

## U.S. Coast Guard Personnel Service Center



### Diver Rating Solicitation 2016

Congratulations on taking the first step towards becoming a Coast Guard Diver! This document will provide you with instructions on how to navigate the process, complete each step, and meet important deadlines. Please be mindful that this is a lengthy process and the sooner you start the better. Make sure to give yourself plenty of time to meet the published deadlines. Orders for 2017 DV A-School classes will be issued around OCT 2016. Good luck and get ready for what will prove to be the most challenging and rewarding experience of your Coast Guard career!

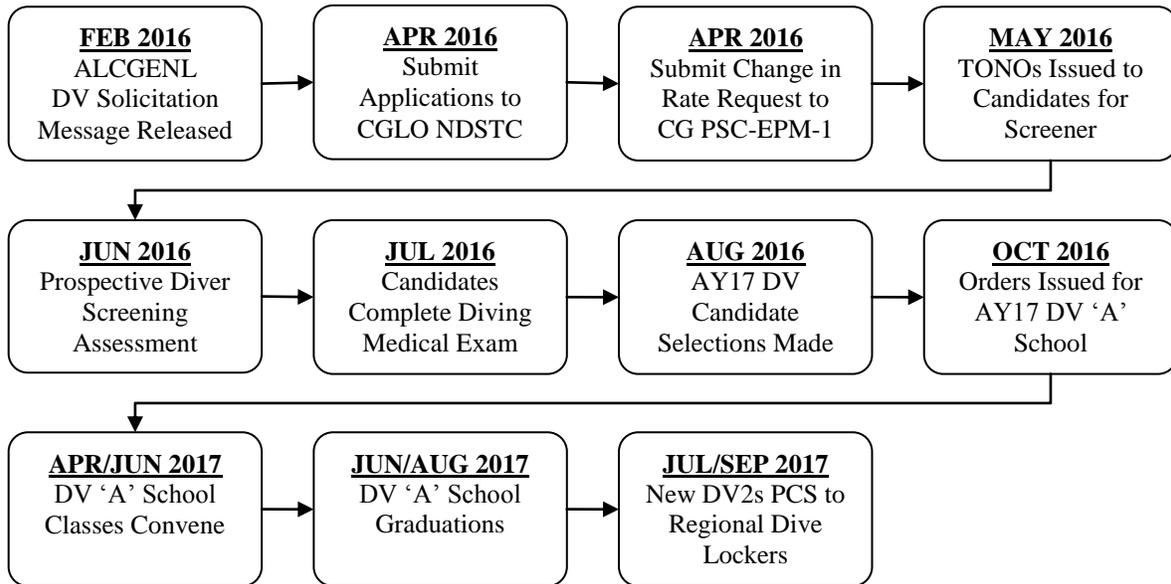
**NOTE: YOU DO NOT NEED PRIOR DIVING EXPERIENCE TO APPLY!**

Preferred applicants should be tour complete in AY17 to participate in the AY17 assignment season. If you are not tour complete in AY17, the command endorsement in your e-Resume must specifically address any backfill/gap issues if you are selected for early reassignment.

Due to the physically and mentally challenging nature of military diver training at the Naval Diving and Salvage Training Center (NDSTC), the screening requirements for diver candidates are very strict. The applicant's command is responsible for ensuring applicants ordered to the Diver Candidate Screener are qualified in all respects.

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## 1. DIVER CANDIDATE TIMELINE



### Important Dates:

- FEB 2016: The Diver Rating Solicitation ALCGENL message released.
- 15 APR 2016: Diver Application Packages due to CGLO NDSTC.
- OOA 15 MAY 2016: TONOs issued for members selected for Diver Candidate Screener.
- 06-10 JUN 2016: Diver Candidate Screener.
- 22 JUL 2016: Completed Diving Medical Examinations due to CGLO NDSTC.
- OOA 01 AUG 2016: DV A-school selections made.
- OOA 01 OCT 2016: Special Assignments Officer contacts selectees and issues orders.

## 2. ELIGIBILITY CRITERIA

Note: Consult as early as possible with CGLO staff for questions regarding eligibility.

1. The DV rating begins at rank E-5/DV2. Candidates must be rank E-5, or E-4 eligible for E5 (i.e. ready to take SWE). Members graduating DV 'A' school will be advanced to E-5 (if E-4) and changed to the DV rating.
2. Diver assignments are not Special Duty Assignments. However, all candidates must meet the minimum Special Duty Assignment requirements found in paragraph 1.E of COMDTINST M1000.8, Military Assignments and Authorized Absences.
3. The maximum age for initial training is 35 years.
4. Minimum combined ASVAB scores are AR+WK=104; MC=50.

5. Candidates must have no marks less than 4 in any category for the previous 6 months.
6. All candidates require an Overseas Screening Certification.
7. Candidates must have a Secret clearance.

