

# MWR Now



Published for Coast Guardsmen at U.S. Coast Guard Training Center Yorktown and Beyond

CG YORKTOWN MWR

Search

MWR Administration

Section Chief: CWO3 **Brian Marshall**

**Budget & Finance:** Ms. Charlotte Weilacher

**Office Assistant:** Mr. Darren Berry

MWR Facility Management

**Facility Coordinator:** Ms. Marva Brooks

Aquatics-Sports: Ms. **Betty Gaines** and Mr. **William Hogge**

Auto Hobby-Outdoor Rec. & Rental Manager: Mr. Jeff Wapner

Club Manager: **FSC Christopher Myrick**

Cyber Café: Ms. Sylvia Armstrong

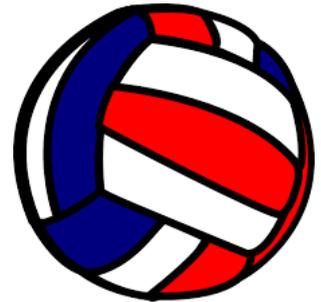
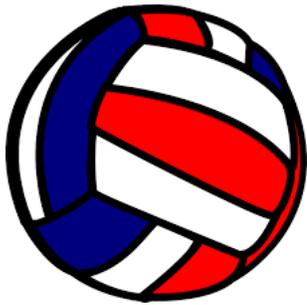
Dining Facilities: FSCS Brian Casetta

**Theater:** Ms. Jennifer Armstrong

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Coast Guard Training Center Yorktown  
1 U.S. Coast Guard Training Center  
Administration Section - Gym Complex  
Yorktown, Virginia 23690

# ***Student Indoor Volleyball***



***February - March  
2017***

6 on 6

Rally Scoring

First to 21 (Win by 2)

Best 2 out of 3 (Set Play)

- Team entries must be made no later than February 1<sup>st</sup>.
- Season is to include a regular season followed by playoffs
- Each team is to provide a team roster with, contact info, class advisor, players, & class graduation date.
- Rules & Schedule will be posted by COB February 3<sup>rd</sup>.
- Regular season will begin the second week in February.
- Playoff date and format will be determined based on the number of team entries.

Questions- Billy Hogge @ 856-2132 or Betty Gaines @ 856-2312



***U.S. COAST GUARD***

***Training Center Yorktown***



**Now Selling**  
**Norfolk Admirals**  
**Hockey**  
**Armed Forces Coupons**



Exchange Coupon at the Norfolk Scope box office for a red level seat for any 2016/2017 regular season home game. May be upgraded to a gold level seat by adding \$3.00—Based on Availability.  
Vouchers are not distributed on Scope Property.

# Group Exercise Class Schedule

## LUNCHTIME

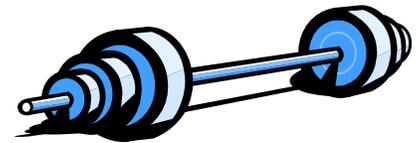
**1145 - 1245**

Monday /Wednesday - Spinning



Tuesday /Thursday -

Barbell Weight Lifting/Sculpting



## EVENINGS

Monday – ZUMBA **1900-2000**



Monday – Hapkido **1600-1800**

Tuesday – Spinning **1900-2000**



Wednesday – Weight training/Body Sculpt

Wednesday - Hapkido **1600-1800**

**1900-2000**



Thursday –Pilates/Yoga Fusion **1900-2000**



# Movies at Washington Auditorium

Address  
1 U.S. Coast Guard Training Center  
End of Hamilton Road  
Yorktown, Virginia 23690-5000 United States  
movieyorktownmwr@gmail.com

## Schedule

### January 3rd - 15th

Tuesday 3rd - 6:30 Fantastic Beast and Where To Find Them PG-13

Thursday 5th - 6:30 Allied R

Saturday 7th - 1:00 Moana PG

Saturday 7th - 6:30 Manchester By The Sea R

Sunday 8th- 6:30 Allied R

Tuesday 10th - 6:30 Office christmas Party R

Thursday 12th - 6:30 Nocturnal Animals R

Saturday 14th - 1:00 Moana PG

Saturday 14th - 6:30 Nocturnal Animals R

Sunday 15th- 6:30 Allied R

## Upcoming Movies



- View the full movie schedule at [www.navymwr.com/movies/](http://www.navymwr.com/movies/)
- Doors open 30 minutes prior to movie show time.
- No outside food or drinks, concessions are provided on site.
- Cash & Credit Cards are accepted for admission and snacks.
- Schedule is subject to change without notice.

## Prices

### Tickets

6:30pm Showing

Adult \$3

Child 6-12 \$2

5 & under free

1:00pm Showing

Adult \$2

Child 6-12 \$1

5 & under free

### Concessions

Popcorn \$3

Drink \$2

Candy \$3

Movie Bundle \$10

Ticket, Popcorn, Drink & Candy

## Movie Posters

Free movies posters available for pick up.

