watanabe, Chairman, CG Ball 2013

(Edited version)

CONCORD RV LOT ENTRANCE CLOSURES:

The RV Lot entrance at the Concord Housing site will be closed off on Monday, 22 October-6 AM until Tuesday, 23 October-6 AM. During this time sidewalk and curb repair and replacement work will be in progress at the entrance, prohibiting access to the RV Lot.

Should you have any questions or concerns you may contact the Concord Housing Office at (925) 685-6854.



SEA WEST CREDIT UNION-NEWS FOR YOU
"What To Do With Your Computer"

When you have a computer no longer serving your needs or ready for retirement, can't you just throw it out with the trash? Definitely not! There are environmental and security issues to consider. Computers contain heavy metals which pose environmental hazards when disposed of improperly. Likewise, you also should not sell your computer on eBay, on Craigslist, at a flea market, or donate it to charity without taking some basic precautions. Your computer contains personal and private information you would not want to fall into the wrong hands. Important information is contained not only in the files on your computer, but also in the registration keys of installed programs, and cached credit card numbers and login information retained in your web browser. It is imperative to be mindful of security risks when disposing of an old computer.

The first course of action is to copy all the data from your old computer onto a USB drive, DVD, CD, or external hard drive. Copy everything, as it is better to have too much data than to wish you had copied something you will no longer have access to later. Old files can then be transferred to a new computer as needed.

Protect Yourself: The most common way to ensure your old computer really is clean is to erase or "wipe" the hard drive with a software program specifically designed to destroy all the information resident on the drive. Perform an online search for secure file or disk deletion tools, hard drive erasure utilities, secure erase applications, or programs that ensure the blocking you need. Many of these options are free, but some may have a nominal cost.

Disposal Options: Resell, Recycle, Donate or Give It Away. Click the picture for these options to consider.



In conclusion:

The bottom line? Never toss a computer out with the trash. Given the numerous alternatives, there is certainly an option that will work for your situation. Regardless, be sure to back up then wipe the computer completely using one of the free or low cost options available.

These helpful tips are provided by Digital Defense, Inc., a computer security company working with **Sea West Coast Guard Federal Credit Union** as a responsible member of the community to help insure the privacy and security of our nation's financial information.

NEWS AT THE SPEED OF LAW— LARGE TAX BILLS & SHORT-SELLS

Written by Polyana da Costa:

A SHORT SALE COULD BEGET HEFTY TAX BILLS. The tax clock is ticking for homeowners considering short sale and those facing foreclosure. If they don't officially get rid of their mortgages by the end of the year, they could receive jaw-dropping tax bills -- unless Congress acts soon.

The Mortgage Forgiveness Debt Relief Act, which was enacted in 2007 to provide special tax exemptions for underwater homeowners, expires Dec. 31. If the law is not extended, homeowners will have to pay federal taxes on the balance left on their mortgages after a

foreclosure or short sale.

"It would affect a lot of people," says Tony Hutchinson, a senior policy representative at the National Association of Realtors. The trade group has been pushing for the extension of the law.

How much money is at stake?

Without the law, many homeowners could be hit with tax bills for tens of thousands of dollars. For Example: If a homeowner with a mortgage balance of \$300,000 decides to go through a short sale and the lender allows the homeowner to sell the house for \$200,000 through a short sale, the

homeowner would **pay federal income tax on \$100,000.**

In the eyes of the Internal Revenue Service, housing debt that is forgiven or written off is the same as income. **If the law expires, forgiven mortgage debt will be taxable.** The same applies to foreclosures and to loan modifications in which principal is reduced. "I've had short sales where more than \$200,000 is written off," says Patty Da Silva, a short-sale specialist and owner of Green Realty Properties in Davie, Fla. "For someone in the 30 percent (tax) bracket, that's \$60,000 in taxes."

Congress will likely approve an extension in the

eleventh hour, Hutchinson says. But when it comes to Congress and politics, there is always a risk, especially with the looming fiscal cliff and the pressure the government faces to reduce spending. A one-year extension of the bill would cost the government about \$1.3 billion, according to a congressional estimate. "We need to make sure there is some action taken on this," Hutchinson says. Housing advocates are betting their hopes on a broad bipartisan bill approved by a Senate committee in August. If the bill makes its way through Congress, it would extend the tax break for one year.

(Click to finish article.)





**USCG BASE
ALAMEDA**

- Taking Care of People
- Communication
- Teamwork

Coast Guard Island

Plan of the Week for 21-27 Oct 2012

Repeated Items: www.uscg.mil/basealameda/docs/RepeatedItems.pdf

Repeated articles include signing up for the Great Race, LDAC Calendar, Joining FEW, CDC October Newsletter, Recent Changes in Tricare, Free Franklin Covey classes, TAP schedule, Admiral's Cup, CGBI Training, Columbia College schedule, and more.

Recurring Items: www.uscg.mil/basealameda/docs/RecurringItems.pdf

Please email POW announcements and articles to Audra.F.Jacques@uscg.mil by noon on Thursdays.

Make the POW a favorite!

www.uscg.mil/basealameda/pow.asp

**SALUTE TO COAST GUARD VIETNAM VETERANS
(UPDATED 18 OCT)**

Have you marked your calendar yet? For Veterans Day this year we honor CG Vietnam Veterans and CG Vietnam Era Veterans. Base Alameda may be the host unit, but a gala this size couldn't be done without the "time, talent and treasure" of the local chapters of: Coast Guard Officer Association (CGOA), Chief Warrant Officer Association (CWOA), Chief Petty Officers Association (CPOA), Coast Guard Enlisted Association (CGEA), East Bay Coast Guard Spouses Club, (EBCGSC), Coast Guard Auxiliary, the Northern California Coast Guard Retiree Council (NCCGRC), and the Coast Guard Historian (PEH).

No RSVPs needed for attendees seated in the "nose bleed" section (ie, you only plan to attend the festivities, don't plan to have lunch and don't mind sitting in the back). Veterans and their guests are priority (naturally) for RSVP'ing for lunch. CG personnel are encouraged to attend. RSVP to Audra.F.Jacques@uscg.mil. Space for being seated at a table is limited. Cocktail tables in the back are provided and lots of "theater style" seating is available. Once in a lifetime event!

You can help out even if you are not a member of the above mentioned groups; call Audra at 510-437-5371 for more info.



Click the ribbon!