### **3. REQUEST FOR DIVER TRAINING**

Prospective Divers must request to attend Diver training. This formal request provides important information for the Diver Candidate Screener and DV A-school. Command endorsement is required. This memo is the first page in the Diver Application Package.

The memorandum is From the member, To CGLO NDSTC, Thru the member's command. The subject line of the memo should be "REQUEST TO ATTEND DIVER CANDIDATE SCREENER".

Provide the following in the memo:

1. "Request to attend the Coast Guard Diver Candidate Screener. I am aware attending the Screener does not confirm entry into the Diver (DV) rating. I understand that if I am approved to attend DV 'A' school, my rating will be changed to DV upon graduation. I also understand I may quit the Screener or DV 'A' school training at any point prior to graduation."
2. Personal information:
  - a. Employee Identification Number (EMPLID)
  - b. Date reported to current command
  - c. Expected rotation date from current command
  - d. End of current enlistment
  - e. Active Duty Base Date
  - f. Date of Rank
3. I request a waiver for the following items: (list any/all eligibility deficiencies, if none, state "none").

Your command must endorse the request. Lengthy endorsements are not required. At a minimum, the command endorsement should contain the following:

1. “Member has passed all elements of the Diver Physical Screening Test and meets all eligibility criteria. Member is recommended for Diver training.”
2. If the applicant is not tour complete, the endorsement shall state: “Member will not be tour complete in AY17. Command is willing to accept early rotation of member.”
3. For applicants who are not tour complete in AY17, the command endorsement shall include a statement as to whether or not an immediate backfill is needed.

#### **4. REQUEST FOR CHANGE IN RATING**

Prospective Divers must request a Change in Rating (CIR) in accordance with COMDTINST M1000.2 (series). The CIR request is sent to CG PSC-EPM-1 via your command. PSC-EPM-1 will consult with your present Rating Force Master Chief (RFMC), the DV RFMC, and the Dive Program Manager, Commandant (CG-7212) for determination. Final approval authority for CIR requests resides with CG PSC-EPM-1. Place a copy of the CIR memo with the command endorsement in the Diver Application Package.

#### **5. PHYSICAL SCREENING TEST (PST)**

This test is to be administered by a military diver. There are Coast Guard Regional Dive Lockers located in Portsmouth, VA, San Diego, CA, and Honolulu, HI. Coast Guard Divers are also located at the Aviation Technical Training Center – Underwater Egress Training Facility in Elizabeth City, NC, and PACAREA, Alameda, CA. If no military divers are available, contact CGLO NDSTC to receive further guidance.

- This test is designed to determine the applicant’s physical readiness for initial training and will be re-administered at the diver pre-screener and upon reporting for training.
- PST standards are very strict and the same for all candidates regardless of age or gender. Proper form and adherence to the times (events and rests) are crucial. The PST consists of the following events:
  1. 500 yard swim in breast or side-stroke within 14 minutes  
(10 minute rest)
  2. 42 pushups in 2 minutes  
(2 min rest)
  3. 50 sit-ups in 2 minutes  
(2 min rest)
  4. 6 dead-hang pull-ups, no time limit  
(10 min rest)
  5. 1.5 mile run within 12:45 minutes

**[\\*Video link to PST \(proper form is very strict\)\\*](#)**

## **6. DIVING MEDICAL SCREENING FORMS**

The following forms are part of the Diver Application Package and are required to be completed prior to the Diver Candidate Screener in June:

1. Diver BUDS Medical Screening Questionnaire (CG Form CG-6000-3)
2. Report of Medical History (DD Form 2807-1)
3. Documentation of a current PHA

The remaining portions of the Diving Medical Examination may be deferred until successful completion of the Diver Candidate Screener. The Diving Medical Examination must be completed and submitted to CGLO NDSTC by 22 JUL 2016.

## **7. DIVER APPLICATION PACKAGE SUBMISSION**

The Diver Application Package shall be submitted in a 6 part folder (electronic copies will not be accepted) and include only the following items:

1. Request to attend Diver Candidate Screener and Command Endorsement
2. Copy of the submitted Change in Rating Request memo
3. Results of Physical Screening Test
4. Diver BUDS Medical Screening Questionnaire (CG-6000-3)
5. Report of Medical History (DD 2807-1)
6. Documentation of current Physical Health Assessment (PHA)

If selected, the full Diving Medical Exam will be required prior to attending diver training in accordance with the timeline prescribed below.

After mailing your package ensure to follow up with the Coast Guard Liaison Office (CGLO) staff at the Naval Diving & Salvage Training Center (NDSTC) to verify they have received it. The application package must be sent to CGLO NDSTC for processing at the following address:

U.S. Coast Guard Liaison Office  
Naval Diving and Salvage Training Center  
350 South Crag Road  
Panama City, FL 32407

## **8. DIVER CANDIDATE SCREENER**

Diver Application Packages must be received by CGLO NDSTC by 15 APR 2016. CG PSC-EPM-2 will release a message listing members selected to attend the Diver Candidate Screener.