## Parties

### Kids Birthday Party

-15 Tickets, Candies, Sodas

& Unlimited Popcorn

-Use of Lobby Space

-Saturdays at 1pm

-\$125

### Class Party

Minimum of 30 Students



# TCY & MWR

## Internet Information



### Web Site Homepages

### Key Words

U.S. Coast Guard Training Center Yorktown.....[CG Yorktown](#)

*http://www.uscg.mil/tcyorktown/default.asp*

U.S. Coast Guard Training Center Yorktown MWR.....[CG Yorktown MWR](#)

*http://cgweb.tcyorktown.uscg.mil/MWR/index.asp*

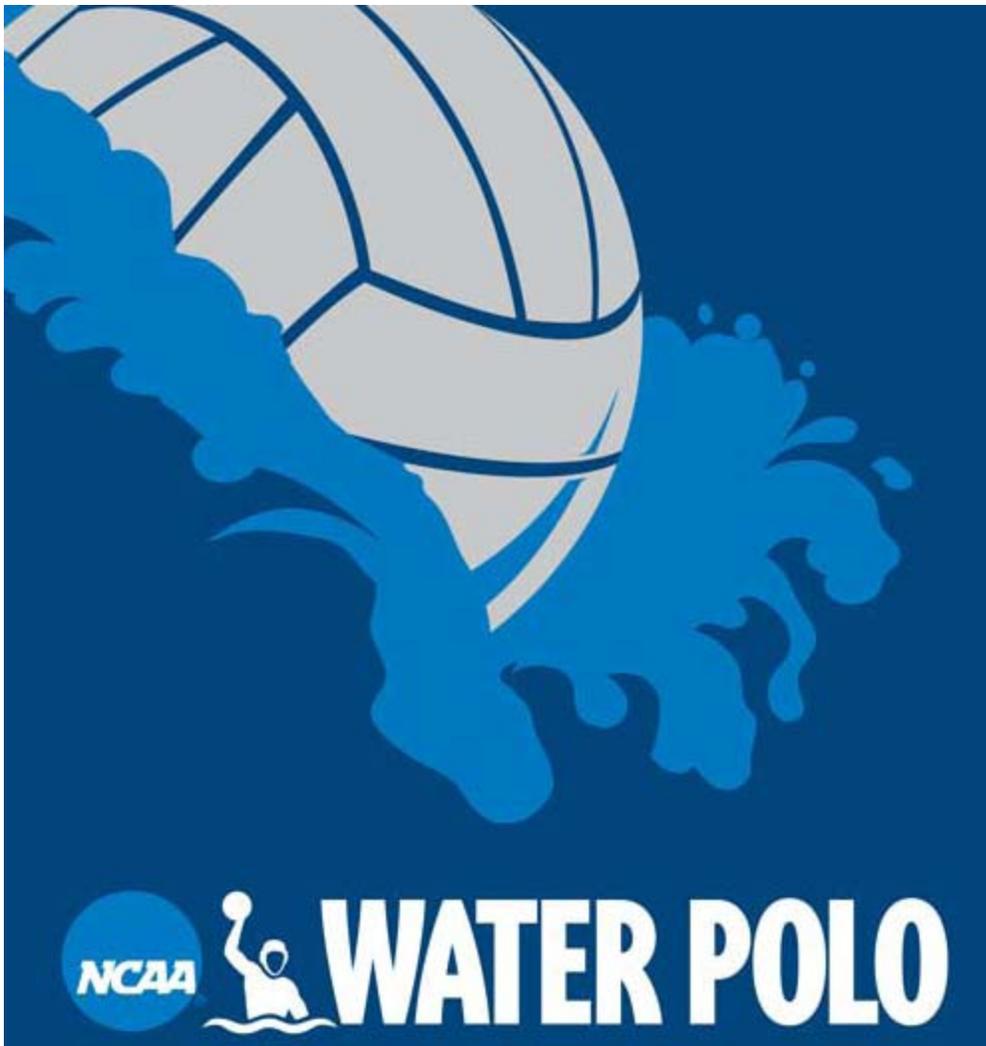
### Military Movie Theater Schedules

TCY/MWR Homepage & Navy MWR.....[Navy MWR Theaters](#)

### Why?

### Mobile Information - Mobile Ready Force

1. Use with Any Internet Browser or Voice-Search
2. Available Anytime, Anywhere
3. Key Word Search....Avoid long address or obscure short address names
4. Free Wi-Fi at Cyber Café, Gym, Hobby Shop, & LLII Lounge
5. Additional Printers and Computers are available at the Cyber Café. (small vendor use fee)
6. Subscribe to Receive Links to Sites When MWR News or Ticket Prices Change  
(slight grammar/graphical changes are not notified)



FOR MORE INFORMATION CONTACT THE SPORTS OFFICE X 2312

## PICK-UP GAMES

**SUNDAY NIGHTS: 1900**

**WEDNESDAY NIGHTS 2000**

# WEEKLONG RESORT STAYS

FOR  
**\$349** USD\*

That's per unit, which sleeps 2-8.