The Diver Candidate Screener is sponsored by Dive Program, Commandant (CG-7212) and will be held at TRACEN Cape May, commencing 06 JUN 2016. Dive Program will issue Travel Order Numbers (TONOs) for the Screener.

This five day assessment is similar to the first week of initial diver training. The Screener is not intended to prepare candidates for initial diver training. It is an assessment used to determine a candidate's likelihood to pass dive school.

The Screener will include a boot camp like atmosphere including long days of intense physical training and testing of prospective divers' mental composure, physical endurance, and aquatic adaptability. It is not uncommon to lose half of the candidates by the end of the first day. Prospective divers that fail the diver physical screening test (1<sup>st</sup> day), or voluntarily drop from the assessment will be sent back to their units on the subsequent training day.

## **9. FULL DIVING MEDICAL EXAM**

If a candidate successfully passes the Diver Candidate Screener and is selected, they shall complete the remainder of the diving medical examination in accordance with the Coast Guard Medical Manual, COMDTINST M6000.1 (series), Chapter 3, Section H with the exception of:

- 1) Final Diving Medical Officer/Undersea Medical Officer (DMO/UMO) signature on the Report of Medical Examination (DD Form 2808)
- 2) Pressure Tolerance Test

The completed Report of Medical Examination (DD Form 2808) shall be mailed to CGLO NDSTC by 22 JUL 2016.

## **10. REFERENCES**

- Special Assignments website  
<http://www.uscg.mil/psc/epm/AO/SpecialAssignments.asp>
- CG Diving Program Link:  
<https://cgportal2.uscg.mil/units/cg7212/SitePages/Home.aspx>
- Application documents/templates:

<https://cgportal2.uscg.mil/units/cg7212/Application%20Procedures/Forms/AllItems.aspx>

➤ Military Assignments and Authorized Absences, COMDTINST M1000.8  
[http://www.uscg.mil/directives/cim/1000-1999/CIM\\_1000\\_8A.PDF](http://www.uscg.mil/directives/cim/1000-1999/CIM_1000_8A.PDF)

➤ Enlisted Accessions, Evaluations, and Advancements, COMDTINST M1000.2  
[https://cg.portal.uscg.mil/sites/externaldata/Directives/CIM\\_1000\\_2A.pdf](https://cg.portal.uscg.mil/sites/externaldata/Directives/CIM_1000_2A.pdf)

➤ Coast Guard Medical Manual, COMDTINST M6000.1  
[http://www.uscg.mil/directives/cim/6000-6999/CIM\\_6000\\_1F.pdf](http://www.uscg.mil/directives/cim/6000-6999/CIM_6000_1F.pdf)

## 11. POINTS OF CONTACT

1. CGLO NDSTC, Panama City, FL. Contact for DV application process questions.
  - a. CG DV A-School Chief – DVC Jonivan Jones, [jonivan.b.jones@uscg.mil](mailto:jonivan.b.jones@uscg.mil) or (850) 235-5244
  - b. CG Liaison Officer – LT Nicholas Devine, [nicholas.j.devine@uscg.mil](mailto:nicholas.j.devine@uscg.mil) or (850) 235-5269
2. Regional Dive Lockers. Contact to request administration of the Diver Physical Screening Test by a Coast Guard Diver (as available).
  - a. Regional Dive Locker East (Portsmouth, VA) Command Diving Officer – LT Matt Winter, [matt.p.winter1@uscg.mil](mailto:matt.p.winter1@uscg.mil) or (757) 638-2710
  - b. Regional Dive Locker West (San Diego, CA) Command Diving Officer – CWO Joe Toth, [joseph.f.toth@uscg.mil](mailto:joseph.f.toth@uscg.mil) or (619) 990-7729
  - c. Regional Dive Locker Pacific (Honolulu, HI) Command Diving Officer – CWO Chandler Tyre, [chandler.w.tyre@uscg.mil](mailto:chandler.w.tyre@uscg.mil) or 619-990-8235
3. Aviation Technical Training Center – Underwater Egress Training Facility, Elizabeth City, NC. Contact to request administration of the Diver Physical Screening Test by a Coast Guard Diver (as available).
  - a. Command Diving Officer – Mr. Kent Robarts, [kent.r.robarts@uscg.mil](mailto:kent.r.robarts@uscg.mil), or (252) 384-7278
4. PACAREA (PAC-37DF), Alameda, CA. Contact to request administration of the Diver Physical Screening Test by a Coast Guard Diver (as available).
  - a. Dive Force Manager – LT Liz Hunter, [joan.e.hunter@uscg.mil](mailto:joan.e.hunter@uscg.mil) or (510) 437- 3659

- b. Assistant Dive Force Manager – DVC Paul Church, [paul.v.church@uscg.mil](mailto:paul.v.church@uscg.mil) or (510) 437-2723