Use Code: 240 or USCG Training Center Yorktown

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Forget cramped quarters. Get access to Space-A resort rentals worldwide for one low weekly price\*. Spread out in family-sized resort accommodations, many of which include:

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[www.afvclub.com/setBaseID/240](http://www.afvclub.com/setBaseID/240)



Start your search today, you've earned it!

Go to: **[AFVClub.com/Search](http://AFVClub.com/Search)**



Free membership<sup>†</sup> is open to all active duty, reserve, guard and retired members of the Armed Forces as well as civilian employees of the DoD.

\*Taxes are additional. All prices are in U.S. dollars. Free membership is based on eligibility. Destinations and travel times are subject to availability and confirmed on a first come, first served basis. Offer includes only accommodations and specifically excludes travel costs and other expenses that may be incurred. For additional terms and conditions, visit [www.afvclub.com/terms-and-conditions](http://www.afvclub.com/terms-and-conditions) or call your Armed Forces Vacation Club<sup>®</sup> guide at 1-800-724-9988. Promotional discounts may not apply to all properties. Offer may not be combined with any other promotion, discount or coupon. Other restrictions may apply. Offer void where prohibited by law. No official U.S. Army endorsement is implied. Not paid for in whole or in part by any element of the U.S. Government, Military Service, or DoD Non Appropriated Fund Instrumentality (NAFI).

<sup>†</sup> Free membership in Armed Forces Vacation Club is based on eligibility.

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# Top 3 Reasons

for becoming an  
Armed Forces Vacation Club Member!

# 1.

Free membership\* for all active duty, reserve, guard, and retired members of the Armed Forces.

# 2.

Instant access to Space-A resort rentals worldwide for just \$349\* per week.

# 3.

10% of every booking goes back to the base/branch of your choosing.



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membership is free!

Enjoy member only  
access to resort  
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[www.afvclub.com/setBaseID/240](http://www.afvclub.com/setBaseID/240)

Coast Guard  
MWR Recreational Lodging  
Facilities Guide [www.uscg.mil/mwr/](http://www.uscg.mil/mwr/)  
(Recreational Lodging & Travel Link)



**Resort Condominiums**  
MWR authorized patrons

ID Code: 240

[www.afvclub.com/setBaseID/240](http://www.afvclub.com/setBaseID/240)

**Leisure and Travel Services**

MWR authorized patrons  
at [www.GovArm.com](http://www.GovArm.com)



**Breezes Inclusive Resorts  
and Spas**

Coast Guard Discount  
# S1016228

Call 1-800-467-8737

[www.armymwr.com/portal/travel/traveldeals](http://www.armymwr.com/portal/travel/traveldeals)

**Armed Forces  
Recreation Center  
Shades of Green**  
[www.shadesofgreen.org](http://www.shadesofgreen.org)



## **Golf Packages of the Carolinas**

All Eligible Coast Guard MWR Patrons

May Receive 5% Off Regular Golf Packages  
[www.golfvacationpackages.com/uscg.htm](http://www.golfvacationpackages.com/uscg.htm)

Call: 1-877-732-6999

# How to book choicehotels.com

No Federal Government Endorsement  
Save 15% Best Available Rate Below Steps

From the Select Rate drop down menu choose Special Rate/Corp ID\* >put your ID # in the box>click Submit  
00230410

You will see the name of the base>click on Yes, Confirm

In the Select Rate window you will see Preferred Customer Savings Rate

Put destination in Search window>click on Find Hotels

You will see SC15 Rate in the Select Rate window indicating you are getting a 15% discount.

The screenshot displays the ChoiceHotels.com search interface. At the top, there are navigation links for "Sign in", "My Reservations", "Choice Privileges", and "Customer Support". Below these are various hotel brand logos including Comfort Inn, Comfort Suites, Quality, Sleep Inn, Clarion, Cambria Suites, MainStay Suites, Suburban, EconLodge, Rodeway Inn, and Ascend Hotel Collection.

The search bar is titled "Search" and contains the following fields: "City, Attraction, Address, Airport, Zip or Hotel Code" with the value "Beltsville, MD, US"; "Check-In" with "10/10/13"; "Check-Out" with "10/11/13"; "Rooms" with "1"; "Adults" with "1"; "Children" with "0"; and "Select Rate" with "SC15 Rate". A "Find Hotels" button is located to the right of the search bar.

Below the search bar, there are filters for "Sort by:" (set to "Relevance"), "Price Range:" (from 42 to 228), "Distance:" (from 1 to 25), and "Filter by:" (with "Brands" and "Amenities" buttons). There is also a checkbox for "Only show available hotels" and a "Map" button.

The results section is titled "52 Hotels Found" and includes a "Clear Filters" button and a "Compare" button. The first hotel listed is "Comfort Inn Capital Beltway/I-95 North (MD014)" located at "4050 Powder Mill Rd. Beltsville, MD, US, 20705". The starting price is "\$92.65" and there is a "Book Now" button. A map view is also available, showing the location of the hotel in Beltsville, MD.

Continue to book as usual.